NewTwin Survey, English version

Your relationship to the children:

- Mother
- Father
- Other, please describe:
- Don´t know
- Don´t want to answer

Are you the biological parent?

- Yes
- No
- Don´t know
- Don´t want to answer

The other guardians relationship with the children:

- Mother
- Father
- There is only one guardian
- Other, please describe:____
- Don´t know
- Don´t want to answer

Is the other guardian the biological parent?

- Yes
- No
- Don´t know
- Don´t want to answer

Are the twins adopted?

- Yes
- No
- Don´t know
- Don´t want to answer

Was the pregnancy a result from fertility treatment or assisted fertilisation?

- Yes
- No
- Don´t know
- Don´t want to answer

What form of fertility treatment or assisted fertilisation did you do?

- Hormonal ovarian stimulation
- Insemination
- IVF (In vitro fertilization)
- ICSI (intracytoplasmatic sperm injection)
- Surrogacy
- Other, please describe:
- Don´t know
- Don´t want to answer

Did you use your own germcells?

- Yes, our own egg and sperm cells
- No, egg donation
- No, sperm donation
- No, embryo donation
- Don´t know
- Don´t want to answer

What form of treatment to the germcells was used at fertilisation?

- Fresh germ cells
- Frozen germ cells
- Don´t know
- Don´t want to answer

Which germcells were frozen?

- Egg cells
- Semen
- Embryo
- Don´t know
- Don´t want to answer

Who is on parental leave for the twins now?

- Me
- The other guardian
- Both
- No one
- Other, please describe:
- Don´t know
- Don´t want to answer

The childrens living situation:

- Living with both guardians full time
- Living approximately 50/50 split between both guardians
- Living mostly with me
- Living mostly with the other guardian
- Living only with me
- Living only with the other guardian
- Other living situation, please describe:
- Don´t know
- Don´t want to answer

How many adults live in your household?

- Number of adults:_____
- Don´t know
- Don´t want to answer

How many children live in your household (including the twins)?

- Number of children:_____
- Don´t know
- Don´t want to answer

In what type of residence does the children live in?

- Rented housing
- Tenant owned apartment
- Own detached house or terrace house
- Farm
- Lodger/student apartment
- Subleasing
- Other accommodation

- Don´t know
- Don´t want to answer

On how many square metres do you live?

- Number of square metres: _____
- Don´t know
- Don´t want to answer

Is there pets in the home?

- Yes, what kind of animal/animals:_____
- No
- Don´t know
- Don´t want to answer

In what country are you born?

- Sweden
- Other country, namely:_____
- Don´t know
- Don´t want to answer

How many years have you lived in Sweden?

- Number of years:_____
- Don´t know
- Don´t want to answer

In what country is the other guardian born?

- Sweden
- Other country, namely:_____
- Don´t know
- Don´t want to answer

How many years have the other guardian lived in Sweden?

- Number of years:_____
- Don´t know
- Don´t want to answer

What is your highest completed level of education?

- Preschool
- Primary and lower secondary education, elementary school or similar, less than 9 years
- Primary and lower secondary education, elementary school or similar, 9 (10) years
- Upper secondary education or high school
- University or college, less than 2 years
- University or college, 2 years or more
- Postgraduate education, doctoral level
- Don´t know
- Don´t want to answer

What is the other guardian's highest completed level of education?

- Preschool
- Primary and lower secondary education, elementary school or similar, less than 9 years
- Primary and lower secondary education, elementary school or similar, 9 (10) years
- Upper secondary education or high school
- University or college, less than 2 years
- University or college, 2 years or more
- Postgraduate education, doctoral level
- Don´t know
- Don´t want to answer

Which of the following groups do you belong to?

- Working (also sick leave and parental leave)
- Studying
- Unemployed
- Retired
- Sickness benefit (disability pension)
- Taking care of own household
- Other group:_____
- Don´t know
- Don´t want to answer

Which of the following groups does the other guardian belong to?

- Working (also sick leave and parental leave)
- Studying
- Unemployed
- Retired
- Sickness benefit (disability pension)

- Taking care of own household
- Other group:_____
- Don´t know
- Don´t want to answer

Are you working or have you previously worked?

- Yes
- No
- Don´t know
- Don´t want to answer

What is or was your main profession or job?

_____

How much did or do you work on average a week?

- Full time
- Part time, at least 15 hours a week
- Part time, less than 15 hours a week
- Don´t know
- Don´t want to answer

Is the other guardian working or has he/she previously worked?

- Yes
- No
- Don´t know
- Don´t want to answer

What is or was the other guardian's main profession or job?

_____

How much did or does the other guardian work on average a week?

- Full time
- Part time, at least 15 hours a week
- Part time, less than 15 hours a week
- Don´t know
- Don´t want to answer

Approximately how high is the familys common monthly income before tax (salary and other allowances)

- <20 000 kr
- 20 000-29 999 kr
- 30 000-39 999 kr
- 40 000-49 999 kr
- 50 000-59 999 kr
- 60 000-69 999 kr
- 70 000-79 999 kr
- 80 000-89 999 kr
- 90 000-100 000 kr
- >100 000 kr
- Don´t know
- Don´t want to answer

Could you or your household be able to pay unexpected costs of 12,000 crowns within a month without borrowing or asking for help?

- Yes
- No
- Don´t know
- Don´t want to answer

In the last 12 months, have you ever had difficulty in managing the regular expenses for food, rent, bills etc.?

- No
- Yes, once
- Yes, more than once
- Don´t know
- Don´t want to answer

How would you describe your health in general?

- Very good
- Quite good
- Mediocre
- Quite poor
- Very poor
- Don´t know
- Don´t want to answer

Your height:

- ☐ Write answer in centimetres:_____
- ☐ Don´t know
- ☐ Don´t want to answer

Your weight:

- ☐ Write answer in kilograms:_____
- ☐ Don´t know
- ☐ Don´t want to answer

The other guardian's height:

- ☐ Write answer in centimetres:_____
- ☐ Don´t know
- ☐ Don´t want to answer

The other guardian's weight:

- ☐ Write answer in kilograms:_____
- ☐ Don´t know
- ☐ Don´t want to answer

Have you (the biological mother) had any contact with the healthcare (for example counsellor, therapist, psychologist, nurse or doctor) for struggles with depression, anxiety or worries?

- ☐ No, never
- ☐ Yes, before the pregnancy with the twins
- ☐ Yes, during the pregnancy with the twins
- ☐ Yes, after the birth of the twins
- ☐ Don´t know
- ☐ Don´t want to answer

Any use of medication for depression, anxiety or worries?

- ☐ No, never
- ☐ Yes, before the pregnancy with the twins
- ☐ Yes, during the pregnancy with the twins
- ☐ Yes, after the birth of the twins
- ☐ Don´t know
- ☐ Don´t want to answer

If yes, before the pregnancy:

Before pregnancy:

Medicine 1: _____
Medicine 2: _____
Medicine 3: _____
Medicine 4: _____
Medicine 5: _____

If yes, during the pregnancy:

During pregnancy:

Medicine 1: _____
Medicine 2: _____
Medicine 3: _____
Medicine 4: _____
Medicine 5: _____

If yes, after the birth:

After birth:

Medicine 1: _____
Medicine 2: _____
Medicine 3: _____
Medicine 4: _____
Medicine 5: _____

Have you (the biological mother) ever gotten diagnosed with depression from a doctor or psychologist?

- ☐ No, never
- ☐ Yes, before the pregnancy with the twins
- ☐ Yes, during the pregnancy with the twins
- ☐ Yes, after the birth of the twins
- ☐ Don´t know
- ☐ Don´t want to answer

Has the other guardian had any contact with the healthcare (for example counsellor, therapist, psychologist, nurse or doctor) for struggles with depression, anxiety or worries?

- □ No, never
- □ Yes, before the pregnancy with the twins
- □ Yes, during the pregnancy with the twins
- □ Yes, after the birth of the twins
- □ Don´t know
- □ Don´t want to answer

Do you smoke?

- □ No, have never regularly smoked
- □ No, but have regularly smoked earlier in life
- □ Yes, sometimes
- □ Yes, daily
- □ Don´t know
- □ Don´t want to answer

How many cigarettes do you smoke per day?

- □ Number of cigarettes per day:_____
- □ Don´t know
- □ Don´t want to answer

Does the other guardian smoke?

- □ No, have never regularly smoked
- □ No, but have regularly smoked earlier in life
- □ Yes, sometimes
- □ Yes, daily
- □ Don´t know
- □ Don´t want to answer

How many cigarettes does the other guardian smoke per day?

- □ Number of cigarettes per day:_____
- □ Don´t know
- □ Don´t want to answer

Does smoking occur inside the home?

- Yes
- No
- Don´t know
- Don´t want to answer

Did you drink any alcohol during the pregnancy?

- No, never
- Yes, occasionally
- Yes, once a month
- Yes, 2-4 times a month
- Yes, 2-3 times a week
- Yes, 4 times a week or more
- Don´t know
- Don´t want to answer

Did the other guardian drink any alcohol during the pregnancy?

- No, never
- Yes, occasionally
- Yes, once a month
- Yes, 2-4 times a month
- Yes, 2-3 times a week
- Yes, 4 times a week or more
- Don´t know
- Don´t want to answer

At any time during this pregnancy, did you (the biological mother) have any of following conditions?

- Fever 38°C or more
- Infection that needed treatment with antibiotics
- Virus disease (for example influenza)
- Seizure
- Diabetes (including gestational diabetes)
- Preterm contractions that needed treatment like bed rest or medication
- Preterm premature rupture of membranes
- Preeclampsia
- Placenta previa
- Cervical insufficiency
- Covid-19

- ☐ Other serious disease or injury:_____
- ☐ None of the above
- ☐ Don´t know
- ☐ Don´t want to answer

Did you (the biological mother) undergo any of following screenings during the pregnancy?

- ☐ NIPT (Non-Invasive Prenatal Testing)
- ☐ CUB (combined ultrasound and blood test)
- ☐ Ultrasound
- ☐ Amniocentesis or chorionic villus sampling
- ☐ Other, please specify:_____
- ☐ None of the above
- ☐ Don´t know
- ☐ Don´t want to answer

During this pregnancy, did twin 1 have any anomalies at:

- ☐ NIPT (Non-Invasive Prenatal Testing)
- ☐ CUB (combined ultrasound and blood test)
- ☐ Ultrasound
- ☐ Amniocentesis or chorionic villus sampling
- ☐ Other examination, please specify:_____
- ☐ No anomaly find
- ☐ Don´t know
- ☐ Don´t want to answer

Please describe in short what kind of anomalies that was discovered at the screening:

_____

During this pregnancy, did twin 2 have any anomalies at:

- ☐ NIPT (Non-Invasive Prenatal Testing)
- ☐ CUB (combined ultrasound and blood test)
- ☐ Ultrasound
- ☐ Amniocentesis or chorionic villus sampling
- ☐ Other examination, please specify:_____
- ☐ No anomaly find
- ☐ Don´t know
- ☐ Don´t want to answer

Please describe in short what kind of anomalies that was discovered at the screening:

_____

Was there any extra ultrasounds made for any reasons?

- Yes
- No
- Don´t know
- Don´t want to answer

Please describe in short the reason for extra ultrasound:

_____

During this pregnancy, did the condition twin-to-twin transfusion occurred?

- Yes
- No
- Don´t know
- Don´t want to answer

Please describe in short which medical complication or complications that occurred related to twin-to-twin transfusion:

_____

What did twin 1 weighed at birth?

- Write answer in grams:_____
- Don´t know
- Dont´t want to answer

What height was twin 1 at birth?

- Write answer in centimetres:_____
- Don´t know
- Don´t want to answer

What did twin 2 weighed at birth?

- Write answer in grams:_____
- Don´t know
- Don´t want to answer

What height was twin 2 at birth?

- Write answer in centimetres:_____

- Don´t know
- Don´t want to answer

Was twin 1 skin-to-skin with you (the biological mother) direct after birth until he/she had sucked and/or fallen asleep?

- Yes
- Yes, partly
- No
- Don´t know
- Don´t want to answer

Was twin 2 skin-to-skin with you (the biological mother) direct after birth until he/she had sucked and/or fallen asleep?

- Yes
- Yes, partly
- No
- Don´t know
- Don´t want to answer

Was twin 1 admitted to a neonatal ward?

- Yes
- No
- Don´t know
- Don´t want to answer

Why was twin 1 admitted to a neonatal ward?

- Preterm birth
- Low birth weight
- Needed feeding (for example tube feeding)
- Needed warmth
- Anemia (low number of red blood cells)
- Thrombocytopenia (low levels of platelets)
- Infection
- Neonatal sepsis/meningitis
- Neonatal herpes simplex encephalitis (infection in the brain caused by herpes virus)
- Breathing problems (need of oxygen/CPAP)
- Lung disease (for example BPD - Bronchopulmonary dysplasia)
- Pneumothorax (leakage of air to the pleural space)

- Persistent pulmonary hypertension - PPHN (lung vessels are not open wide enough)
- Jaundice
- Heart disease
- Ductus
- Asphyxia/Hypoxic ischemic encephalopathy (HIE)
- Cerebral haemorrhage
- Hydrocephalus
- Meconium aspiration syndrome (MAS)
- Necrotising enterocolitis - NEC (Inflammation in the intestines)
- Blood glucose abnormalities
- For observation of vital signs (for example high pulse, low pulse, respiration rate etc)
- Other:_____
- Don´t know
- Don´t want to answer

Was twin 2 admitted to a neonatal ward?

- Yes
- No
- Don´t know
- Don´t want to answer

Why was twin 2 admitted to a neonatal ward?

- Preterm birth
- Low birth weight
- Needed feeding (for example tube feeding)
- Needed warmth
- Anemia (low number of red blood cells)
- Thrombocytopenia (low levels of platelets)
- Infection
- Neonatal sepsis/meningitis
- Neonatal herpes simplex encephalitis (infection in the brain caused by herpes virus)
- Breathing problems (need of oxygen/CPAP)
- Lung disease (for example BPD - Bronchopulmonary dysplasia)
- Pneumothorax (leakage of air to the pleural space)
- Persistent pulmonary hypertension - PPHN (lung vessels are not open wide enough)
- Jaundice
- Heart disease
- Ductus

- Asphyxia/Hypoxic ischemic encephalopathy (HIE)
- Cerebral haemorrhage
- Hydrocephalus
- Meconium aspiration syndrome (MAS)
- Necrotising enterocolitis - NEC (Inflammation in the intestines)
- Blood glucose abnormalities
- For observation of vital signs (for example high pulse, low pulse, respiration rate etc)
- Other:_____
- Don´t know
- Don´t want to answer

Has twin 1 been breastfeeding?

- Yes
- No
- Don´t know
- Don´t want to answer

From what age was twin 1 exclusively breastfeeding (no formula or solid food)?

- Have never exclusively breastfed
- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months

- 3 months
- 4 months
- 5 months
- 6 months
- Don´t know
- Don´t want to answer

To what age was twin 1 exclusively breastfeeding (no formula or solid food)?

- Have never exclusively breastfed
- Still exclusively breastfeeding (No formula or solid food)
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months
- Don´t know
- Don´t want to answer

From what age was twin 1 nonexclusively breastfeeding (also formula and/or solid food)?

- Still exclusively breastfeeding (No formula or solid food)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months
- Don´t know
- Don´t want to answer

To what age was twin 1 nonexclusively breastfeeding (also formula and/or solid food)?

- Still exclusively breastfeeding (No formula or solid food)
- Still partly breastfeeding (also formula and/or solid food)
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks

- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months
- Don´t know
- Don´t want to answer

Has twin 2 been breastfeeding?

- Yes
- No
- Don´t know
- Don´t want to answer

From what age was twin 2 exclusively breastfeeding (no formula or solid food)?

- Have never exclusively breastfed
- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- Don´t know
- Don´t want to answer

To what age was twin 2 exclusively breastfeeding (no formula or solid food)?

- Have never exclusively breastfed
- Still exclusively breastfeeding (No formula or solid food)
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months

- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months
- Don´t know
- Don´t want to answer

From what age was twin 2 nonexclusively breastfeeding (also formula and/or solid food)?

- Still exclusively breastfeeding (No formula or solid food)
- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months
- Don´t know
- Don´t want to answer

To what age was twin 2 nonexclusively breastfeeding (also formula and/or solid food)?

- Still exclusively breastfeeding (No formula or solid food)
- Still partly breastfeeding (also formula and/or solid food)
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- 5 weeks
- 6 weeks
- 7 weeks
- 8 weeks
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months
- Don´t know
- Don´t want to answer

Does twin 1 suck on a pacifier or the thumb?

- Yes, pacifier

- Yes, thumb
- Yes, both pacifier and thumb
- No
- Don´t know
- Don´t want to answer

Does twin 2 suck on a pacifier or the thumb?

- Yes, pacifier
- Yes, thumb
- Yes, both pacifier and thumb
- No
- Don´t know
- Don´t want to answer

Have the twins followed the vaccination program at BVC?

- Yes
- No
- Don´t know
- Don´t want to answer

Which vaccine have you refrained?

- Rotavirus
- Diphtheria
- Tetanus
- Pertussis
- Polio
- Hib (Haemophilus influenzae type b)
- Pneumoccoccal
- Hepatitis B (included in the vaccine program in some regions)
- Don´t know
- Don´t want to answer

Have the twins had any other vaccine than the vaccines included in the national vaccination program?

- No
- Hepatitis A
- Hepatitis B (included in the vaccine program in some regions)
- BCG (tuberculosis)

- TBE (Tick-born encephalitis)
- Meningococcal disease
- Chickenpox
- Influenza
- Other:_____
- Don´t know
- Don´t want to answer

How many months old were the twins at the last BVC visit?

- Number of months:_____
- Don´t know
- Don´t want to answer

Has any anomalies been discovered at BVC and/or at a doctor's visit for twin 1?

- Yes
- No
- Don´t know
- Don´t want to answer

Please describe in short what kind of anomalies: _____

Has any anomalies been discovered at BVC and/or at a doctor's visit for twin 2?

- Yes
- No
- Don´t know
- Don´t want to answer

Please describe in short what kind of anomalies: _____

How would you describe twin 1 health in general?

- Very good
- Quite good
- Mediocre
- Quite poor
- Very poor
- Don´t know
- Don´t want to answer

How would you describe twin 2 health in general?

- Very good
- Quite good
- Mediocre
- Quite poor
- Very poor
- Don´t know
- Don´t want to answer

Do you think that twin 1 is making eye contact with you?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 2 is making eye contact with you?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 1 is smiling back to you?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 2 is smiling back to you?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 1 is "talking back" to you when you talk to her/him?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 2 is "talking back" to you when you talk to her/him?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 1 has a variegated babble with a various of consonants and vowels together?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you think that twin 2 has a variegated babble with a various of consonants and vowels together?

- Yes
- No
- Don´t know
- Don´t want to answer

How is twin 1 sleeping habits at the moment?

- Enough and regular sleep
- Irregular sleep and overtiredness
- Difficulties falling asleep at night and falling back asleep during the night
- Wakes up several times during the night
- Other sleeping problems
- Don´t know
- Don´t want to answer

Please describe in short what kind of other sleeping problems:_____

How is twin 2 sleeping habits at the moment?

- Enough and regular sleep
- Irregular sleep and overtiredness
- Difficulties falling asleep at night and falling back asleep during the night
- Wakes up several times during the night
- Other sleeping problems
- Don´t know
- Don´t want to answer

Please describe in short what kind of other sleeping problems:_____

How many hours does twin 1 sleep during the day?

- Less than 1 hour
- 1 hour
- 2 hours
- 3 hours
- 4 hours
- More than 4 hours
- Don´t know
- Don´t want to answer

How many hours does twin 2 sleep during the day?

- Less than 1 hour
- 1 hour
- 2 hours
- 3 hours
- 4 hours
- More than 4 hours
- Don´t know
- Don´t want to answer

How many continuous hours does twin 1 sleep at night?

- Less than 1 hour
- 1-2 hours
- 3-4 hours
- 5-6 hours
- 7-8 hours
- More than 8 hours
- Don´t know
- Don´t want to answer

How many continuous hours does twin 2 sleep at night?

- Less than 1 hour
- 1-2 hours
- 3-4 hours
- 5-6 hours
- 7-8 hours
- More than 8 hours

- ☐ Don´t know
- ☐ Don´t want to answer

Do you think that twin 1 is dissatisfied or satisfied for the most part of the day and night?

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

1 2 3 4 5 6 7 8 9 10 Don´t know Don´t want to answer

Do you think that twin 2 is dissatisfied or satisfied for the most part of the day and night?

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

1 2 3 4 5 6 7 8 9 10 Don´t know Don´t want to answer

Is there something that worries you regarding twin 1 health and/or development?

- ☐ Yes
- ☐ No
- ☐ Don´t know
- ☐ Don´t want to answer

Please describe in short what worries you: _____

Is there something that worries you regarding twin 2 health and/or development?

- ☐ Yes
- ☐ No
- ☐ Don´t know
- ☐ Don´t want to answer

Please describe in short what worries you: _____

Are the twins "like peas in a pod" or are they not more similar than siblings in general?

- ☐ Like peas in a pod
- ☐ Not more similar than siblings in general
- ☐ Don´t know
- ☐ Don´t want to answer

Do you know if your twins are identical or fraternal twins?

- Probably fraternal twins
- Surely fraternal twins
- Probably identical twins
- Surely identical twins
- Don´t know
- Don´t want to answer

Could you (the biological mother) feel the difference between the children's fetal movements during the pregnancy?

- Yes
- No
- Don´t know
- Don´t want to answer

Do you dress the children in similar clothes?

- Yes, always
- Yes, often
- Yes, sometimes
- No, never
- Don´t know
- Don´t want to answer

Do you hear a difference in the children's voice?

- Yes, always
- Yes, often
- Yes, sometimes
- No, never
- Don´t know
- Don´t want to answer

Do you think that the children have different personality?

- Yes, big difference in personality
- Yes, small difference in personality
- No, no difference in personality
- Don´t know
- Don´t want to answer

Is there something substantially that differs between the children (for example personality, sleeping habits or temper)? Please describe: _____

How many hours a day do you actively play with the children (participates in the play, read for them or play in the park)?

- Hours:_____
- Minutes:_____
- Don´t know
- Don´t want to answer

Do you have the function screen time activated on your smartphone? Examples of apps/settings that registers your screen time (usually in settings menu on your mobile phone): Screen Time (iPhone), Digital wellbeing (Android), Mobile Uses, Screen Time Management, ActionDash

- Yes
- No
- Don´t know
- Don´t want to answer

If yes:

How many hours/minutes a day do you on average spend on your mobile phone? Specify the average that is under screen time on your mobile:

- Hours:_____
- Minutes:_____
- Don´t know
- Don´t want to answer

If no:

How many hours/minutes a day do you on average spend on your mobile phone? Specify your estimated average:

- Hours:_____
- Minutes:_____
- Don´t know
- Don´t want to answer

How many hours/minutes a day do you estimate that the children gets to watch TV, iPad and/or mobile phone?

- Hours:_____
- Minutes:_____
- No time
- Don´t know
- Don´t want to answer