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Swedish Panel Study of Living Conditions of the Oldest Old

# SWEOLD

## CODE BOOK 2014

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## Foreword SWEOLD 2014 codebook

**SWEDISH PANEL STUDY OF LIVING CONDITIONS OF THE OLDEST OLD – SWEOLD** is a nationally representative survey. The study's aim is to describe and analyze the living conditions of older people in Sweden. The first SWEOLD survey was carried out in 1992, the second in 2002, followed by a telephone interview survey in 2004, and most recently the survey was conducted in 2011. A more thorough description of the data is documented in three earlier codebooks, in English, and on the website [www.sweold.se](http://www.sweold.se). The aim of this codebook is to document the 2014 data so that it will be as useful as possible for research purposes.

### **Items in the survey**

The SWEOLD surveys cover items of special importance to older adults, e.g., physical and cognitive health, functional ability, care and activities of daily living. SWEOLD also covers family and social relations, financial conditions, political participation, leisure time activities, etc. Various objective tests are also included in earlier SWEOLD surveys, when conducting face-to-face interviews, to measure the physical and cognitive ability of these individuals. For instance, nine simple tests were designed to measure physical functioning, e.g., picking up a pen from the floor, lifting one kilo, reaching toes, reaching opposite earlobes behind the head, and rising from a chair with arms crossed. Lung function is measured with the Peak Expiratory Flow test (PEF). Cognitive functioning is measured with a condensed version of the Mini-Mental State test that can be easily administered in the context of the survey interview. Since 2002 the survey has also included a test of the individual's cognitive ability to manage independent living. This test is based on the concept of everyday competence and includes items related to the use of medicines.

In SWEOLD 2011, we included three new tests – personality, handgrip strength and the collecting of biological samples. To measure personality we used a short form of the Positive and Negative Affect Schedule (PANAS). PANAS is an established psychological measure of trait positive and negative affect. Grip strength was measured by a handheld dynamometer and a biological samples were collected in the form saliva samples – the tests were all administrated by the interviewers.

This survey, SWEOLD 2014, includes new questions in areas like the local community, falls, internet use and also to measure depression, a short version of the established measurement tool Geriatric Depression Scale (GDS).

**Sample design**

SWEOLD was initially designed using an existing national representative sample of the total adult population in Sweden - the Swedish Level of Living Survey (LNU). The SWEOLD sample consists of individuals who were included in the LNU-sample, but have passed the LNU age ceiling of 75 years, who are still alive and living in Sweden at the time of the SWEOLD survey. The basis for LNU is a random sample of 1/1000 of the Swedish population aged from 15 to 75 years. Since the first survey in 1968 LNU has been conducted in 1974, 1981, 1991, 2000, and most recently in 2010. The LNU is both continued on a panel data basis, but also a random sample of young people and immigrants is continuously added to the original random sample, making the samples representative of the total population between the age of 15 and 75 (in 1991, the lower age limit was raised to 18 years and in 2000 to 19 years). For more information on LNU see [www.sofi.su.se](http://www.sofi.su.se). Since each wave of SWEOLD and LNU is nationally representative, the data is ideal for repeated cross-sectional analyses and the results are generalizable to the total population. In addition, combining the surveys gives longitudinal information on individuals' level of living situation over a 45 year period. The sample design is illustrated in Figure 1.

**Figure 1. Sample design**

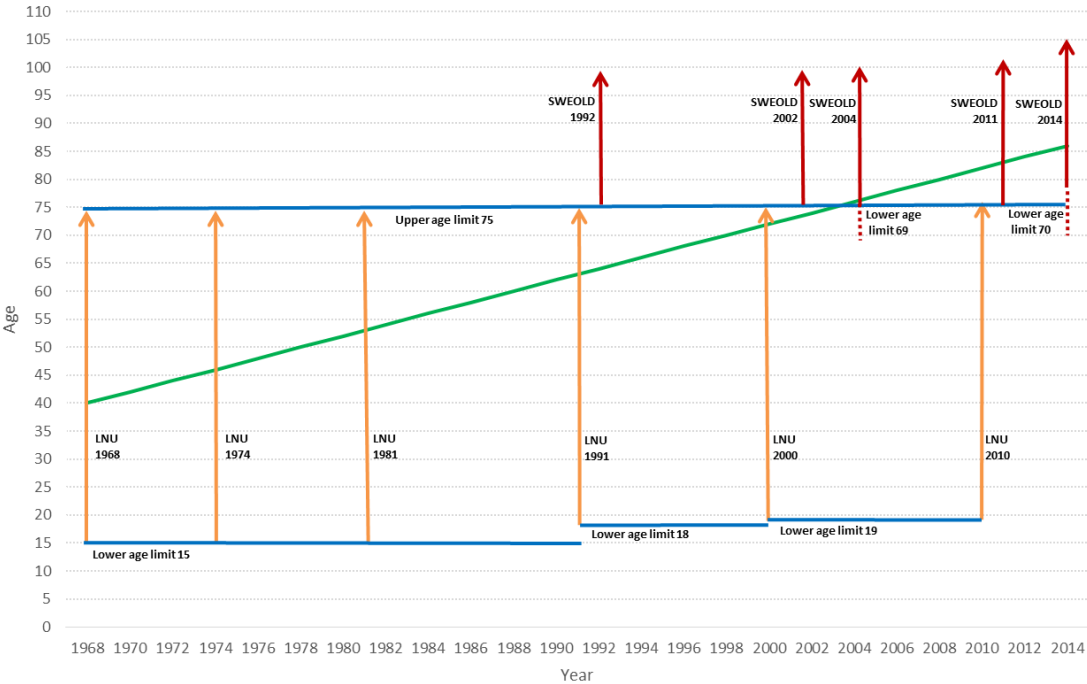




Figure 1 shows how the SWEOLD sample is comprised of those persons previously included in the LNU sample who passed the LNU upper age limit. The black vertical arrows show in which year each LNU survey was conducted and the blue horizontal lines show the age limits in each survey. The red vertical arrows show the years SWEOLD surveys were conducted. As seen by the green line, the youngest person interviewed in the 2011 wave of SWEOLD was 34 in the 1968 wave of LNU. People age 69 and older in 1968 were already in LNU1974 too old to be included in the LNU sample. However, if they were still alive they were included in the SWEOLD sample in 1992.

Also this interview wave the SWEOLD 2014 sample originated from the LNU sample, however, this time the sample included all individuals age 70 and older. The sample design makes the SWEOLD sample small due to mortality. Therefore, SWEOLD 2011 was complemented with an additional representative sample of the Swedish population comprising 335 women and men aged 85-99. The basis for the additional sample is a national representative sample of the Swedish population, born between 1911 and 1925, living in Sweden at the time of the interview. Those in the additional sample from SWEOLD 2011 (129 women and 206 men) that were still alive in year 2014, were also included in the SWEOLD 2014 sample. In 2014, 89 women and men (now age 89-103) was still alive from the additional sample from SWEOLD 2011. 71 (35 women and 54 men) of the 89 were interviewed, 15 refused and 3 died during fieldwork.

### **SWEOLD 2014 – A chronological account**

The SWEOLD 2014 project started in 2013 with the work on the ethical applications for the study. In spring 2014, preparations were taken for the field work, designing the questionnaire for CATI and a postal questionnaire. An introductory letter that was sent to the sample before the professional interviewers contacted them.

The field work started with two days of interviewer training, September 8-9, 2014 at the supplier Ipsos Observer Sweden AB (Ipsos) office in Härnösand. Eight professional interviewers and one team leader from Ipsos participated in special training sessions to introduce them to the questionnaire as well as a background of the study. The interview training was led by the SWEOLD project leadership team.

In August, 2014, with the help of the personal registration numbers, information on the respondents' last known address was obtained from the Person and Address Register, administered by PAR AB. In this way addresses and information on whether the respondents

were alive or not was obtained for all individuals in the sample. The field work was subsequently conducted from September 9, 2014 to February 19, 2015. The SWEOLD project team were involved on a daily basis in the field work to sort out day-to-day problems and/or give respondents or their relatives more information about the study. The interviewers used Computer-assisted telephone interviewing (CATI).

We used mixed interview methods to avoid high non-response, due to poor health or impaired cognition, and to keep SWEOLD nationally representative. When approaching a person included in the sample, the aim was to perform a direct telephone interview with the respondent. If the respondents were unable to participate or refused, the person was offered the possibility of conducting the interview with the support of a close relative (mixed interview) and as final method, by means of a postal questionnaire.

Indirect interviews were carried out if the subject was not able to answer questions by any of the methods described above. The most common reasons for an indirect interview being required were dementia or frailty. Indirect interviews were conducted either with close relatives or health care personnel. Information from indirect interviews is included in this study in order to get a complete picture of the living conditions of the very old. Respondents interviewed directly in person, by telephone or by postal questionnaire are referred to as direct interviews. Most of the indirect interviews were conducted by telephone. The average interview time for the direct interviews was 31 minutes 30 for the indirect interviews, both conducted by telephone.

The response rate is 84.3 percent. The relatively low non-response rate was primarily obtained through intensive fieldwork, including using a mixed interview mode, the use of indirect interviews and following up to locate all respondents. The non-responders are all people who refused to take part. The relatively high response rate was also due to the fact that together with the interviewers the SWEOLD team were very successful in their efforts to encourage a positive attitude towards the study among the respondents.

In late February, 2014, the raw data file was delivered to ARC. The tasks that followed involved cleaning the data, coding occupation and constructing new combined variables and indexes. The final data set is documented in this codebook. Documentation includes not only frequencies, variable names and value labels, but also details on the construction of variables. The variables are numbered from 1 to 227 starting with the letter L. The codebook shows

frequencies and number of valid cases for all included variables and where necessary the minimum value, maximum value, mean and standard deviation. Information about identical or comparable variables from the three previous SWEOLD surveys and five previous LNU surveys are also presented. The letter Q corresponds to SWEOLD 1992; Z to SWEOLD 2002 and S to SWEOLD 2004. The variables in LNU 1968 start with the letter W, LNU 1974 with the letter V, LNU 1981 with the letter U, LNU 1991 with Y, and LNU 2000 with X.

Table 2. The response rates in Swedish Panel Study of Living Conditions of the Oldest Old (SWEOLD) 2014

| Age<br>Birth-cohorts                        | LNU-based sample<br>Age 70-105<br>(1909-1944) |       | Additional sample<br>Age 89-103<br>(1911-1925) |       | Total<br>Age 70-105<br>(1909-1944) |       |
|---|---|-------|--|-------|------------------------------------|-------|
|   | n   | %     | n  | %     | n                                  | %     |
| Direct telephone interviews                 | 920   | 63.3  | 34   | 39.5  | 954                                | 62.0  |
| Direct interview by mail questionnaire      | 165   | 11.4  | 13   | 15.1  | 178                                | 11.6  |
| Mixed direct/indirect telephone interviews  | 5   | 0.3   | 1  | 1.2   | 6                                  | 0.4   |
| Indirect telephone interviews               | 99  | 6.8   | 17   | 19.8  | 116                                | 7.5   |
| Mixed direct/indirect by mail questionnaire | 16  | 1.1   | 4  | 4.7   | 20                                 | 1.3   |
| Indirect interview by mail questionnaire    | 21  | 1.4   | 2  | 2.3   | 23                                 | 1.5   |
| Total response rate                         | 1 226   | 84.4  | 71   | 82.6  | 1 297                              | 84.3  |
| Non-response rate                           | 227   | 15.6  | 15   | 17.4  | 242                                | 15.7  |
| Net sample*                                 | 1 453   | 100.0 | 86   | 100.0 | 1 539                              | 100.0 |

\*Net sample exclude deceased persons: 14 responders passed away during the time of the fieldwork (11 of the LNU-based sample and 3 of the additional sample).

We would like to thank the Swedish Research Council (Vetenskapsrådet, KFI/RFI 2009-6183) for financing the SWEOLD 2014 survey. We would also like to thank all our co-workers at Ipsos AB for their dedicated work during the field work and all the participants, and in some cases their careers/relatives, for taking part in the survey. Finally, we would like to give a special thanks to Linda Hols Salén for taking the responsibility for the daily work with the survey.

Stockholm November 2015

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## The interview

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|           |                                  |       |                               |
|-----------|----------------------------------|-------|-------------------------------|
| <b>L1</b> | <b>UB-number</b>                 |       | C1, Z1, X1, Y1,<br>U1, V1, W1 |
|           | Minimum value, LNU sample        | 20043 |                               |
|           | Maximum value, LNU sample        | 76726 |                               |
|           | Minimum value, additional sample | 104   |                               |
|           | Maximum value, additional sample | 431   |                               |

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|           |                            |       |       |
|-----------|----------------------------|-------|-------|
| <b>L2</b> | <b>Sample distribution</b> |       |       |
|           | LNU sample                 | 1 226 | 94.5  |
|           | Additional sample          | 71    | 5.5   |
|           | Sum                        | 1 297 | 100.0 |

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|                |  |  |
|----------------|--|--|
| <b>L3-L7.1</b> | <b>Interviewed in Level of Living Survey (LNU)</b> | C19-C23, S19-S22,<br>S24, Z23-26, Z28,<br>iv68, iv74, iv81 |
|----------------|--|--|

---

|                    | N     |
|--------------------|-------|
| 1 Interviewed 1968 | 1 086 |
| 2 Interviewed 1974 | 1 036 |
| 3 Interviewed 1981 | 1 023 |
| 4 Interviewed 1991 | 988   |
| 5 Interviewed 2000 | 938   |
| 6 Interviewed 2010 | 572   |

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|               |                              |                           |
|---------------|------------------------------|---------------------------|
| <b>L8-L11</b> | <b>Interviewed in SWEOLD</b> | C24-C26, S23, S25,<br>Z27 |
|---------------|------------------------------|---------------------------|

---

|                    | N   |
|--------------------|-----|
| 1 Interviewed 1992 | 4   |
| 2 Interviewed 2002 | 83  |
| 3 Interviewed 2004 | 466 |
| 4 Interviewed 2011 | 499 |

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|            |  |                  |
|------------|--|------------------|
| <b>L12</b> | <b>Never been interviewed</b> (first time interviewed) | Cf. C27, cf. S26 |
|------------|--|------------------|

---

|                   | LNU   |       | All   |       | All weighted |
|-------------------|-------|-------|-------|-------|--------------|
|                   | N     | %     | N     | %     | %            |
| 0 Not interviewed | 29    | 2.4   | 29    | 2.2   | 2.2          |
| 1 Interviewed     | 1 197 | 97.6  | 1 268 | 97.8  | 97.8         |
| Sum               | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

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**L13 Weight**

In SWEOLD 2014 men 85-99 years old and women 90-99 years old were oversampled. Sampling weights have been created by dividing the number of persons in the population with the number of persons in the sample for a combination of sex and the age groups 77-84 (and 100+), 85-89, 90-94, and 95-99 years old. (Ages 100+ are not oversampled and have the same weight as the youngest age group.). For men and women separately these sampling weights have been scaled down by dividing them by the highest weight, resulting in a variable with 1.0 as the maximum value for both men and women. Persons interviewed in 2014 that also were interviewed in 2011 got the same weight as 2011. All new persons got the weight 1.0.

In STATA the weight variable should be included as [pw=weight] when possible and [aw=weight] in other instances.

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|      | LNU   |       | All   |       | All weighted |
|------|-------|-------|-------|-------|--------------|
|      | N     | %     | N     | %     | %            |
| 0.04 | 0     | 0.0   | 11    | 0.8   | 0.0          |
| 0.11 | 2     | 0.2   | 16    | 1.2   | 0.1          |
| 0.25 | 6     | 0.5   | 28    | 2.2   | 0.6          |
| 0.52 | 12    | 1.0   | 25    | 1.9   | 1.1          |
| 0.66 | 28    | 2.3   | 39    | 3.0   | 2.1          |
| 1.00 | 1 178 | 96.1  | 1 178 | 90.8  | 96.1         |
| Sum  | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

---

**L14 Date of interview**C4, S3, Z3,  
INTDATE

First interview 2014-09-09  
Last interview 2015-12-19<sup>a</sup>

<sup>a</sup>) Last telephone interview: 2015-12-19 and last day of arrival for incoming postal questionnaire: 2015-02-25.

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**L15 Type of interview**

cf. C5, cf. INTTYP

|                                       | LNU   |       | All   |       | All weighted |
|---------------------------------------|-------|-------|-------|-------|--------------|
|                                       | N     | %     | N     | %     | %            |
| 1 Direct telephone                    | 920   | 75.0  | 954   | 73.6  | 75.0         |
| 2 Direct questionnaire <sup>a</sup>   | 165   | 13.5  | 178   | 13.7  | 13.5         |
| 3 Indirect telephone                  | 99    | 8.1   | 116   | 8.9   | 8.0          |
| 4 Indirect questionnaire              | 21    | 1.7   | 23    | 1.8   | 1.7          |
| 5 Mixed direct/indirect telephone     | 5     | 0.4   | 6     | 0.5   | 0.5          |
| 6 Mixed direct/indirect questionnaire | 16    | 1.3   | 20    | 1.5   | 1.3          |
| Sum                                   | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

<sup>a</sup>) Direct questionnaire means that a paper questionnaire was sent by post to respondents who declined a telephone interview or could not answer the questions by telephone.

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**L16 Telephone interview or questionnaire**

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S17

|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Telephone (direct, indirect, mixed)     | 1 024 | 83.5  | 1 076 | 83.0  | 83.5         |
| 2 Questionnaire (direct, indirect, mixed) | 202   | 16.5  | 221   | 17.0  | 16.5         |
| Sum                                       | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

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**L17 Direct, indirect or mixed interview**C6, cf. S14, Z17,  
indint, X11, Y8, U8,  
V719

|                      | LNU   |       | All   |       | All weighted |
|----------------------|-------|-------|-------|-------|--------------|
|                      | N     | %     | N     | %     | %            |
| 1 Direct interview   | 1 085 | 88.5  | 1 132 | 87.3  | 88.5         |
| 2 Indirect interview | 120   | 9.8   | 139   | 10.7  | 9.7          |
| 3 Mixed interview    | 21    | 1.7   | 26    | 2.0   | 1.8          |
| Sum                  | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

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**L18 Person interviewed in case of indirect or mixed interview**

C7, S15, Z18

|                                 | LNU   |       | All   |       | All weighted |
|---------------------------------|-------|-------|-------|-------|--------------|
|                                 | N     | %     | N     | %     | %            |
| 1 Spouse or equivalent          | 34    | 24.1  | 37    | 22.4  | 24.2         |
| 2 Daughter                      | 43    | 30.5  | 51    | 30.9  | 30.5         |
| 3 Son                           | 24    | 17.0  | 30    | 18.2  | 17.0         |
| 4 Other relative                | 22    | 15.6  | 26    | 15.8  | 15.6         |
| 5 Staff (home care/institution) | 5     | 3.5   | 6     | 3.6   | 3.9          |
| 6 Other <sup>a</sup>            | 13    | 9.2   | 15    | 9.1   | 8.7          |
| Sum                             | 141   | 100.0 | 165   | 100.0 | 100.0        |
| -5 Direct interview             | 1 085 |       | 1 132 |       |              |
| Sum                             | 1 226 |       | 1 297 |       |              |

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<sup>a)</sup> E.g. legal guardian (God man), acquaintances, close friends.

|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Cognitive impairment or dementia | 38    | 30.6  | 45    | 31.0  | 31.6         |
| 2 Very weak/ill                    | 23    | 18.5  | 24    | 16.6  | 17.3         |
| 3 Stroke or aphasia                | 14    | 11.3  | 15    | 10.3  | 11.4         |
| 4 Hearing impairment               | 23    | 18.5  | 31    | 21.4  | 18.3         |
| 5 Other reason <sup>a</sup>        | 26    | 21.0  | 30    | 20.7  | 21.3         |
| Total                              | 124   | 100.0 | 145   | 100.0 | 100.0        |
| -6 No answer                       | 17    |       | 20    |       |              |
| -5 Direct interview                | 1 085 |       | 1 132 |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

<sup>a)</sup> Most common reason in this category is that IP does not speak Swedish.

## *The respondent*

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**L20**      **Sex**      C11, S9, Z9, sex, X8, Y10, U10, V718, W2

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|         | LNU   |       | All   |       | All weighted |
|---------|-------|-------|-------|-------|--------------|
|         | N     | %     | N     | %     | %            |
| 1 Men   | 533   | 43.5  | 577   | 45.5  | 43.4         |
| 2 Woman | 693   | 56.5  | 720   | 55.5  | 56.6         |
| Sum     | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

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**L21**      **Year of birth**      C12, S10, Z10, birthy, X9, Y11, U11, V815, W533

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|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 1909  | 1909  | 1909         |
| Maximum value  | 1944  | 1944  | 1944         |
| Mean           | 1936  | 1935  | 1936         |
| Std. Deviation | 6.6   | 7.6   | 6.6          |
| Valid          | 1 226 | 1 297 | 1 226        |

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|      | LNU   |       | All   |       | All weighted |
|------|-------|-------|-------|-------|--------------|
|      | N     | %     | N     | %     | %            |
| 1909 | 1     | 0.1   | 1     | 0.1   | 0.1          |
| 1910 | 1     | 0.1   | 1     | 0.1   | 0.1          |
| 1911 | 0     | 0.0   | 1     | 0.1   | 0.0          |
| 1912 | 0     | 0.0   | 2     | 0.2   | 0.0          |
| 1913 | 0     | 0.0   | 3     | 0.2   | 0.0          |
| 1914 | 2     | 0.2   | 10    | 0.8   | 0.1          |
| 1915 | 0     | 0.0   | 11    | 0.8   | 0.1          |
| 1916 | 1     | 0.1   | 1     | 0.1   | 0.0          |
| 1917 | 0     | 0.0   | 6     | 0.5   | 0.1          |
| 1918 | 2     | 0.2   | 5     | 0.4   | 0.2          |
| 1919 | 6     | 0.5   | 15    | 1.2   | 0.5          |
| 1920 | 13    | 1.1   | 30    | 2.3   | 1.1          |
| 1921 | 10    | 0.8   | 11    | 0.8   | 0.8          |
| 1922 | 14    | 1.1   | 16    | 1.2   | 1.1          |
| 1923 | 14    | 1.1   | 15    | 1.2   | 1.2          |
| 1924 | 18    | 1.5   | 20    | 1.5   | 1.3          |
| 1925 | 24    | 2.0   | 29    | 2.2   | 2.0          |
| 1926 | 20    | 1.6   | 20    | 1.5   | 1.6          |
| 1927 | 32    | 2.6   | 32    | 2.5   | 2.6          |
| 1928 | 36    | 2.9   | 36    | 2.8   | 2.9          |
| 1929 | 39    | 3.2   | 39    | 3.0   | 3.2          |
| 1930 | 38    | 3.1   | 38    | 2.9   | 3.1          |
| 1931 | 48    | 3.9   | 48    | 3.7   | 3.9          |
| 1932 | 47    | 3.8   | 47    | 3.6   | 3.8          |
| 1933 | 46    | 3.8   | 46    | 3.5   | 3.8          |
| 1934 | 58    | 4.7   | 58    | 4.5   | 4.7          |
| 1935 | 56    | 4.6   | 56    | 4.3   | 4.6          |
| 1936 | 50    | 4.1   | 50    | 3.9   | 4.1          |
| 1937 | 73    | 6.0   | 73    | 5.6   | 6.0          |
| 1938 | 78    | 6.4   | 78    | 6.0   | 6.4          |
| 1939 | 67    | 5.5   | 67    | 5.2   | 5.5          |
| 1940 | 67    | 5.5   | 67    | 5.2   | 5.5          |
| 1941 | 68    | 5.5   | 68    | 5.2   | 5.5          |
| 1942 | 101   | 8.2   | 101   | 7.8   | 8.2          |
| 1943 | 91    | 7.4   | 91    | 7.0   | 7.4          |
| 1944 | 105   | 8.6   | 105   | 8.1   | 8.6          |
| Sum  | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

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**L22****Age at year of interview**C13, S11, Z12, age

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|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 70    | 70    | 70           |
| Maximum value  | 105   | 105   | 105          |
| Mean           | 78    | 79    | 78           |
| Std. Deviation | 6.6   | 7.6   | 6.6          |
| Valid          | 1 226 | 1 297 | 1 226        |

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|     | LNU  |       | All  |       | All weighted |
|-----|------|-------|------|-------|--------------|
|     | N    | %     | N    | %     | %            |
| 70  | 105  | 8.6   | 105  | 8.1   | 8.6          |
| 71  | 91   | 7.4   | 91   | 7.0   | 7.4          |
| 72  | 101  | 8.2   | 101  | 7.8   | 8.2          |
| 73  | 68   | 5.5   | 68   | 5.2   | 5.5          |
| 74  | 67   | 5.5   | 67   | 5.2   | 5.5          |
| 75  | 67   | 5.5   | 67   | 5.2   | 5.5          |
| 76  | 78   | 6.4   | 78   | 6.0   | 6.4          |
| 77  | 73   | 6.0   | 73   | 5.6   | 6.0          |
| 78  | 50   | 4.1   | 50   | 3.9   | 4.1          |
| 79  | 56   | 4.6   | 56   | 4.3   | 4.6          |
| 80  | 58   | 4.7   | 58   | 4.5   | 4.7          |
| 81  | 46   | 3.8   | 46   | 3.5   | 3.8          |
| 82  | 47   | 3.8   | 47   | 3.6   | 3.8          |
| 83  | 48   | 3.9   | 48   | 3.7   | 3.9          |
| 84  | 38   | 3.1   | 38   | 2.9   | 3.1          |
| 85  | 39   | 3.2   | 39   | 3.0   | 3.2          |
| 86  | 36   | 2.9   | 36   | 2.8   | 2.9          |
| 87  | 32   | 2.6   | 32   | 2.5   | 2.6          |
| 88  | 20   | 1.6   | 20   | 1.5   | 1.6          |
| 89  | 24   | 2.0   | 29   | 2.2   | 2.0          |
| 90  | 18   | 1.5   | 20   | 1.5   | 1.3          |
| 91  | 14   | 1.1   | 15   | 1.2   | 1.2          |
| 92  | 14   | 1.1   | 16   | 1.2   | 1.1          |
| 93  | 10   | 0.8   | 11   | 0.8   | 0.8          |
| 94  | 13   | 1.1   | 30   | 2.3   | 1.1          |
| 95  | 6    | 0.5   | 15   | 1.2   | 0.5          |
| 96  | 2    | 0.2   | 5    | 0.4   | 0.2          |
| 97  | 0    | 0.0   | 6    | 0.5   | 0.1          |
| 98  | 1    | 0.1   | 1    | 0.1   | 0.0          |
| 99  | 0    | 0.0   | 11   | 0.8   | 0.1          |
| 100 | 2    | 0.2   | 10   | 0.8   | 0.1          |
| 101 | 0    | 0.0   | 3    | 0.2   | 0.0          |
| 102 | 0    | 0.0   | 2    | 0.2   | 0.0          |
| 103 | 0    | 0.0   | 1    | 0.1   | 0.0          |
| 104 | 1    | 0.1   | 1    | 0.1   | 0.1          |
| 105 | 1    | 0.1   | 1    | 0.1   | 0.1          |
| Sum | 1226 | 100.0 | 1297 | 100.0 | 100.0        |

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**L23****Age groups**

C14, Z14, ageg

|         | LNU   |       | All   |       | All weighted |
|---------|-------|-------|-------|-------|--------------|
|         | N     | %     | N     | %     | %            |
| 1 70-75 | 499   | 40.7  | 499   | 38.5  | 40.7         |
| 2 76-79 | 257   | 21.0  | 257   | 19.8  | 21.0         |
| 3 80-84 | 237   | 19.3  | 237   | 18.3  | 19.3         |
| 4 85+   | 233   | 19.0  | 304   | 23.4  | 19.0         |
| Sum     | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

**L24****The respondent's normal living situation**C15, S18, cf. Z21,  
cf. reside

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 IP lives in an ordinary house (villa, semi-detached or row- house, flat)   | 1 103 | 90.0  | 1 140 | 89.9  | 89.9         |
| 2 IP lives in a block of service flats (incl. service flat in a house where the majority of the residents are 55+) | 33    | 2.7   | 35    | 2.7   | 2.7          |
| 3 Institution (group living/ retirement home)  | 90    | 7.3   | 122   | 9.4   | 7.5          |
| Sum  | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

**L25****Institution**

C16

Living in an institution is only an option for people who have been assessed by a municipal assessor and who fulfil the criteria described in the social services act.

|                 | LNU   |       | All   |       | All weighted |
|-----------------|-------|-------|-------|-------|--------------|
|                 | N     | %     | N     | %     | %            |
| 0 Not mentioned | 1 136 | 92.7  | 1 175 | 90.6  | 92.5         |
| 1 Mentioned     | 90    | 7.3   | 122   | 9.4   | 7.5          |
| Sum             | 1 226 | 100.0 | 1 297 | 100.0 | 100.0        |

|                 | LNU   |       | All  |       | All weighted |
|-----------------|-------|-------|------|-------|--------------|
|                 | N     | %     | N    | %     | %            |
| Blekinge        | 28    | 2.3   | 29   | 2.2   | 2.3          |
| Dalarna         | 25    | 2.0   | 26   | 2.0   | 2.1          |
| Gotland         | 7     | 0.6   | 7    | 0.5   | 0.6          |
| Gävleborg       | 60    | 4.9   | 61   | 4.7   | 4.8          |
| Halland         | 45    | 3.7   | 47   | 3.6   | 3.6          |
| Jämtland        | 15    | 1.2   | 17   | 1.3   | 1.2          |
| Jönköping       | 59    | 4.8   | 62   | 4.8   | 4.9          |
| Kalmar          | 34    | 2.8   | 37   | 2.9   | 2.7          |
| Kronoberg       | 31    | 2.5   | 32   | 2.5   | 2.5          |
| Norrbottn       | 27    | 2.2   | 27   | 2.1   | 2.2          |
| Skåne           | 160   | 13.1  | 167  | 12.9  | 13.0         |
| Stockholm       | 220   | 17.9  | 238  | 18.4  | 18.1         |
| Södermanland    | 49    | 4.0   | 52   | 4.0   | 4.0          |
| Uppsala         | 35    | 2.9   | 39   | 3.0   | 2.9          |
| Värmland        | 37    | 3.0   | 41   | 3.2   | 3.0          |
| Västerbotten    | 44    | 3.6   | 45   | 3.5   | 3.5          |
| Västernorrland  | 33    | 2.7   | 36   | 2.8   | 2.7          |
| Västmanland     | 26    | 2.1   | 26   | 2.0   | 2.1          |
| Västra Götaland | 190   | 15.5  | 205  | 15.8  | 15.7         |
| Örebro          | 36    | 2.9   | 38   | 2.9   | 2.9          |
| Östergötland    | 65    | 5.3   | 65   | 5.0   | 5.1          |
| Sum             | 1 226 | 100.0 | 1297 | 100.0 | 100.0        |

The following classification of Swedish municipalities is made by the Swedish Association of Local Authorities and Regions (SKL).

For a full description, see SKLs homepage:

[http://www.skl.se/kommuner\\_och\\_landsting/om\\_kommuner/kommungruppsindelning](http://www.skl.se/kommuner_och_landsting/om_kommuner/kommungruppsindelning)

|   | LNU   |       | All  |       | All weighted |
|---|-------|-------|------|-------|--------------|
|   | N     | %     | N    | %     | %            |
| 1 Metropolitan municipalities<br>(Stockholm/Göteborg/Malmö) | 165   | 13.5  | 176  | 13.6  | 13.4         |
| 2 Suburban municipalities                                   | 173   | 14.1  | 183  | 14.1  | 14.2         |
| 3 Large cities  | 372   | 30.3  | 396  | 30.5  | 30.3         |
| 4 Suburban municipalities to large cities                   | 45    | 3.7   | 46   | 3.5   | 3.6          |
| 5 Commuter municipalities                                   | 98    | 8.0   | 103  | 7.9   | 7.8          |
| 6 Tourism and travel industry<br>municipalities             | 35    | 2.9   | 38   | 2.9   | 3.0          |
| 7 Manufacturing municipalities                              | 138   | 11.3  | 145  | 11.2  | 11.3         |
| 8 Sparsely populated municipalities                         | 22    | 1.8   | 22   | 1.7   | 1.7          |
| 9 Municipalities in densely populated<br>regions            | 131   | 10.7  | 140  | 10.8  | 10.9         |
| 10 Municipalities in sparsely populated<br>regions          | 47    | 3.8   | 48   | 3.7   | 3.8          |
| Sum   | 1 226 | 100.0 | 1297 | 100.0 | 100.0        |

## Family situation

### L28 Living alone

C28, S32, Z35, Q4

Do you live alone?

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Yes                                      | 458   | 40.4  | 485   | 41.3  | 40.3         |
| 2 No                                       | 676   | 59.6  | 688   | 58.7  | 59.7         |
| Total                                      | 1 134 | 100.0 | 1 173 | 100.0 | 100.0        |
| -6 No answer                               | 2     |       | 2     |       |              |
| -4 Living in an institution with a partner | 5     |       | 8     |       |              |
| -3 Living in an institution                | 85    |       | 114   |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

### L29 Living with how many others

C29, S33, Z36, Q5,  
cf. X151, cf. Y58, cf. U91,  
cf. V57, cf. W90

How many people do you live with?

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 One person                               | 643   | 95.1  | 653   | 94.9  | 95.1         |
| 2 Two persons                              | 29    | 4.3   | 30    | 4.4   | 4.3          |
| 3 Three persons                            | 2     | 0.3   | 2     | 0.3   | 0.2          |
| 4 Four persons                             | 1     | 0.1   | 2     | 0.3   | 0.2          |
| 5 Five persons                             | 1     | 0.1   | 1     | 0.1   | 0.1          |
| Total                                      | 676   | 100.0 | 688   | 100.0 | 100.0        |
| -6 No answer                               | 2     |       | 2     |       |              |
| -5 Living alone                            | 458   |       | 485   |       |              |
| -4 Living in an institution with a partner | 5     |       | 8     |       |              |
| -3 Living in an institution                | 85    |       | 114   |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

**L30 Living with whom**C30, S34-38, Z37-40,  
Q6 (a-d)

Who do you live with? (several answers possible)

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Husband/wife/cohabitant                  | 648   | 95.9  | 659   | 95.9  | 96.0         |
| 2 Children/daughter-in-law/son-in-law      | 20    | 3.0   | 20    | 2.9   | 2.8          |
| 3 Sisters/brothers/grandchildren           | 0     | 0.0   | 0     | 0.0   | 0.0          |
| 4 Other persons                            | 8     | 1.2   | 8     | 1.2   | 1.2          |
| 5 Living with spouse and children          | 0     | 0.0   | 0     | 0.0   | 0.0          |
| Total                                      | 676   | 100.0 | 687   | 100.0 | 100.0        |
| -6 No answer                               | 2     |       | 3     |       |              |
| -5 Living alone                            | 458   |       | 485   |       |              |
| -4 Living in an institution with a partner | 5     |       | 8     |       |              |
| -3 Living in institution                   | 85    |       | 114   |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

**L31 Civil status**C31, S39, Z41, Q7, cf. X149,  
cf. Y57, cf. U90, cf. V68,  
cf. W36 or cf. X842, cf. Y661,  
cf. U715, cf. V814, cf. W704

What is your present civil status?

|                      | LNU   |       | All   |       | All weighted |
|----------------------|-------|-------|-------|-------|--------------|
|                      | N     | %     | N     | %     | %            |
| 1 Not married        | 80    | 6.6   | 87    | 6.7   | 6.7          |
| 2 Married/cohabiting | 706   | 57.8  | 722   | 55.9  | 57.8         |
| 3 Divorced/separated | 102   | 8.4   | 102   | 7.9   | 8.3          |
| 4 Widow/widower      | 333   | 27.2  | 381   | 29.5  | 27.2         |
| Total                | 1 221 | 100.0 | 1 292 | 100.0 | 100.0        |
| -6 No answer         | 5     |       | 5     |       |              |
| Sum                  | 1 226 |       | 1 297 |       |              |

**L32 Widow/widower, divorced or separated**

C32

In which year did you become a widow/widower, divorced or separated?

|                                      | LNU   | All   | All weighted |
|--------------------------------------|-------|-------|--------------|
| Minimum value                        | 1949  | 1949  | 1949         |
| Maximum value                        | 2014  | 2014  | 2014         |
| Mean                                 | 1996  | 1996  | 1996         |
| Std. Deviation                       | 14.3  | 14.3  | 14.3         |
| Valid                                | 409   | 455   | 409          |
| -6 No answer                         | 32    | 34    | 31           |
| -5 Not widowed or divorced/separated | 785   | 808   | 786          |
| Sum                                  | 1 226 | 1 297 | 1 226        |



**L33 Children**

C33, cf. S40, Z49, cf. Q14

Do you have or have you had any children?

|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 083 | 88.6  | 1 142 | 88.3  | 88.4         |
| 2 No         | 140   | 11.4  | 152   | 11.7  | 11.6         |
| Total        | 1 223 | 100.0 | 1 294 | 100.0 | 100.0        |
| -6 No answer | 3     |       | 3     |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

**L34 Number of children**

C34, Z50, Q15

How many children *now living* do you have?

|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 0     | 0     | 0            |
| Maximum value  | 10    | 10    | 10           |
| Mean           | 2.3   | 2.3   | 2.3          |
| Std. Deviation | 1.1   | 1.1   | 1.1          |
| Valid          | 1 081 | 1 139 | 1 079        |
| -6 No answer   | 5     | 6     | 5            |
| -5 No children | 140   | 152   | 142          |
| Sum            | 1 226 | 1 297 | 1 226        |

|                      | LNU   |       | All   |       | All weighted |
|----------------------|-------|-------|-------|-------|--------------|
|                      | N     | %     | N     | %     | %            |
| 0 No living children | 9     | 0.8   | 9     | 0.8   | 0.8          |
| 1 One child          | 193   | 17.9  | 207   | 18.2  | 17.9         |
| 2                    | 497   | 46.0  | 519   | 45.6  | 46.0         |
| 3                    | 258   | 23.9  | 272   | 23.9  | 23.9         |
| 4                    | 91    | 8.4   | 94    | 8.3   | 8.3          |
| 5                    | 24    | 2.2   | 28    | 2.5   | 2.2          |
| 6                    | 4     | 0.4   | 5     | 0.4   | 0.4          |
| 7                    | 2     | 0.2   | 2     | 0.2   | 0.2          |
| 8                    | 8     | 0.2   | 2     | 0.2   | 0.2          |
| 9                    | 0     | 0.0   | 0     | 0.0   | 0.0          |
| 10 10 children       | 1     | 0.1   | 1     | 0.1   | 0.1          |
| Total                | 1 081 | 100.0 | 1 139 | 100.0 | 100.0        |
| -6 No answer         | 5     |       | 6     |       |              |
| -5 No children       | 140   |       | 152   |       |              |
| Sum                  | 1 226 |       | 1 297 |       |              |

**L35 Spending time with children**C36, S41,  
cf. Z75-Z82,  
cf. Q18

How often do you meet and spend time with any of your children?

|                                      | LNU   |       | All   |       | All weighted |
|--------------------------------------|-------|-------|-------|-------|--------------|
|                                      | N     | %     | N     | %     | %            |
| 1 Daily                              | 92    | 8.6   | 99    | 8.8   | 8.6          |
| 2 Several times a week               | 189   | 17.7  | 204   | 18.2  | 17.6         |
| 3 A few times a week                 | 367   | 34.4  | 388   | 34.6  | 34.5         |
| 4 A few times a month                | 260   | 24.4  | 267   | 23.8  | 24.4         |
| 5 A few times a quarter              | 98    | 9.2   | 101   | 9.0   | 9.2          |
| 6 Seldom or never                    | 60    | 5.6   | 64    | 5.7   | 5.7          |
| Total                                | 1 066 | 100.0 | 1 123 | 100.0 | 100.0        |
| -6 No answer                         | 11    |       | 13    |       |              |
| -5 No children or no living children | 149   |       | 161   |       |              |
| Sum                                  | 1 226 |       | 1 297 |       |              |

**L36 Telephone contact with children**C37, cf. S42,  
cf. Z83-Z90,  
cf. Q19How often do you have telephone contact, have contact via SMS  
or email, chat online, or have other similar forms of  
communication, with any of your children?

|                                      | LNU   |       | All   |       | All weighted |
|--------------------------------------|-------|-------|-------|-------|--------------|
|                                      | N     | %     | N     | %     | %            |
| 1 Daily                              | 206   | 19.4  | 223   | 19.9  | 19.4         |
| 2 Several times a week               | 381   | 35.8  | 392   | 35.0  | 35.7         |
| 3 A few times a week                 | 314   | 29.5  | 328   | 29.3  | 29.7         |
| 4 A few times a month                | 81    | 7.6   | 82    | 7.3   | 7.4          |
| 5 A few times a quarter              | 13    | 1.2   | 16    | 1.4   | 1.2          |
| 6 Seldom or never                    | 68    | 6.4   | 80    | 7.1   | 6.5          |
| Total                                | 1 063 | 100.0 | 1 121 | 100.0 | 100.0        |
| -6 No answer                         | 14    |       | 15    |       |              |
| -5 No children or no living children | 149   |       | 161   |       |              |
| Sum                                  | 1 226 |       | 1 297 |       |              |

**L37 Grandchildren**C38, S43, Z147,  
Q20

Do you have grandchildren or great grandchildren?

|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 1 Yes                 | 1 006 | 93.2  | 1 064 | 93.5  | 93.2         |
| 2 No                  | 73    | 6.8   | 74    | 6.5   | 6.8          |
| Total                 | 1 079 | 100.0 | 1 138 | 100.0 | 100.0        |
| -6 No answer          | 7     |       | 7     |       |              |
| -5 Never had children | 140   |       | 152   |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

**L38****Spending time with grandchildren**C39, S44, Z148,  
Q21How often do you meet and spend time with your grandchildren  
and great grandchildren?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Daily                    | 26    | 2.6   | 26    | 2.5   | 2.6          |
| 2 Several times a week     | 114   | 11.4  | 115   | 10.9  | 11.3         |
| 3 A few times a week       | 209   | 21.0  | 217   | 20.6  | 21.1         |
| 4 A few times a month      | 357   | 35.8  | 372   | 35.3  | 35.8         |
| 5 A few times a quarter    | 171   | 17.2  | 191   | 18.1  | 17.3         |
| 6 Very seldom or never     | 120   | 12.0  | 132   | 12.5  | 11.9         |
| Total                      | 997   | 100.0 | 1 053 | 100.0 | 100.0        |
| -6 No answer               | 16    |       | 18    |       |              |
| -5 IP has no grandchildren | 73    |       | 74    |       |              |
| -4 Never had children      | 140   |       | 152   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L39****Telephone contact with grandchildren**C40, cf. S45,  
cf. Z149, cf. Q22How often do you have telephone contact, have contact via SMS  
or email, chat online, or have other similar forms of  
communication, with your grandchildren or great grandchildren?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Daily                    | 28    | 2.8   | 28    | 2.7   | 2.8          |
| 2 Several times a week     | 87    | 8.8   | 90    | 8.6   | 8.8          |
| 3 A few times a week       | 248   | 25.0  | 254   | 24.3  | 25.2         |
| 4 A few times a month      | 322   | 32.5  | 337   | 32.2  | 32.4         |
| 5 A few times a quarter    | 97    | 9.8   | 107   | 10.2  | 9.8          |
| 6 Very seldom or never     | 209   | 21.1  | 231   | 22.1  | 21.0         |
| Total                      | 991   | 100.0 | 1 047 | 100.0 | 100.0        |
| -6 No answer               | 22    |       | 24    |       |              |
| -5 IP has no grandchildren | 73    |       | 74    |       |              |
| -4 Never had children      | 140   |       | 152   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

# *Education and occupation*

## *Own education and occupation*

**L40**

### **Years of education**

The classifications concern length of time spent in education. The information is primarily based on data from national registries gathered for the 1968 level of living survey. For those participants who did not participate in the 1968 survey the information is based on self-reports given during their first interview.

C41, S31, Z548 ,  
EDUYRS, X260,  
Y131, U137, V229,  
W538

|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 2     | 2     | 2            |
| Maximum value  | 27    | 27    | 27           |
| Mean           | 9.5   | 9.5   | 9.5          |
| Median         | 8.0   | 8.0   | 8.0          |
| Std. Deviation | 3.3   | 3.3   | 3.3          |
| Valid          | 1 226 | 1 267 | 1 198        |

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|                          | LNU   |       | All   |       | All weighted |
|--------------------------|-------|-------|-------|-------|--------------|
|                          | N     | %     | N     | %     | %            |
| 2 Two years of education | 3     | 0.3   | 3     | 0.2   | 0.3          |
| 3                        | 1     | 0.1   | 1     | 0.1   | 0.1          |
| 4                        | 3     | 0.3   | 3     | 0.2   | 0.3          |
| 5                        | 1     | 0.1   | 2     | 0.2   | 0.1          |
| 6                        | 118   | 9.8   | 145   | 11.4  | 9.8          |
| 7                        | 316   | 26.3  | 334   | 26.4  | 26.4         |
| 8                        | 169   | 14.1  | 173   | 13.7  | 14.0         |
| 9                        | 108   | 9.0   | 111   | 8.8   | 9.0          |
| 10                       | 112   | 9.3   | 115   | 9.1   | 9.3          |
| 11                       | 80    | 6.7   | 83    | 6.6   | 6.6          |
| 12                       | 72    | 6.0   | 73    | 5.8   | 6.0          |
| 13                       | 51    | 4.3   | 51    | 4.0   | 4.2          |
| 14                       | 52    | 4.3   | 53    | 4.2   | 4.4          |
| 15                       | 40    | 3.3   | 41    | 3.2   | 3.3          |
| 16                       | 26    | 2.2   | 26    | 2.1   | 2.1          |
| 17                       | 21    | 1.8   | 23    | 1.8   | 1.8          |
| 18                       | 10    | 0.8   | 11    | 0.9   | 0.9          |
| 19                       | 3     | 0.3   | 3     | 0.2   | 0.3          |
| 20                       | 9     | 0.8   | 10    | 0.8   | 0.8          |
| 21                       | 1     | 0.1   | 1     | 0.1   | 0.1          |
| 22                       | 0     | 0.0   | 1     | 0.1   | 0.1          |
| 24                       | 1     | 0.1   | 1     | 0.1   | 0.1          |
| 25                       | 1     | 0.1   | 1     | 0.1   | 0.1          |
| 27 27 years of education | 2     | 0.2   | 2     | 0.2   | 0.1          |
| Total                    | 1 200 | 100.0 | 1 267 | 100.0 | 100.0        |
| -6 No answer             | 26    |       | 30    |       |              |
| Sum                      | 1 226 |       | 1 297 |       |              |

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**L41 Level of education – panel (7 digit)**C42, S30, Z550,  
EDULEVEL, cf. X305,  
cf. Y164, cf. U138,  
cf. V230, cf. W537

This variable is only available for those who have been interviewed in at least one of the previous surveys. For a variable encompassing the full sample, see L42.

The classifications are based on the highest level of education achieved. The information is primarily based on data from national registries gathered for the 1968 level of living survey. For those participants who did not participate in the 1968 survey the information is based on self-reports given during their first interview.

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|   | LNU   |       |
|---|-------|-------|
|   | N     | %     |
| 1 Grade school (6-8 years)  | 537   | 45.5  |
| 2 Grade school + vocational training $\geq 1$ year (7-11 years)           | 191   | 16.2  |
| 3 Extended grade school (8-11 years)                                      | 133   | 11.3  |
| 4 Extended grade school + vocational training $\geq 1$ year (10-14 years) | 171   | 14.5  |
| 5 High school or equivalent (11-14 years)                                 | 31    | 2.6   |
| 6 High school + vocational training $\geq 1$ year (12-16 years)           | 64    | 5.4   |
| 7 University degree (14-20 years)   | 53    | 4.5   |
| Total   | 1 180 | 100.0 |
| -6 No answer  | 46    |       |
| Sum   | 1 226 |       |

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**L42 Level of education – full sample (4 digit)**

C43

The classifications are primarily based on the data from variable L41. However, as the question on educational level was posed somewhat differently to the extended sample of the 2011 survey, the classifications have been harmonized in order to facilitate comparability throughout the full sample.

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|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Compulsory education <sup>a</sup>                                  | 537   | 45.4  | 582   | 46.6  | 45.4         |
| 2 Lower secondary education and/or vocational education <sup>b</sup> | 496   | 42.0  | 510   | 40.8  | 41.9         |
| 3 Upper secondary education <sup>c</sup>                             | 95    | 8.0   | 97    | 7.8   | 8.1          |
| 4 University degree <sup>d</sup>                                     | 54    | 4.6   | 60    | 4.8   | 4.6          |
| Total  | 1 182 | 100.0 | 1 249 | 100.0 | 100.0        |
| -6 No answer   | 44    |       | 48    |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

<sup>a)</sup> Based on L41, variable value 1

<sup>b)</sup> Based on L41, variable value 2, 3 and 4

<sup>c)</sup> Based on L41, variable value 5 and 6

<sup>d)</sup> Based on L41, variable value 7

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**L43****NYK Own**

C44

Here a five-digit classification of occupation according to the Nordic standard occupational classification in the Population and Housing Census 1985 has been derived from the question: What has been your main profession or occupation during your working years/what position did you have?

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**L44****Own socioeconomic group**

Own main profession/occupation according to socio-economic grouping (SEI).

C45, Z30, esei,  
cf. X15, cf. Y13,  
cf. U13, cf. V716,  
cf. V714 cf. W997

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|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 11 Unskilled worker, goods producing            | 80    | 6.7   | 92    | 7.3   | 6.9          |
| 12 Unskilled worker, service producing          | 204   | 17.0  | 215   | 17.0  | 17.0         |
| 21 Skilled worker, goods producing              | 115   | 9.6   | 121   | 9.5   | 9.6          |
| 22 Skilled worker, service producing            | 66    | 5.5   | 67    | 5.3   | 5.5          |
| 33 Lower white collar I                         | 92    | 7.7   | 97    | 7.6   | 7.6          |
| 36 Lower white collar II                        | 127   | 10.6  | 133   | 10.5  | 10.6         |
| 46 Middle white collar                          | 221   | 18.5  | 228   | 18.0  | 18.4         |
| 56 Upper white collar                           | 89    | 7.4   | 92    | 7.3   | 7.5          |
| 57 Leading positions                            | 35    | 2.9   | 37    | 2.9   | 2.8          |
| 60 Professional                                 | 39    | 3.3   | 41    | 3.2   | 3.3          |
| 79 Self-employed <sup>a</sup>                   | 89    | 7.4   | 98    | 7.7   | 7.4          |
| 89 Farmer with unspecified acreage <sup>a</sup> | 27    | 2.3   | 32    | 2.5   | 2.3          |
| 92 Housewife                                    | 13    | 1.1   | 15    | 1.2   | 1.1          |
| Total   | 1 197 | 100.0 | 1 268 | 100.0 | 100.0        |
| -6 No answer                                    | 29    |       | 29    |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

<sup>a)</sup> With or without employees and regardless of the number of employees. The number of employees is presented in L46.

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**L45 Own social class**C46, cf. S28, Z29, eclass,  
cf. X15, cf. Y13, cf. U13,  
cf. V716, cf. V714, cf.  
W997

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|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Unskilled worker                       | 284   | 23.7  | 307   | 24.2  | 24.0         |
| 2 Skilled worker                         | 181   | 15.1  | 188   | 14.8  | 15.1         |
| 3 Lower white collar                     | 219   | 18.3  | 230   | 18.1  | 18.2         |
| 4 Middle white collar                    | 221   | 18.5  | 228   | 18.0  | 18.4         |
| 5 Upper white collar (and professionals) | 163   | 13.6  | 170   | 13.4  | 13.6         |
| 6 Self-employed <sup>a</sup>             | 89    | 7.4   | 98    | 7.7   | 7.4          |
| 7 Farmer <sup>a</sup>                    | 27    | 2.3   | 32    | 2.5   | 2.3          |
| 8 Housewife                              | 13    | 1.1   | 15    | 1.2   | 1.1          |
| Total                                    | 1 197 | 100.0 | 1 268 | 100.0 | 100.0        |
| -6 No answer                             | 29    |       | 29    |       |              |
| Sum                                      | 1 226 |       | 1 297 |       |              |

<sup>a)</sup> With or without employees and regardless of the number of employees. The number of employees is presented in L46.

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**L46 Number of employees**C47, Z33, enremp, cf. X684  
cf. Y537, cf. U499,  
cf. V538, cf. W315To self-employed persons or farmers: How many  
employees did you have?

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|                                | LNU   |       | All   |       | All weighted |
|--------------------------------|-------|-------|-------|-------|--------------|
|                                | N     | %     | N     | %     | %            |
| 1 No employees                 | 60    | 53.6  | 65    | 52.0  | 53.7         |
| 2 1-9 employees                | 34    | 30.4  | 42    | 33.6  | 30.4         |
| 3 10-19 employees              | 7     | 6.3   | 7     | 5.6   | 6.3          |
| 4 20 or more employees         | 11    | 9.8   | 11    | 8.8   | 9.6          |
| Total                          | 112   | 100.0 | 125   | 100.0 | 100.0        |
| -6 No answer                   | 9     |       | 10    |       |              |
| -5 Not self-employed or farmer | 1 105 |       | 1 062 |       |              |
| Sum                            | 1 226 |       | 1 297 |       |              |

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**L47****Size of the farm**C48, Z34, efarmsiz,  
cf. X672, cf. X673To farmers: How large was your farm?

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|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Small farm = less than 10 hectares (25 acres) arable land and no more than 100 hectares (250 acres) of forest | 4     | 16.0  | 7     | 23.3  | 16.6         |
| 2 Average farm = at least 10 hectares (25 acres) arable land or more than 100 hectares (250 acres) of forest    | 20    | 80.0  | 22    | 73.3  | 79.5         |
| 3 Large farm = at least 100 hectares (250 acres) arable land or more than 400 hectares (1000 acres) of forest   | 1     | 4.0   | 1     | 3.3   | 3.9          |
| Total   | 25    | 100.0 | 30    | 100.0 | 100.0        |
| -6 No answer  | 2     |       | 2     |       |              |
| -5 Not a farmer   | 1 140 |       | 1 265 |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

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***Spouse's occupation***

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**L48****NYK Spouse**

C49

Here a five-digit classification of occupation according to the Nordic standard occupational classification in the Population and Housing Census 1985 has been derived from the question: What has been your main profession or occupation during your working years/what position did you have?

Both living and deceased spouses.

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**L49****Spouse's socioeconomic group**C50, Z43, msei, X182,  
cf. Y72, cf. U117,  
cf. V711Spouse main profession/occupation according to socio-  
economic grouping (SEI).

Both living and deceased spouses.

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 11 Unskilled worker, goods producing   | 70    | 6.4   | 76    | 6.6   | 6.5          |
| 12 Unskilled worker, service producing | 162   | 14.8  | 176   | 15.3  | 14.9         |
| 21 Skilled worker, goods producing     | 112   | 10.3  | 123   | 10.7  | 10.3         |
| 22 Skilled worker, service producing   | 28    | 2.6   | 30    | 2.6   | 2.5          |
| 33 Lower white collar I                | 73    | 6.7   | 76    | 6.6   | 6.5          |
| 36 Lower white collar II               | 108   | 9.9   | 113   | 9.8   | 9.7          |
| 46 Middle white collar                 | 209   | 19.2  | 218   | 18.9  | 19.3         |
| 56 Upper white collar                  | 68    | 6.2   | 70    | 6.1   | 6.2          |
| 57 Leading position                    | 28    | 2.6   | 28    | 2.4   | 2.6          |
| 60 Professional                        | 48    | 4.4   | 48    | 4.2   | 4.4          |
| 79 Self-employed <sup>a</sup>          | 127   | 11.6  | 132   | 11.4  | 11.9         |
| 89 Farmer <sup>a</sup>                 | 39    | 3.6   | 42    | 3.6   | 3.5          |
| 92 Housewife                           | 18    | 1.6   | 21    | 1.8   | 1.5          |
| 94 Unclassified                        | 1     | 0.1   | 1     | 0.1   | 0.1          |
| Total                                  | 1 091 | 100.0 | 1 154 | 100.0 | 100.0        |
| -6 No answer                           | 55    |       | 56    |       |              |
| -5 Never been married                  | 80    |       | 87    |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

<sup>a)</sup> With or without employees and regardless of the number of employees. The number of employees is presented in L51.

**L50****Spouse's social class**

C51, cf. S29, Z42, mclass

What has been the main profession or occupation of your spouse during his/her working years? (What position did your spouse have?)

Both living and deceased spouses.

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Unskilled worker                       | 232   | 21.3  | 252   | 21.9  | 21.4         |
| 2 Skilled worker                         | 140   | 12.8  | 153   | 13.3  | 12.9         |
| 3 Lower white collar                     | 181   | 16.6  | 189   | 16.4  | 16.3         |
| 4 Middle white collar                    | 209   | 19.2  | 218   | 18.9  | 19.3         |
| 5 Upper white collar (and professionals) | 144   | 13.2  | 146   | 12.7  | 13.2         |
| 6 Self-employed <sup>a</sup>             | 127   | 11.7  | 132   | 11.4  | 11.9         |
| 7 Farmer <sup>a</sup>                    | 39    | 3.6   | 42    | 3.6   | 3.5          |
| 8 Housewife                              | 18    | 1.7   | 21    | 1.8   | 1.5          |
| Total                                    | 1 090 | 100.0 | 1 153 | 100.0 | 100.0        |
| -6 No answer                             | 56    |       | 57    |       |              |
| -5 Never been married                    | 80    |       | 87    |       |              |
| Sum                                      | 1 226 |       | 1 297 |       |              |

<sup>a</sup>) With or without employees and regardless of the number of employees. The number of employees is presented in L51.

**L51****Spouse's number of employees**

C52, Z46, mnremp, X187, cf. Y75, cf. U120

If spouse was self-employed or a farmer: How many employees did he/she have?

Both living and deceased spouses.

|                                  | LNU   |       | All   |       | All weighted |
|----------------------------------|-------|-------|-------|-------|--------------|
|                                  | N     | %     | N     | %     | %            |
| 1 No employees                   | 72    | 46.2  | 76    | 46.3  | 45.9         |
| 2 1-9 employees                  | 67    | 42.9  | 71    | 43.3  | 43.3         |
| 3 10-19 employees                | 9     | 5.8   | 9     | 5.5   | 5.7          |
| 4 20 or more employees           | 8     | 5.1   | 8     | 4.9   | 5.1          |
| Total                            | 156   | 100.0 | 164   | 100.0 | 100.0        |
| -6 No answer                     | 10    |       | 10    |       |              |
| -5 Not self-employed or a farmer | 980   |       | 1 036 |       |              |
| -4 Never been married            | 80    |       | 87    |       |              |
| Sum                              | 1 226 |       | 1 297 |       |              |

**L52****Size of spouse's farm**C53, Z47, mfarmsiz,  
X188, cf. Y76, cf. U21

If spouse was a farmer: How large was the farm?

Both living and deceased spouses.

|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Small farm = less than 10 hectares (25 acres) arable land and no more than 100 hectares (250 acres) of forest | 7     | 23.3  | 9     | 27.3  | 21.5         |
| 2 Average farm = at least 10 hectares (25 acres) arable land or more than 100 hectares (250 acres) of forest    | 22    | 73.3  | 23    | 69.7  | 75.1         |
| 3 Large farm = at least 100 hectares (250 acres) arable land or more than 400 hectares (1000 acres) of forest   | 1     | 3.3   | 1     | 3.0   | 3.3          |
| Total   | 30    | 100.0 | 33    | 100.0 | 100.0        |
| -6 No answer  | 9     |       | 9     |       |              |
| -5 Not a farmer   | 1 107 |       | 1 168 |       |              |
| -4 Never been married   | 80    |       | 87    |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

***Family occupation*****L53****Family occupation**

C54, Z48, domi

Classification of IP's or spouse's occupation into a single class position for the whole household, based on the dominant (highest) social class (for a detailed description see Erikson, 1981).

Both living and deceased spouses. Derived from questions L45 and L50.

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Unskilled worker                     | 110   | 9.2   | 118   | 9.3   | 9.3          |
| 2 Skilled worker                       | 154   | 12.9  | 169   | 13.3  | 13.0         |
| 3 Lower white collar                   | 195   | 16.3  | 205   | 16.2  | 16.1         |
| 4 Middle white collar                  | 259   | 21.7  | 272   | 21.5  | 21.7         |
| 5 Upper white collar and professionals | 238   | 19.9  | 246   | 19.4  | 19.9         |
| 6 Entrepreneur                         | 191   | 16.0  | 203   | 16.0  | 16.0         |
| 7 Farmer                               | 49    | 4.1   | 54    | 4.3   | 4.0          |
| Total                                  | 1 196 | 100.0 | 1 267 | 100.0 | 100.0        |
| -6 No answer                           | 30    |       | 30    |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

# Health

## Self-rated health

**L54**

### Self-rated health

C69, S54, cf. Z157,  
Q33, X435, Y257

How would you assess your own general state of health?

|                        | LNU   |       | All   |       | All weighted |
|------------------------|-------|-------|-------|-------|--------------|
|                        | N     | %     | N     | %     | %            |
| 1 Good                 | 621   | 51.0  | 649   | 50.4  | 51.0         |
| 2 Bad                  | 140   | 11.5  | 152   | 11.8  | 11.5         |
| 3 Neither good nor bad | 456   | 37.5  | 486   | 37.8  | 37.5         |
| Total                  | 1 217 | 100.0 | 1 287 | 100.0 | 100.0        |
| -6 No answer           | 9     |       | 10    |       |              |
| Sum                    | 1 226 |       | 1 297 |       |              |

## Mobility

**L55**

### Standing

C94, S58, Z196,  
Q46

Can you stand without support? (regardless of whether IP can walk without support)

|                               | LNU   |       | All   |       | All weighted |
|-------------------------------|-------|-------|-------|-------|--------------|
|                               | N     | %     | N     | %     | %            |
| 1 Yes                         | 1 126 | 92.0  | 1 174 | 90.7  | 91.9         |
| 2 No, but can sit             | 90    | 7.4   | 112   | 8.6   | 7.5          |
| 3 No, bedridden or equivalent | 8     | 0.7   | 9     | 0.7   | 0.7          |
| Total                         | 1 224 | 100.0 | 1 295 | 100.0 | 100.0        |
| -6 No answer                  | 2     |       | 2     |       |              |
| Sum                           | 1 226 |       | 1 297 |       |              |

**L56**

### Getting up from a chair

cf. Z180,  
cf. S64,  
cf. Q42b

Can you get up from a (kitchen) chair without using the support from your arms?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 951   | 78.6  | 976   | 76.4  | 78.5         |
| 2 No                       | 259   | 21.4  | 302   | 23.6  | 21.5         |
| Total                      | 1 210 | 100.0 | 1 278 | 100.0 | 100.0        |
| -6 No answer               | 8     |       | 10    |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L57****Balance indoors**

C79

Do you have problems with your balance indoors?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 No                       | 829   | 68.3  | 847   | 66.2  | 68.2         |
| 2 Slight problems          | 278   | 22.9  | 305   | 23.8  | 22.9         |
| 3 Severe problems          | 106   | 8.7   | 128   | 10.0  | 8.9          |
| Total                      | 1 213 | 100.0 | 1 280 | 100.0 | 100.0        |
| -6 No answer               | 5     |       | 8     |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L58****Help from others indoors**C78, Z178,  
Q41Do you usually get help from another person when you get around  
indoors? Supervision also counts as help.

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes, always              | 71    | 5.8   | 82    | 6.4   | 5.8          |
| 2 Yes, sometimes           | 43    | 3.5   | 51    | 4.0   | 3.6          |
| 3 No, manage myself        | 1 101 | 90.6  | 1 152 | 89.6  | 90.9         |
| Total                      | 1 215 | 100.0 | 1 285 | 100.0 | 100.0        |
| -6 No answer               | 3     |       | 3     |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L59****Help when going outdoors**cf. C76, cf. Z176,  
cf. Q39

Can you move about /get around outdoors?

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Yes, manage by myself  | 864   | 71.2  | 878   | 68.4  | 70.8         |
| 2 Yes, manage with assistant device or<br>with aid from another person | 300   | 24.7  | 343   | 26.7  | 25.0         |
| 3 No   | 50    | 4.1   | 63    | 4.9   | 4.1          |
| Total  | 1 214 | 100.0 | 1 284 | 100.0 | 100.0        |
| -6 No answer   | 4     |       | 4     |       |              |
| -5 Bedridden or equivalent   | 8     |       | 9     |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

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## Assistant devices or aid when going outdoors

If answering yes, manage with assistant device or with aid from another person in question L159. What kind of assistant device or aid do you use/need?  
Several answers possible.

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**L60**      **Cane/quadruped/crutch**      cf. C75, cf. Z175,  
Do you use a cane, quadruped or crutch when go outdoors?      cf. Q38, cf. C76,  
cf. Z176, cf. Q39

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|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 0 Not mentioned            | 205   | 68.3  | 241   | 70.5  | 68.7         |
| 1 Mentioned                | 95    | 31.7  | 101   | 29.5  | 31.3         |
| Total                      | 300   | 100.0 | 342   | 100.0 | 100.0        |
| -6 No answer               | 4     |       | 4     |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| -4 Cannot go outside       | 50    |       | 63    |       |              |
| -3 Managed without aid     | 865   |       | 879   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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**L61**      **Walker**      cf. C75, cf. Z175,  
Do you use a walker when going outdoors?      cf. Q38, cf. C76,  
cf. Z176, cf. Q39

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|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 0 Not mentioned            | 116   | 38.7  | 128   | 37.3  | 38.4         |
| 1 Mentioned                | 184   | 61.3  | 215   | 62.7  | 61.6         |
| Total                      | 300   | 100.0 | 343   | 100.0 | 100.0        |
| -6 No answer               | 4     |       | 4     |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| -4 Cannot go outside       | 50    |       | 63    |       |              |
| -3 Managed without aid     | 865   |       | 879   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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**L62****Wheelchair**

Do you use a wheelchair when going outdoors?

cf. C75, cf. Z175,  
cf. Q38, cf. C76,  
cf. Z176, cf. Q39

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 0 Not mentioned            | 247   | 82.3  | 277   | 80.8  | 82.0         |
| 1 Mentioned                | 53    | 17.7  | 66    | 19.2  | 18.0         |
| Total                      | 300   | 100.0 | 343   | 100.0 | 100.0        |
| -6 No answer               | 4     |       | 4     |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| -4 Cannot go outside       | 50    |       | 63    |       |              |
| -3 Managed without aid     | 865   |       | 879   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L63****Walking aid from another person**

Do you get/need aid from another person when going outdoors?

cf. C75, cf. Z175,  
cf. Q38, cf. C76,  
cf. Z176, cf. Q39

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 0 Not mentioned            | 259   | 86.3  | 295   | 86.0  | 85.8         |
| 1 Mentioned                | 41    | 13.7  | 48    | 14.0  | 14.2         |
| Total                      | 300   | 100.0 | 343   | 100.0 | 100.0        |
| -6 No answer               | 4     |       | 4     |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| -4 Cannot go outside       | 50    |       | 63    |       |              |
| -3 Managed without aid     | 865   |       | 879   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L64****Walking 100 m**

Can you walk 100 meters fairly briskly without difficulty?

C71, S59, Z171,  
Q37a, X436,  
Y258, U160,  
V235, W101

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 904   | 75.2  | 930   | 73.2  | 75.0         |
| 2 No                       | 298   | 24.8  | 341   | 26.8  | 25.0         |
| Total                      | 1 202 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer               | 16    |       | 17    |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |



**L65****Walking 500 m**

C72, S60

Can you walk 500 meters fairly briskly without difficulty?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 756   | 84.2  | 771   | 83.6  | 84.3         |
| 2 No                       | 142   | 15.8  | 151   | 16.4  | 15.7         |
| Total                      | 898   | 100.0 | 922   | 100.0 | 100.0        |
| -6 No answer               | 22    |       | 25    |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| -4 Cannot walk 100 m       | 298   |       | 341   |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L66****Running 100 m**C73, S61, Z172,  
Q37b, X437,  
Y259, U161,  
V236, W102

Can you run 100 meters without difficulty?

|                               | LNU   |       | All   |       | All weighted |
|-------------------------------|-------|-------|-------|-------|--------------|
|                               | N     | %     | N     | %     | %            |
| 1 Yes                         | 345   | 47.2  | 348   | 46.6  | 47.0         |
| 2 No                          | 386   | 52.8  | 398   | 53.4  | 53.0         |
| Total                         | 731   | 100.0 | 746   | 100.0 | 100.0        |
| -6 No answer                  | 47    |       | 50    |       |              |
| -5 Bedridden or equivalent    | 8     |       | 9     |       |              |
| -4 Cannot walk 100 m or 500 m | 440   |       | 492   |       |              |
| Sum                           | 1 226 |       | 1 297 |       |              |

**L67****Walking up and down stairs**C74, S62, Z173,  
Q37c, X438,  
Y260, U162,  
V237, W103

Can you walk up and down stairs without difficulty?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 893   | 74.5  | 919   | 72.6  | 74.5         |
| 2 No                       | 306   | 25.5  | 347   | 27.4  | 25.5         |
| Total                      | 1 199 | 100.0 | 1 266 | 100.0 | 100.0        |
| -6 No answer               | 19    |       | 22    |       |              |
| -5 Bedridden or equivalent | 8     |       | 9     |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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**L68 Falls**

Have you at any time during the last 12 months fallen over?

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|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 1 Yes, once           | 233   | 19.1  | 246   | 19.1  | 18.9         |
| 2 Yes, more than once | 177   | 14.5  | 205   | 15.9  | 15.0         |
| 3 No                  | 807   | 66.3  | 836   | 65.0  | 66.2         |
| Total                 | 1 217 | 100.0 | 1 287 | 100.0 | 100.0        |
| -6 No answer          | 9     |       | 10    |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

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**L69 Hospitalised due to falling over**

Were you hospitalised due to any of the falls?

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|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 1 Yes, once           | 64    | 15.7  | 72    | 16.0  | 15.5         |
| 2 Yes, more than once | 21    | 5.1   | 23    | 5.1   | 5.2          |
| 3 No                  | 323   | 79.2  | 354   | 78.8  | 79.3         |
| Total                 | 408   | 100.0 | 449   | 100.0 | 100.0        |
| -6 No answer          | 11    |       | 12    |       |              |
| -5 Has not fallen     | 807   |       | 836   |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

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**Hearing and visual ability**

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**L70 Hearing: conversation with several others**cf. C168, cf. 122,  
cf. Z330, cf. Q66

Can you, with or without a hearing aid, hear what is said in a conversation between several persons without difficulty?

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|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes, without hearing aid | 767   | 63.1  | 789   | 61.3  | 63.2         |
| 2 Yes, with hearing aid    | 129   | 10.6  | 138   | 10.7  | 10.3         |
| 3 No                       | 320   | 26.3  | 360   | 28.0  | 26.5         |
| Total                      | 1 216 | 100.0 | 1 287 | 100.0 | 100.0        |
| -6 No answer               | 10    |       | 10    |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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**L71**      **Reading a newspaper**

S125, Z333

Can you read a newspaper without difficulties?

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|                                 | LNU   |       | All   |       | All weighted |
|---------------------------------|-------|-------|-------|-------|--------------|
|                                 | N     | %     | N     | %     | %            |
| 1 Yes, without glasses          | 133   | 10.9  | 141   | 10.7  | 11.0         |
| 2 Yes, with glasses             | 944   | 77.4  | 974   | 75.5  | 77.2         |
| 3 No, have certain difficulties | 74    | 6.1   | 87    | 6.7   | 6.0          |
| 4 No, not at all                | 69    | 5.7   | 88    | 6.8   | 5.8          |
| Total                           | 1 220 | 100.0 | 1 290 | 100.0 | 100.0        |
| -6 No answer                    | 6     |       | 7     |       |              |
| Sum                             | 1 226 |       | 1 297 |       |              |

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***Height and weight***

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**L72**      **Height**C86, S78, Z191,  
Q44, X440, Y262How tall are you? (cm)

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|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 145   | 145   | 145          |
| Maximum value  | 198   | 198   | 198          |
| Mean           | 169   | 169   | 169          |
| Std. Deviation | 9.2   | 9.2   | 9.2          |
| Valid          | 1 194 | 1 260 |              |
| -6 No answer   | 32    | 37    |              |
| Sum            | 1 226 | 1 297 |              |

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**L73**      **Weight**C87, S80, Z193,  
Q45, X441, Y263How much do you weigh? (kg)

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|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 40    | 40    | 40           |
| Maximum value  | 166   | 166   | 166          |
| Mean           | 73    | 73    | 73           |
| Std. Deviation | 14.2  | 14.2  | 14.2         |
| Valid          | 1 168 | 1 228 |              |
| -6 No answer   | 58    | 69    |              |
| Sum            | 1 226 | 1 297 |              |

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**L74****Body Mass Index (BMI), kg/m<sup>2</sup>**C88, S82, Z195,  
bmiCalculated from L72 and L73

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|                | LNU   | All   | All weighted |
|----------------|-------|-------|--------------|
| Minimum value  | 14.5  | 14.5  | 14.5         |
| Maximum value  | 61.7  | 61.7  | 61.7         |
| Mean           | 25.4  | 25.4  | 25.4         |
| Std. Deviation | 4.1   | 4.1   | 4.1          |
| Valid          | 1 155 | 1 213 |              |
| -6 No answer   | 71    | 84    |              |
| Sum            | 1 226 | 1 297 |              |

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***Depression***

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**Geriatric Depression Scale – GDS-4**

The following questions concern how you felt during the previous week.

**L75****Life satisfaction**Are you basically satisfied with your life?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 032 | 86.7  | 1 084 | 86.2  | 86.6         |
| 2 No         | 158   | 13.3  | 174   | 13.8  | 13.4         |
| Total        | 1 190 | 100.0 | 1 258 | 100.0 | 100.0        |
| -6 No answer | 36    |       | 39    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L76****Emptiness**Do you feel that your life is empty?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 265   | 22.8  | 295   | 24.0  | 22.8         |
| 2 No         | 896   | 77.2  | 934   | 76.0  | 77.2         |
| Total        | 1 161 | 100.0 | 1 229 | 100.0 | 100.0        |
| -6 No answer | 65    |       | 68    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L77**      **Fear of things happening**Are you afraid that something is going to happen to you?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 279   | 23.9  | 301   | 24.5  | 24.0         |
| 2 No         | 886   | 76.1  | 929   | 75.5  | 76.0         |
| Total        | 1 165 | 100.0 | 1 230 | 100.0 | 100.0        |
| -6 No answer | 61    |       | 67    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L78**      **Happy and content**Do you feel happy and content most of the time?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 030 | 87.5  | 1 083 | 87.1  | 87.6         |
| 2 No         | 147   | 12.5  | 160   | 12.9  | 12.4         |
| Total        | 1 177 | 100.0 | 1 243 | 100.0 | 100.0        |
| -6 No answer | 49    |       | 54    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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## *Diseases and disorders*

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### Have you had any of the following diseases or disorders during the last 12 months?

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**L79**      **Pain or aches in the chest**      C120, S83, Z297, Q64a, X456, Y281, U194, V261, W124

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 018 | 85.0  | 1 075 | 84.9  | 85.1         |
| 2 Yes, slight | 130   | 10.9  | 138   | 10.9  | 10.8         |
| 3 Yes, severe | 50    | 4.2   | 53    | 4.2   | 4.1          |
| Total         | 1 198 | 100.0 | 1 266 | 100.0 | 100.0        |
| -6 No answer  | 28    |       | 31    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L80**      **Heart problems**      C122, S86, Z300, Q64d, X463, Y287, U200, V267, W130

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 038 | 87.2  | 1 091 | 86.7  | 87.1         |
| 2 Yes, slight | 98    | 8.2   | 109   | 8.7   | 8.3          |
| 3 Yes, severe | 55    | 4.6   | 58    | 4.6   | 4.6          |
| Total         | 1 191 | 100.0 | 1 258 | 100.0 | 100.0        |
| -6 No answer  | 35    |       | 39    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L81**      **Arrhythmia/irregular heart rhythm**      C123

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 991   | 83.2  | 1 042 | 83.0  | 83.1         |
| 2 Yes, slight | 159   | 13.4  | 170   | 13.5  | 13.4         |
| 3 Yes, severe | 41    | 3.4   | 44    | 3.5   | 3.4          |
| Total         | 1 191 | 100.0 | 1 256 | 100.0 | 100.0        |
| -6 No answer  | 35    |       | 41    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L82 High blood pressure**C124, S87, Z301, Q64e,  
X464, Y288, U201, V268,  
W131

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 684   | 57.2  | 729   | 57.9  | 57.3         |
| 2 Yes, slight | 412   | 34.5  | 427   | 33.9  | 34.3         |
| 3 Yes, severe | 99    | 8.3   | 103   | 8.2   | 8.3          |
| Total         | 1 195 | 100.0 | 1 259 | 100.0 | 100.0        |
| -6 No answer  | 31    |       | 38    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L83 Pain or aches in shoulders**C121, S84, Z298, Q64b,  
X460, Y285, U198, V265,  
W128

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 734   | 61.1  | 775   | 61.2  | 61.0         |
| 2 Yes, slight | 330   | 27.5  | 347   | 27.4  | 27.5         |
| 3 Yes, severe | 137   | 11.4  | 145   | 11.4  | 11.5         |
| Total         | 1 201 | 100.0 | 1 267 | 100.0 | 100.0        |
| -6 No answer  | 25    |       | 30    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L84 Pain or aches in the back, hips,  
sciatica**C125, S88, Z302,  
Q64f, X467, Y291,  
U204, V271, W134

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 622   | 51.8  | 655   | 51.6  | 51.5         |
| 2 Yes, slight | 343   | 28.6  | 365   | 28.8  | 28.8         |
| 3 Yes, severe | 236   | 19.7  | 249   | 19.6  | 19.7         |
| Total         | 1 201 | 100.0 | 1 269 | 100.0 | 100.0        |
| -6 No answer  | 25    |       | 28    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L85 Pain or aches in hands or elbows**cf. S89, cf. Z303, cf.  
Q64C126, g, cf. X478, cf.  
Y302, cf. U215, cf. V282,  
cf. W145

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 849   | 70.7  | 890   | 70.2  | 70.5         |
| 2 Yes, slight | 240   | 20.0  | 260   | 20.5  | 20.1         |
| 3 Yes, severe | 112   | 9.3   | 118   | 9.3   | 9.4          |
| Total         | 1 201 | 100.0 | 1 268 | 100.0 | 100.0        |
| -6 No answer  | 25    |       | 29    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L86 Pain or aches in legs or knees**C127, cf. S89, cf. Z303,  
cf. Q64g, cf. X478, cf.  
Y302, cf. U215, cf. V282,  
cf. W145

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 636   | 53.1  | 667   | 52.8  | 53.2         |
| 2 Yes, slight | 341   | 28.5  | 365   | 28.9  | 28.3         |
| 3 Yes, severe | 220   | 18.4  | 232   | 18.4  | 18.5         |
| Total         | 1 197 | 100.0 | 1 264 | 100.0 | 100.0        |
| -6 No answer  | 29    |       | 33    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L87 General fatigue**C128, S90, Z304, Q64h,  
X479, Y303, U216, V283,  
W146

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 690   | 57.3  | 722   | 56.8  | 57.4         |
| 2 Yes, slight | 374   | 31.1  | 396   | 31.2  | 31.1         |
| 3 Yes, severe | 140   | 11.6  | 153   | 12.0  | 11.5         |
| Total         | 1 204 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer  | 22    |       | 26    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L88**      **Sleeping problems**C129, S91, Z305, Q64i,  
X480, Y304, U217, V284,  
W147

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 791   | 65.6  | 841   | 65.9  | 65.7         |
| 2 Yes, slight | 287   | 23.8  | 302   | 23.7  | 23.8         |
| 3 Yes, severe | 128   | 10.6  | 133   | 10.4  | 10.5         |
| Total         | 1 206 | 100.0 | 1 276 | 100.0 | 100.0        |
| -6 No answer  | 20    |       | 21    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L89**      **Nervous problems**

(anxiety, nervousness, anguish)

C130, S92, Z306, Q64j,  
X481, Y305, U218, V285,  
W148

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 964   | 80.1  | 1 005 | 79.1  | 80.0         |
| 2 Yes, slight | 179   | 14.9  | 199   | 15.7  | 15.0         |
| 3 Yes, severe | 61    | 5.1   | 67    | 5.3   | 5.1          |
| Total         | 1 204 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer  | 22    |       | 26    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L90**      **Depression, deep sadness**C131, S93, Z307, Q64k,  
X482, Y306, U219, V286,  
W149

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 051 | 87.9  | 1 100 | 87.1  | 87.9         |
| 2 Yes, slight | 100   | 8.4   | 116   | 9.2   | 8.5          |
| 3 Yes, severe | 44    | 3.7   | 47    | 3.7   | 3.7          |
| Total         | 1 195 | 100.0 | 1 263 | 100.0 | 100.0        |
| -6 No answer  | 31    |       | 34    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L91 Mental illness**C132, S94, Z308, Q64I,  
X483, Y307, U220, V287,  
W150

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 175 | 97.7  | 1 237 | 97.5  | 97.6         |
| 2 Yes, slight | 15    | 1.2   | 19    | 1.5   | 1.3          |
| 3 Yes, severe | 13    | 1.1   | 13    | 1.0   | 1.1          |
| Total         | 1 203 | 100.0 | 1 269 | 100.0 | 100.0        |
| -6 No answer  | 23    |       | 28    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L92 Dizziness**C133, S95, Z309, Q64m,  
X487, Y311, U224, V291,  
W154

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 849   | 70.5  | 887   | 69.8  | 70.5         |
| 2 Yes, slight | 292   | 24.3  | 315   | 24.8  | 24.2         |
| 3 Yes, severe | 63    | 5.2   | 69    | 5.4   | 5.3          |
| Total         | 1 204 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer  | 22    |       | 26    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L93 Weight loss**C135, S97, Z311, X489,  
Y313, U226, V293, W156

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 060 | 88.0  | 1 108 | 87.2  | 87.9         |
| 2 Yes, slight | 108   | 9.0   | 120   | 9.4   | 9.0          |
| 3 Yes, severe | 36    | 3.0   | 43    | 3.4   | 3.0          |
| Total         | 1 204 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer  | 22    |       | 26    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L94 Diabetes**C136, S98, Z312, Q64o,  
X497, Y321, U234, V301,  
W164

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 020 | 84.7  | 1 081 | 85.0  | 84.8         |
| 2 Yes, slight | 129   | 10.7  | 136   | 10.7  | 10.7         |
| 3 Yes, severe | 55    | 4.6   | 55    | 4.3   | 4.5          |
| Total         | 1 204 | 100.0 | 1 272 | 100.0 | 100.0        |
| -6 No answer  | 22    |       | 25    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L95 Urinary tract infections**C140, S111,  
X502, Y326

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 048 | 87.5  | 1 098 | 86.8  | 87.9         |
| 2 Yes, slight | 80    | 6.7   | 93    | 7.4   | 9.0          |
| 3 Yes, severe | 70    | 5.8   | 74    | 5.8   | 3.0          |
| Total         | 1 198 | 100.0 | 1 265 | 100.0 | 100.0        |
| -6 No answer  | 28    |       | 32    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L96 Prostate problems**cf. C141, cf. S103,  
cf. Z317, cf. Q64t,  
cf. X471, cf. Y295,  
cf. U208, cf. V275, cf.  
W138

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|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 370   | 71.0  | 391   | 69.6  | 70.9         |
| 2 Yes, slight    | 108   | 20.7  | 124   | 22.1  | 20.9         |
| 3 Yes, severe    | 43    | 8.3   | 47    | 8.4   | 8.3          |
| Total            | 521   | 100.0 | 562   | 100.0 | 100.0        |
| -6 No answer     | 24    |       | 27    |       |              |
| -5 IP is a women | 681   |       | 708   |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L97**      **Coronary thrombosis/myocardial infarction**C144, S85, Z299,  
Q64c, X461, Y286,  
U199, V266, W129

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 182 | 97.9  | 1 246 | 97.8  | 97.9         |
| 2 Yes, slight | 14    | 1.2   | 16    | 1.3   | 1.1          |
| 3 Yes, severe | 11    | 0.9   | 12    | 0.9   | 0.9          |
| Total         | 1 207 | 100.0 | 1 274 | 100.0 | 100.0        |
| -6 No answer  | 19    |       | 23    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L98**      **Cerebral thrombosis/stroke**C145, S99, Z313,  
Q64p, X462

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 158 | 96.3  | 1 219 | 95.9  | 96.1         |
| 2 Yes, slight | 33    | 2.7   | 39    | 3.1   | 2.9          |
| 3 Yes, severe | 12    | 1.0   | 13    | 1.0   | 1.0          |
| Total         | 1 203 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer  | 23    |       | 26    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L99**      **Malignant tumour/cancer**C146, S106, Z320, cf.  
Q64x, X495, Y319,  
U232, V299, W162

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|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 No          | 1 147 | 95.1  | 1 210 | 95.0  | 95.1         |
| 2 Yes, slight | 28    | 2.3   | 29    | 2.3   | 2.3          |
| 3 Yes, severe | 31    | 2.6   | 35    | 2.7   | 2.6          |
| Total         | 1 206 | 100.0 | 1 274 | 100.0 | 100.0        |
| -6 No answer  | 20    |       | 23    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

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**L100**      **Ever had cancer?**C154

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 245   | 20.3  | 259   | 20.3  | 20.3         |
| 2 No         | 963   | 79.7  | 1 016 | 79.7  | 79.7         |
| Total        | 1 208 | 100.0 | 1 275 | 100.0 | 100.0        |
| -6 No answer | 18    |       | 22    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L101**      **Ever had cerebral thrombosis, stroke?**C155

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 151   | 12.6  | 163   | 12.9  | 12.7         |
| 2 No         | 1 050 | 87.4  | 1 105 | 87.1  | 87.3         |
| Total        | 1 201 | 100.0 | 1 268 | 100.0 | 100.0        |
| -6 No answer | 25    |       | 29    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L102**      **Ever had coronary thrombosis,  
myocardial infarction?**C156

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 124   | 10.3  | 131   | 10.3  | 10.2         |
| 2 No         | 1 080 | 89.7  | 1 140 | 89.7  | 89.8         |
| Total        | 1 204 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer | 22    |       | 26    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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## Continence

**L103**

### Continence

Many elderly persons have problems controlling their urine. Have you had any such problems?

Cf. C157, cf. S114-119,  
cf. Z328, cf. Q56

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 1 Yes, often/always | 153   | 12.7  | 178   | 14.0  | 12.7         |
| 2 Yes, sometimes    | 244   | 20.3  | 256   | 20.1  | 20.1         |
| 3 No, never         | 807   | 67.0  | 837   | 65.9  | 67.1         |
| Total               | 1 204 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer        | 22    |       | 26    |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

## Health care utilisation

### L104 Short term care facility

C171

Have you been admitted to any short term form of care facility, for example respite care, convalescence or rehabilitation, during the last 12 months?

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes, once                 | 20    | 1.8   | 21    | 1.8   | 1.8          |
| 2 Yes, 2-3 times            | 3     | 0.3   | 4     | 0.3   | 0.2          |
| 3 Yes, 4 times or more      | 5     | 0.4   | 5     | 0.4   | 0.4          |
| 4 No                        | 1 095 | 97.5  | 1 130 | 97.4  | 97.5         |
| Total                       | 1 123 | 100.0 | 1 160 | 100.0 | 100.0        |
| -6 No answer                | 13    |       | 15    |       |              |
| -5 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L105 Medical attendance

C172, cf. Z337, cf. Z238,  
cf. Q69, cf. X511, cf. Y331,  
cf. U255, cf. V321,  
cf. W176

Have you at any time during the last 12 months consulted a doctor about your own diseases or disorders?

|                        | LNU   |       | All   |       | All weighted |
|------------------------|-------|-------|-------|-------|--------------|
|                        | N     | %     | N     | %     | %            |
| 1 Yes, once            | 357   | 29.6  | 371   | 29.2  | 29.4         |
| 2 Yes, 2-3 times       | 287   | 23.8  | 301   | 23.7  | 23.9         |
| 3 Yes, 4 times or more | 176   | 14.6  | 183   | 14.4  | 14.5         |
| 4 No                   | 385   | 32.0  | 414   | 32.6  | 32.2         |
| Total                  | 1 205 | 100.0 | 1 269 | 100.0 | 100.0        |
| -6 No answer           | 21    |       | 28    |       |              |
| Sum                    | 1 226 |       | 1 297 |       |              |

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**L106 District nurse**C181, cf. Z343, cf. Q71,  
cf. X515, cf. Y333, cf. U257,  
cf. V323, cf. W177Have you spoken to, visited or been visited by a  
district nurse or similar professional over the last 12  
months?

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|                        | LNU   |       | All   |       | All weighted |
|------------------------|-------|-------|-------|-------|--------------|
|                        | N     | %     | N     | %     | %            |
| 1 Yes, once            | 181   | 15.1  | 189   | 15.0  | 15.0         |
| 2 Yes, 2-3 times       | 163   | 13.6  | 168   | 13.3  | 13.5         |
| 3 Yes, 4 times or more | 210   | 17.5  | 235   | 18.6  | 17.8         |
| 4 No                   | 643   | 53.7  | 671   | 53.1  | 53.8         |
| Total                  | 1 197 | 100.0 | 1 263 | 100.0 | 100.0        |
| -6 No answer           | 29    |       | 34    |       |              |
| Sum                    | 1 226 |       | 1 297 |       |              |

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**L107 Dental care**C182, S130, Z344, Q75,  
cf. Q76, X516, Y334, U261,  
cf. V328, W182

Have you visited a dentist during the last 12 months?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 868   | 72.1  | 900   | 70.9  | 72.1         |
| 2 No         | 336   | 27.9  | 370   | 29.1  | 27.9         |
| Total        | 1 204 | 100.0 | 1 270 | 100.0 | 100.0        |
| -6 No answer | 22    |       | 27    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L108 Refraining from seeking dental care**C183, Z346, X517,  
cf. X518Have you at any time during the last 12 months  
refrained from visiting a dentist even though you needed  
to?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 63    | 5.2   | 73    | 5.8   | 5.4          |
| 2 No         | 1 140 | 94.8  | 1 195 | 94.2  | 94.6         |
| Total        | 1 203 | 100.0 | 1 268 | 100.0 | 100.0        |
| -6 No answer | 23    |       | 29    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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## Reason for refring seeking dental care

I answering yes in question L108, in what way? Several answers possible.

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### L109      Difficulties paying the patient's fee Cf. 184, cf. Z347, Z348, cf. X518

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|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not mentioned                        | 40    | 64.5  | 50    | 69.4  | 65.8         |
| 1 Mentioned                            | 22    | 35.5  | 22    | 30.6  | 34.2         |
| Total                                  | 62    | 100.0 | 72    | 100.0 | 100.0        |
| -6 No answer                           | 24    |       | 30    |       |              |
| -5 Did not refrain seeking dental care | 1 140 |       | 1 195 |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

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### L110      Difficulties getting to the dentist's surgery Cf. 184, cf. Z347, Z348, cf. X518

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|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not mentioned                        | 51    | 82.3  | 58    | 80.6  | 81.6         |
| 1 Mentioned                            | 11    | 17.7  | 14    | 19.4  | 18.4         |
| Total                                  | 62    | 100.0 | 72    | 100.0 | 100.0        |
| -6 No answer                           | 24    |       | 30    |       |              |
| -5 Did not refrain seeking dental care | 1 140 |       | 1 195 |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

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### L111      Not being able to sit in the dentist's chair Cf. 184, cf. Z347, Z348, cf. X518

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|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not mentioned                        | 55    | 88.7  | 65    | 90.3  | 89.1         |
| 1 Mentioned                            | 7     | 11.3  | 7     | 9.7   | 10.9         |
| Total                                  | 62    | 100.0 | 72    | 100.0 | 100.0        |
| -6 No answer                           | 24    |       | 30    |       |              |
| -5 Did not refrain seeking dental care | 1 140 |       | 1 195 |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

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**L112 Being scared of the dentist/lacking trust for dentists**

Cf. 184, cf. Z347, Z348, cf. X518

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not mentioned                        | 55    | 88.7  | 64    | 88.9  | 89.0         |
| 1 Mentioned                            | 7     | 11.3  | 8     | 11.1  | 11.0         |
| Total                                  | 62    | 100.0 | 72    | 100.0 | 100.0        |
| -6 No answer                           | 24    |       | 30    |       |              |
| -5 Did not refrain seeking dental care | 1 140 |       | 1 195 |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

**L113 Being too tired for dentist visit, not able to manage**

Cf. 184, cf. Z347, Z348, cf. X518

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not mentioned                        | 52    | 83.9  | 59    | 81.9  | 83.8         |
| 1 Mentioned                            | 10    | 16.1  | 13    | 18    | 16.2         |
| Total                                  | 62    | 100.0 | 72    | 100.0 | 100.0        |
| -6 No answer                           | 24    |       | 30    |       |              |
| -5 Did not refrain seeking dental care | 1 140 |       | 1 195 |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

**L114 Other reason not visiting a dentist**

Cf. 184, cf. Z347, Z348, cf. X518

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not mentioned                        | 41    | 66.1  | 48    | 66.7  | 66.4         |
| 1 Mentioned                            | 21    | 33.9  | 24    | 33.3  | 33.6         |
| Total                                  | 62    | 100.0 | 72    | 100.0 | 100.0        |
| -6 No answer                           | 24    |       | 30    |       |              |
| -5 Did not refrain seeking dental care | 1 140 |       | 1 195 |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

## Dental health

### L115 Functional dental health

C185, S126, Z350, Q77,  
X519, Y336, cf. U269,  
cf. V336, cf. W185

Which of the following statements best describes the condition of your teeth?

|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 No teeth or only a few                          | 12    | 1.0   | 14    | 1.1   | 1.0          |
| 2 Complete or partial dentures                    | 186   | 15.4  | 210   | 16.5  | 15.5         |
| 3 Own teeth, but in poor shape, many missing etc. | 58    | 4.8   | 66    | 5.2   | 4.7          |
| 4 Own teeth, many fillings, bridges or implants   | 687   | 57.0  | 706   | 55.5  | 57.1         |
| 5 Own teeth in good shape, few or no fillings     | 262   | 21.7  | 275   | 21.6  | 21.7         |
| Total   | 1 205 | 100.0 | 1 271 | 100.0 | 100.0        |
| -6 No answer                                      | 21    |       | 26    |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

### L116 Chewing hard food

C187, S131, Z352, Q79

Can you chew hard food such as hard bread or apples?

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes, without difficulty  | 967   | 79.7  | 1 004 | 78.2  | 79.7         |
| 2 Yes, but must be careful | 194   | 16.0  | 214   | 16.7  | 16.1         |
| 3 No, not at all           | 53    | 4.4   | 66    | 5.1   | 4.2          |
| Total                      | 1 214 | 100.0 | 1 284 | 100.0 | 100.0        |
| -6 No answer               | 12    |       | 13    |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

## Health behaviours

### L117 Smoking

Do you smoke or have you previously smoked?

C189, Z358, Q83, X522, Y340,  
cf. U278, cf. V340, cf. W202, cf.  
W203

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Yes, but less than 10 cigarettes or equivalent a day | 58    | 4.8   | 58    | 4.5   | 4.7          |
| 2 Yes, 10 or more cigarettes or equivalent a day       | 40    | 3.3   | 40    | 3.1   | 3.3          |
| 3 Have quit smoking                                    | 499   | 40.9  | 523   | 40.5  | 40.8         |
| 4 No, have never smoked                                | 622   | 51.0  | 669   | 51.9  | 51.3         |
| Total  | 1 219 | 100.0 | 1 290 | 100.0 | 100.0        |
| -6 No answer   | 7     |       | 7     |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

### L118 Frequency of alcohol usage

How often do you drink wine, strong beer or spirits?

C191, Z362, Q86, cf. X526,  
cf. Z361, cf. Q85, cf. X525,  
cf. Y343, cf. U280, cf. V341,  
cf. W204

|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Almost every day (at least 5 days a week) | 65    | 5.3   | 69    | 5.4   | 5.3          |
| 2 Several times a week (3-4 times a week)   | 87    | 7.2   | 89    | 6.9   | 7.1          |
| 3 A few times a week (1-2 times a week)     | 291   | 24.0  | 295   | 22.9  | 23.9         |
| 4 2-3 times a month                         | 110   | 9.1   | 113   | 8.8   | 9.1          |
| 5 Once a month                              | 98    | 8.1   | 103   | 8.8   | 7.9          |
| 6 1-6 times a year                          | 236   | 19.4  | 258   | 20.1  | 19.6         |
| 7 Never                                     | 328   | 27.0  | 359   | 27.9  | 27.1         |
| Total                                       | 1 215 | 100.0 | 1 286 | 100.0 | 100.0        |
| -6 No answer                                | 11    |       | 11    |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

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**L119****Amount of alcohol usage**

C192, cf. X527

On a typical day when you drink alcohol, how many glasses of alcohol do you drink?

A glass is equivalent to one strong beer, a glass of wine, 4 cl of spirits or the equivalent.

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|       |                           | LNU   |       | All |       | All weighted |
|-------|---------------------------|-------|-------|-----|-------|--------------|
|       |                           | N     | %     | N   | %     | %            |
| 1     | 1 glass                   | 508   | 58.0  | 542 | 59.3  | 58.1         |
| 2     |                           | 297   | 33.9  | 301 | 32.9  | 33.8         |
| 3     |                           | 51    | 5.8   | 51  | 5.6   | 5.8          |
| 4     |                           | 11    | 1.3   | 11  | 1.2   | 1.3          |
| 5     |                           | 5     | 0.6   | 5   | 0.5   | 0.6          |
| 6     |                           | 2     | 0.2   | 2   | 0.2   | 0.2          |
| 7     | 7 glasses                 | 2     | 0.2   | 2   | 0.2   | 0.2          |
| Total |                           | 876   | 100.0 | 914 | 100.0 | 100.0        |
| -6    | No answer                 | 22    |       | 24  |       |              |
| -5    | IP does not drink alcohol | 328   |       | 359 |       |              |
| Sum   |                           | 1 226 |       | 383 |       |              |

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## Cognitive tests

### L120 Registration

C194, S243,  
Z523, Q135

*Direct interviews only.*

Now I would like to do some memory tests. I will start by naming three objects that I would like you to remember: key, toothbrush, lamp. Can you please repeat the objects?

|                                   | LNU   |       | All   |       | All weighted |
|-----------------------------------|-------|-------|-------|-------|--------------|
|                                   | N     | %     | N     | %     | %            |
| 1 Yes, IP repeated the words      | 896   | 97.3  | 926   | 96.9  | 97.2         |
| 2 No, IP did not repeat the words | 25    | 2.7   | 30    | 3.1   | 2.8          |
| Total                             | 921   | 100.0 | 956   | 100.0 | 100.0        |
| -2 Indirect interview             | 103   |       | 120   |       |              |
| -1 Questionnaire                  | 202   |       | 221   |       |              |
| Sum                               | 1 226 |       | 1 297 |       |              |

### Orientation

cf. Q136

*Direct interviews only.*

### L121 Weekday

C195, S246,  
Z524

Which day of the week is it today?

|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 1 Correct answer      | 884   | 96.5  | 913   | 96.1  | 96.4         |
| 2 Incorrect answer    | 32    | 3.5   | 37    | 3.9   | 3.6          |
| Total                 | 916   | 100.0 | 950   | 100.0 | 100.0        |
| -6 No answer          | 5     |       | 6     |       |              |
| -2 Indirect interview | 103   |       | 120   |       |              |
| -1 Questionnaire      | 202   |       | 221   |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

**L122****Year**C196, S247,  
Z525, Q136a

What year is it now?

|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 1 Correct answer      | 873   | 95.4  | 902   | 95.1  | 95.4         |
| 2 Incorrect answer    | 42    | 4.6   | 46    | 4.9   | 4.6          |
| Total                 | 915   | 100.0 | 948   | 100.0 | 100.0        |
| -6 No answer          | 6     |       | 8     |       |              |
| -2 Indirect interview | 103   |       | 120   |       |              |
| -1 Questionnaire      | 202   |       | 221   |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

**L123****Month**C197, S248,  
Z526, Q136b

Which month is it now?

|                       | LNU  |       | All   |       | All weighted |
|-----------------------|------|-------|-------|-------|--------------|
|                       | N    | %     | N     | %     | %            |
| 1 Correct answer      | 884  | 96.3  | 914   | 96.1  | 96.2         |
| 2 Incorrect answer    | 34   | 3.7   | 37    | 3.9   | 3.8          |
| Total                 | 918  | 100.0 | 951   | 100.0 | 100.0        |
| -6 No answer          | 3    |       | 5     |       |              |
| -2 Indirect interview | 103  |       | 120   |       |              |
| -1 Questionnaire      | 202  |       | 221   |       |              |
| Sum                   | 1226 |       | 1 297 |       |              |

**L124****Date**C198, S249,  
Z527, cf. Q136c

What is today's date? (If IP answers with yesterday's date or tomorrow's, the interviewer should make a note of this)

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 1 Correct answer                             | 720   | 80.1  | 740   | 79.7  | 80.2         |
| 2 Incorrect answer                           | 80    | 8.9   | 86    | 9.3   | 8.9          |
| 3 IP answered yesterday's or tomorrow's date | 99    | 11.0  | 102   | 11.0  | 10.9         |
| Total  | 899   | 100.0 | 928   | 100.0 | 100.0        |
| -6 No answer                                 | 22    |       | 28    |       |              |
| -2 Indirect interview                        | 103   |       | 120   |       |              |
| -1 Questionnaire                             | 202   |       | 221   |       |              |
| Sum  | 1 226 |       | 1 297 |       |              |

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**L125****Country**C199, S250, Z528,  
Q136dWhat country are we in?

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|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 1 Correct answer      | 915   | 99.8  | 950   | 99.8  | 99.8         |
| 2 Incorrect answer    | 2     | 0.2   | 2     | 0.2   | 0.2          |
| Total                 | 917   | 100.0 | 952   | 100.0 | 100.0        |
| -6 No answer          | 4     |       | 4     |       |              |
| -2 Indirect interview | 103   |       | 120   |       |              |
| -1 Questionnaire      | 202   |       | 221   |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

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**Delayed recall**

Q137

*Direct interviews only.*

Could you please repeat the three items I mentioned before?

The order does not matter.

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**L126****Key**C200, S251, Z529,  
Q137a

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 IP can repeat the item    | 719   | 79.3  | 737   | 78.6  | 79.2         |
| 2 IP cannot repeat the item | 188   | 20.7  | 201   | 21.4  | 20.8         |
| Total                       | 907   | 100.0 | 938   | 100.0 | 100.0        |
| -6 No answer                | 14    |       | 18    |       |              |
| -2 Indirect interview       | 103   |       | 120   |       |              |
| -1 Questionnaire            | 202   |       | 221   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L127****Toothbrush**C201, S252, Z530,  
Q137b

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 IP can repeat the item    | 688   | 75.7  | 708   | 75.3  | 75.8         |
| 2 IP cannot repeat the item | 221   | 24.3  | 232   | 24.7  | 24.2         |
| Total                       | 909   | 100.0 | 940   | 100.0 | 100.0        |
| -6 No answer                | 12    |       | 16    |       |              |
| -2 Indirect interview       | 103   |       | 120   |       |              |
| -1 Questionnaire            | 202   |       | 221   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L128      Lamp**C202, S253, Z531,  
Q137c

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 IP can repeat the item    | 647   | 71.0  | 668   | 70.8  | 71.0         |
| 2 IP cannot repeat the item | 264   | 29.0  | 275   | 29.2  | 29.0         |
| Total                       | 911   | 100.0 | 943   | 100.0 | 100.0        |
| -6 No answer                | 10    |       | 13    |       |              |
| -2 Indirect interview       | 103   |       | 120   |       |              |
| -1 Questionnaire            | 202   |       | 221   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**Attention/concentration**

cf. Q138

*Direct interviews only.*

Subtract seven (7) from 100. Then keep subtracting seven (7) from what is left.

A correct answer is only depending on the last answer; the answer is correct as long as it is the last number stated minus seven even if the last answer was incorrect.

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**L129      Number of correct answers**C203, cf. S260,  
cf. Z537Summarised index of L130-L134.

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|                       | LNU   |       | All   |       | All weighted |
|-----------------------|-------|-------|-------|-------|--------------|
|                       | N     | %     | N     | %     | %            |
| 0 No correct answers  | 43    | 4.6   | 49    | 5.1   | 4.8          |
| 1 1 correct answer    | 224   | 24.2  | 237   | 24.7  | 24.3         |
| 2 2 correct answers   | 60    | 6.5   | 63    | 6.6   | 6.5          |
| 3 3 correct answers   | 45    | 4.9   | 48    | 5.0   | 4.9          |
| 4 4 correct answers   | 33    | 3.6   | 33    | 3.4   | 3.5          |
| 5 5 correct answers   | 520   | 56.2  | 530   | 55.2  | 56.0         |
| Total                 | 925   | 100.0 | 960   | 100.0 | 100.0        |
| -2 Indirect interview | 99    |       | 116   |       |              |
| -1 Questionnaire      | 202   |       | 221   |       |              |
| Sum                   | 1 226 |       | 1 297 |       |              |

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|             |   |                             |
|-------------|---|-----------------------------|
| <b>L130</b> | <b>First answer</b>                       | C204, S255, Z532            |
| <b>L131</b> | <b>Second answer</b>                      | C205, S256, Z533            |
| <b>L132</b> | <b>Third answer</b>                       | C206, S257, Z534            |
| <b>L133</b> | <b>Fourth answer</b>                      | C207, S258, Z535            |
| <b>L134</b> | <b>Fifth answer</b>                       | C208, S259, Z536            |
| <b>L135</b> | <b>Mini-mental state examination (14)</b> | cf. C216, S261,<br>cf. Z546 |

Cognitive performance is based on items from the Mini Mental State Examination (Folstein et al., 1975). The short form consists of four items:

1. Registration: Registering and repeating three objects (one point if all three registered after one trail).
2. Orientation: Which year/month/date is it now? What country are we in? (one point each).
3. Delayed recall: Repeat the three objects from the first task (one point each).
4. Attention/concentration: Subtract 7 from 100, repeat five times (one points each).

Thus, the scoring range is between 0 and 14, with values rounded to the closest integer. All missing values were treated as incorrect answers. Similar versions of the test have been described in detail by Parker, Gatz and Thorslund (Parker et al., 1996).

|                       | LNU   | All   | All weighted |
|-----------------------|-------|-------|--------------|
| Minimum value         | 1     | 1     | 1            |
| Maximum value         | 14    | 14    | 14           |
| Mean                  | 12.1  | 12.1  | 12.1         |
| Std. Deviation        | 2.2   | 2.2   | 2.2          |
| Valid                 | 785   | 808   |              |
| -6 No answer          | 140   | 152   |              |
| -2 Indirect interview | 99    | 116   |              |
| -1 Questionnaire      | 202   | 221   |              |
| Sum                   | 1 226 | 1 297 |              |

# To cope with everyday life

## IADL – Instrumental Activities of Daily Living

The questions L136 – L150 are not answered by those currently living in institutional care.

### L136 Buying food

C218, S132, Z364, Q88

Do you usually buy food yourself?

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes, completely by myself | 719   | 63.5  | 731   | 62.4  | 63.5         |
| 2 Yes, with help            | 277   | 24.5  | 284   | 24.3  | 24.5         |
| 3 No, not at all            | 136   | 12.0  | 156   | 13.3  | 12.1         |
| Total                       | 1 132 | 100.0 | 1 171 | 100.0 | 100.0        |
| -6 No answer                | 4     |       | 4     |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L137 Ability to buy food

C228, S143, Z375, Q90

Would you be able to buy food if you had to?

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes                       | 281   | 68.4  | 289   | 66.0  | 68.2         |
| 2 No                        | 130   | 31.6  | 149   | 34.0  | 31.8         |
| Total                       | 411   | 100.0 | 438   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 6     |       |              |
| -5 No help needed           | 719   |       | 731   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L138**      **Preparing food/cooking**

C229, S145, Z377, cf. Q91

Do you usually prepare food yourself?

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes, completely by myself | 760   | 67.3  | 775   | 66.3  | 67.3         |
| 2 Yes, with help            | 178   | 15.8  | 185   | 15.8  | 15.7         |
| 3 No, not at all            | 192   | 17.0  | 209   | 17.9  | 17.0         |
| Total                       | 1 130 | 100.0 | 1 169 | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 6     |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L139**      **Ability to prepare food/cook**

C239, S156, Z388, Q93

Would you be able to prepare food if you had to?

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes                       | 272   | 74.1  | 281   | 71.9  | 74.2         |
| 2 No                        | 95    | 25.9  | 110   | 28.1  | 25.8         |
| Total                       | 367   | 100.0 | 391   | 100.0 | 100.0        |
| -6 No answer                | 9     |       | 9     |       |              |
| -5 No help needed           | 760   |       | 775   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L140**      **Housecleaning**

C240, S158, Z390, Q94

Do you usually clean the house by yourself?

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes, completely by myself | 612   | 54.2  | 618   | 52.9  | 54.2         |
| 2 Yes, with help            | 326   | 28.8  | 336   | 28.8  | 28.8         |
| 3 No, not at all            | 192   | 17.0  | 214   | 18.3  | 17.0         |
| Total                       | 1 130 | 100.0 | 1 168 | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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## Help to clean

If answering no or help needed, who usually helps you with the cleaning?

Several answers possible.

### L141 Husband/wife/cohabitant

C241, S159, Z391, Q95a

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 209   | 40.3  | 235   | 42.7  | 40.4         |
| 1 Mentioned                 | 309   | 59.7  | 315   | 57.3  | 59.6         |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L142 Daughter

C242, S160, Z392

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 489   | 94.4  | 515   | 93.6  | 94.1         |
| 1 Mentioned                 | 29    | 5.6   | 35    | 6.4   | 5.9          |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L143 Son

C243, S161, Z393

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 503   | 97.1  | 532   | 96.7  | 97.1         |
| 1 Mentioned                 | 15    | 2.9   | 18    | 3.3   | 2.9          |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L144 Other female relative**C244, S162, Z394

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 507   | 97.9  | 538   | 97.8  | 97.8         |
| 1 Mentioned                 | 11    | 2.1   | 12    | 2.2   | 2.2          |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L145 Other male relative**C245, S163, Z395

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 516   | 99.6  | 548   | 99.6  | 99.6         |
| 1 Mentioned                 | 2     | 0.4   | 2     | 0.4   | 0.4          |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L146 Other person**C246, S164, Z396

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 506   | 97.7  | 537   | 97.6  | 97.7         |
| 1 Mentioned                 | 12    | 2.3   | 13    | 2.4   | 2.3          |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L147 The home-care services**C247, S165, Z397, cf. Q95f

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 420   | 81.1  | 436   | 79.3  | 81.5         |
| 1 Mentioned                 | 98    | 18.9  | 114   | 20.7  | 18.5         |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L148 Privately paid help**C248, S166, Z398

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 445   | 85.9  | 470   | 85.5  | 85.5         |
| 1 Mentioned                 | 73    | 14.1  | 80    | 14.5  | 14.5         |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L149 Volunteer organisation**

C249, S167, Z399

(Red Cross, the church etc.)

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|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 517   | 99.8  | 549   | 99.8  | 99.8         |
| 1 Mentioned                 | 1     | 0.2   | 1     | 0.2   | 0.2          |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L150****Ability to clean**C250, S169, Z401, cf. Q96,  
cf. CLEANWould you be able to do the cleaning yourself  
if you had to?

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes                       | 317   | 61.2  | 325   | 59.1  | 61.1         |
| 2 No                        | 201   | 38.8  | 225   | 40.9  | 38.9         |
| Total                       | 518   | 100.0 | 550   | 100.0 | 100.0        |
| -6 No answer                | 6     |       | 7     |       |              |
| -5 No help needed           | 612   |       | 618   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

**L151****Summarised index of IADL**

C251, S190, Z422, cf. IADL

Number of IADL tasks buying food (L136),  
preparing food/cooking (L138) and cleaning the  
house (L140) that the IP could manage  
completely by him/herself.

|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not able to perform any of the tasks | 58    | 5.1   | 69    | 5.9   | 5.1          |
| 1 Able to perform one of the tasks     | 69    | 6.1   | 79    | 6.8   | 6.2          |
| 2 Able to perform two of the tasks     | 117   | 10.4  | 122   | 10.5  | 10.4         |
| 3 Able to perform all three tasks      | 884   | 78.4  | 896   | 76.8  | 78.3         |
| Total                                  | 1 128 | 100.0 | 1 166 | 100.0 | 100.0        |
| -6 No answer                           | 8     |       | 9     |       |              |
| -3 Living in an institution            | 90    |       | 122   |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |



## ADL – Activities of Daily Living

### L152 Eating

C263, S184, Z416, Q97

Can you eat by yourself?

|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Yes, manage completely by myself | 1 092 | 90.0  | 1 148 | 89.6  | 89.8         |
| 2 Yes, with help                   | 17    | 1.4   | 20    | 1.6   | 1.5          |
| 3 No, not at all                   | 105   | 8.6   | 113   | 8.8   | 8.6          |
| Total                              | 1 214 | 100.0 | 1 281 | 100.0 | 100.0        |
| -6 No answer                       | 12    |       | 16    |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

### L153 Toilet visits

C264, S185, Z417, Q98

Can you go to the toilet by yourself?

|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Yes, manage completely by myself | 1 065 | 87.7  | 1 116 | 87.1  | 87.7         |
| 2 Yes, with help                   | 40    | 3.3   | 47    | 3.7   | 3.3          |
| 3 No, not at all                   | 110   | 9.1   | 119   | 9.3   | 9.0          |
| Total                              | 1 215 | 100.0 | 1 282 | 100.0 | 100.0        |
| -6 No answer                       | 11    |       | 15    |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

### L154 Bathing or showering

C252, S171, cf. Z403, Q102

Can you bathe/shower by yourself?

|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Yes, manage completely by myself | 986   | 81.2  | 1 019 | 79.5  | 81.4         |
| 2 Yes, with help                   | 97    | 8.0   | 128   | 10.0  | 8.1          |
| 3 No, not at all                   | 131   | 10.8  | 134   | 10.5  | 10.5         |
| Total                              | 1 214 | 100.0 | 1 281 | 100.0 | 100.0        |
| -6 No answer                       | 12    |       | 16    |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

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**L155 Hair/head washing**

C268, S189, Z421, Q104

Can you wash your hair/head by yourself?

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|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Yes, manage completely by myself | 998   | 82.2  | 1 032 | 80.6  | 82.2         |
| 2 Yes, with help                   | 83    | 6.8   | 110   | 8.6   | 7.0          |
| 3 No, not at all                   | 133   | 11.0  | 139   | 10.9  | 10.8         |
| Total                              | 1 214 | 100.0 | 1 281 | 100.0 | 100.0        |
| -6 No answer                       | 12    |       | 16    |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

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**L156 Dressing and undressing**

C265, S186, Z418, Q100

Can you dress and undress yourself?

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|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Yes, manage completely by myself | 1 035 | 85.3  | 1 081 | 84.4  | 85.3         |
| 2 Yes, with help                   | 66    | 5.4   | 78    | 6.1   | 5.4          |
| 3 No, not at all                   | 113   | 9.3   | 122   | 9.5   | 9.3          |
| Total                              | 1 214 | 100.0 | 1 281 | 100.0 | 100.0        |
| -6 No answer                       | 12    |       | 16    |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

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**L157 Getting up and going to bed**

C266, S187, Z419, Q101

Can you get in and out of bed by yourself?

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|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Yes, manage completely by myself | 1 060 | 87.4  | 1 110 | 86.7  | 87.4         |
| 2 Yes, with help                   | 40    | 3.3   | 49    | 3.8   | 3.3          |
| 3 No, not at all                   | 113   | 9.3   | 121   | 9.5   | 9.3          |
| Total                              | 1 213 | 100.0 | 1 280 | 100.0 | 100.0        |
| -6 No answer                       | 13    |       | 17    |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

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**L158 Summarised index of ADL (5 tasks)**C270, cf. Z424,  
cf. ADL2

Number of tasks IP could manage without help.  
Summarised index based on tasks in L152 (eating), L153 (toilet visits), L155 (hair/head washing), L156 (dressing and undressing) and L157 (getting up and going to bed).

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|  | LNU   |       | All   |       | All weighted |
|--|-------|-------|-------|-------|--------------|
|  | N     | %     | N     | %     | %            |
| 0 Not able to perform any of the tasks | 94    | 7.8   | 101   | 7.9   | 7.9          |
| 1 One of the tasks                     | 43    | 3.6   | 51    | 4.0   | 3.5          |
| 2 Two of the tasks                     | 17    | 1.4   | 20    | 1.6   | 1.4          |
| 3 Three of the tasks                   | 23    | 1.9   | 29    | 2.3   | 2.0          |
| 4 Four of the tasks                    | 64    | 5.3   | 74    | 5.8   | 5.1          |
| 5 Managed all five tasks               | 967   | 80.0  | 1 000 | 78.4  | 80.1         |
| Total                                  | 1 208 | 100.0 | 1 275 | 100.0 | 100.0        |
| -6 One or several answers missing      | 18    |       | 22    |       |              |
| Sum                                    | 1 226 |       | 1 297 |       |              |

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## Home-care service

### L159 Dichotomised home-care service

C271, S194, Z427,  
Q72

Over the last 12 months have you or anyone else in your household received help with practical or personal tasks from the home-care services?

The questions L160-L are not answered by those currently living in institutional care.

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes                       | 142   | 12.5  | 156   | 13.3  | 12.2         |
| 2 No                        | 993   | 87.5  | 1 017 | 86.7  | 87.8         |
| Total                       | 1 135 | 100.0 | 1 173 | 100.0 | 100.0        |
| -6 No answer                | 1     |       | 2     |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### If yes, who in the household received help?

Several answers possible.

### L160 Yes, I have myself

C272, S194, Z427, Q72

|                                  | LNU   |       | All   |       | All weighted |
|----------------------------------|-------|-------|-------|-------|--------------|
|                                  | N     | %     | N     | %     | %            |
| 0 Not mentioned                  | 25    | 17.6  | 25    | 16.0  | 17.4         |
| 1 Mentioned                      | 117   | 82.4  | 131   | 84.0  | 82.6         |
| Total                            | 1 42  | 100.0 | 156   | 100.0 | 100.0        |
| -6 No answer                     | 1     |       | 2     |       |              |
| -5 Receive no home-care services | 993   |       | 1 017 |       |              |
| -3 Living in an institution      | 90    |       | 122   |       |              |
| Sum                              | 1 226 |       | 1 297 |       |              |

### L161 Yes, my husband/wife/cohabitant

C273

|                                  | LNU   |       | All   |       | All weighted |
|----------------------------------|-------|-------|-------|-------|--------------|
|                                  | N     | %     | N     | %     | %            |
| 0 Not mentioned                  | 115   | 81.0  | 128   | 82.1  | 81.0         |
| 1 Mentioned                      | 27    | 19.0  | 28    | 17.9  | 19.0         |
| Total                            | 1 42  | 100.0 | 156   | 100.0 | 100.0        |
| -6 No answer                     | 1     |       | 2     |       |              |
| -5 Receive no home-care services | 993   |       | 1 017 |       |              |
| -3 Living in an institution      | 90    |       | 122   |       |              |
| Sum                              | 1 226 |       | 1 297 |       |              |

**L162 Yes, someone else in the family**

C274

|                                  | LNU   |       | All   |       | All weighted |
|----------------------------------|-------|-------|-------|-------|--------------|
|                                  | N     | %     | N     | %     | %            |
| 0 Not mentioned                  | 137   | 96.5  | 151   | 96.8  | 96.4         |
| 1 Mentioned                      | 5     | 3.5   | 5     | 3.2   | 3.6          |
| Total                            | 142   | 100.0 | 156   | 100.0 | 100.0        |
| -6 No answer                     | 1     |       | 2     |       |              |
| -5 Receive no home-care services | 993   |       | 1 017 |       |              |
| -3 Living in an institution      | 90    |       | 122   |       |              |
| Sum                              | 1 226 |       | 1 297 |       |              |

**L163 Frequency of visits by home-care services**C275, cf. S195,  
cf. Z428, cf. Q73

How often does someone in your household get help from the home-care services?

|                                       | LNU   |       | All   |       | All weighted |
|---------------------------------------|-------|-------|-------|-------|--------------|
|                                       | N     | %     | N     | %     | %            |
| 1 Yes, daily                          | 86    | 64.7  | 94    | 63.1  | 64.1         |
| 2 Yes, several times a week           | 11    | 8.3   | 14    | 9.4   | 9.3          |
| 3 Yes, once a week                    | 10    | 7.5   | 11    | 7.4   | 7.3          |
| 4 Yes, a few or several times a month | 16    | 12.0  | 18    | 12.8  | 11.6         |
| 5 Less often                          | 10    | 7.5   | 10    | 7.4   | 7.8          |
| Total                                 | 133   | 100.0 | 147   | 100.0 | 100.0        |
| -6 No answer                          | 10    |       | 11    |       |              |
| -5 Receive no home-care services      | 993   |       | 1 017 |       |              |
| -3 Living in an institution           | 90    |       | 122   |       |              |
| Sum                                   | 1 226 |       | 1 297 |       |              |

**L164 Privately paid help**

C276, Z431

Have you paid for help with housework, such as cleaning, during the last 12 months?

|                                       | LNU   |       | All   |       | All weighted |
|---------------------------------------|-------|-------|-------|-------|--------------|
|                                       | N     | %     | N     | %     | %            |
| 1 Yes, daily or several times a week  | 5     | 0.4   | 5     | 0.4   | 0.4          |
| 2 Yes, once a week                    | 12    | 1.1   | 14    | 1.2   | 1.1          |
| 3 Yes, a few or several times a month | 71    | 6.3   | 77    | 6.6   | 6.3          |
| 4 Yes, less often                     | 109   | 9.7   | 110   | 9.5   | 9.5          |
| 5 No, never                           | 928   | 82.5  | 957   | 82.3  | 82.7         |
| Total                                 | 1 125 | 100.0 | 1 163 | 100.0 | 100.0        |
| -6 No answer                          | 11    |       | 12    |       |              |
| -3 Living in an institution           | 90    |       | 122   |       |              |
| Sum                                   | 1 226 |       | 1 297 |       |              |

## Help and social support from relatives and friends

### L165 Dichotomy - Getting help with household tasks from relatives or friends

cf. C277

Do you normally get help with household tasks from relatives or friends?

The questions L165 – L172 are not answered by those currently living in institutional care.

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes                       | 282   | 23.0  | 301   | 25.9  | 25.0         |
| 2 No                        | 842   | 68.7  | 860   | 74.1  | 75.0         |
| Total                       | 1 124 | 100.0 | 1 161 | 100.0 | 100.0        |
| -6 No answer                | 12    |       | 14    |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L166 Frequency of getting help with household tasks from relatives or friends

cf. C277

Do you normally get help with household tasks from relatives or friends?

|                                       | LNU   |       | All   |       | All weighted |
|---------------------------------------|-------|-------|-------|-------|--------------|
|                                       | N     | %     | N     | %     | %            |
| 1 Yes, daily or several times a week  | 95    | 8.5   | 100   | 8.6   | 8.4          |
| 2 Yes, once a week                    | 47    | 4.2   | 54    | 4.7   | 4.4          |
| 3 Yes, a few or several times a month | 56    | 5.0   | 61    | 5.3   | 4.8          |
| 4 Yes, less often                     | 84    | 7.5   | 86    | 7.4   | 7.4          |
| 5 No, never                           | 842   | 74.9  | 860   | 74.1  | 75.0         |
| Total                                 | 1 124 | 100.0 | 1 161 | 100.0 | 100.0        |
| -6 No answer                          | 12    |       | 14    |       |              |
| -3 Living in an institution           | 90    |       | 122   |       |              |
| Sum                                   | 1 226 |       | 1 297 |       |              |

## If yes, who is it that normally helps you?

Several answers possible.

### L167 Husband/wife/cohabitant

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 190   | 67.1  | 207   | 68.5  | 66.9         |
| 1 Mentioned                 | 93    | 32.9  | 95    | 31.5  | 33.1         |
| Total                       | 283   | 100.0 | 302   | 100.0 | 100.0        |
| -6 No answer                | 11    |       | 13    |       |              |
| -5 No help received         | 842   |       | 860   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L168 Daughter

cf. C278

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 172   | 60.8  | 181   | 59.9  | 60.8         |
| 1 Mentioned                 | 111   | 39.2  | 121   | 40.1  | 39.2         |
| Total                       | 283   | 100.0 | 302   | 100.0 | 100.0        |
| -6 No answer                | 11    |       | 13    |       |              |
| -5 No help received         | 842   |       | 860   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

### L169 Son

cf. C279

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 204   | 72.1  | 215   | 71.2  | 72.7         |
| 1 Mentioned                 | 79    | 27.9  | 87    | 28.8  | 27.3         |
| Total                       | 283   | 100.0 | 302   | 100.0 | 100.0        |
| -6 No answer                | 11    |       | 13    |       |              |
| -5 No help received         | 842   |       | 860   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L170 Other female relative**

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cf. C280

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 251   | 88.7  | 267   | 88.4  | 88.6         |
| 1 Mentioned                 | 32    | 11.3  | 35    | 11.6  | 11.4         |
| Total                       | 283   | 100.0 | 302   | 100.0 | 100.0        |
| -6 No answer                | 11    |       | 13    |       |              |
| -5 No help received         | 842   |       | 860   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L171 Other male relative**

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cf. C281

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 271   | 95.8  | 290   | 96.0  | 95.7         |
| 1 Mentioned                 | 12    | 4.2   | 12    | 4.0   | 4.3          |
| Total                       | 283   | 100.0 | 302   | 100.0 | 100.0        |
| -6 No answer                | 11    |       | 13    |       |              |
| -5 No help received         | 842   |       | 860   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L172 Other person**

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cf. C282

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 0 Not mentioned             | 255   | 90.1  | 274   | 90.7  | 90.0         |
| 1 Mentioned                 | 28    | 9.9   | 28    | 9.3   | 10.0         |
| Total                       | 283   | 100.0 | 302   | 100.0 | 100.0        |
| -6 No answer                | 11    |       | 13    |       |              |
| -5 No help received         | 842   |       | 860   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L173 Dichotomy – Getting help with personal care from relatives or friends**

cf. C277

Do you normally get help with personal care from relatives or friends?

|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 90    | 7.5   | 109   | 8.6   | 7.5          |
| 2 No         | 1 109 | 92.5  | 1 154 | 91.4  | 92.5         |
| Total        | 1 199 | 100.0 | 1 263 | 100.0 | 100.0        |
| -6 No answer | 27    |       | 34    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

**L174 Frequency of getting help with personal care from relatives or friends**

cf. C277

Do you normally get help with personal care from relatives or friends?

|                                       | LNU   |       | All   |       | All weighted |
|---------------------------------------|-------|-------|-------|-------|--------------|
|                                       | N     | %     | N     | %     | %            |
| 1 Yes, daily or several times a week  | 31    | 2.6   | 32    | 2.5   | 2.3          |
| 2 Yes, once a week                    | 12    | 1.0   | 16    | 1.3   | 1.1          |
| 3 Yes, a few or several times a month | 18    | 1.5   | 22    | 1.7   | 1.6          |
| 4 Yes, less often                     | 29    | 2.4   | 39    | 3.1   | 2.5          |
| 5 No, never                           | 1 109 | 92.5  | 1 154 | 91.4  | 92.5         |
| Total                                 | 1 199 | 100.0 | 1 263 | 100.0 | 100.0        |
| -6 No answer                          | 27    |       | 34    |       |              |
| Sum                                   | 1 226 |       | 1 297 |       |              |

**If yes, who is it that normally helps you?**

Several answers possible.

**L175 Husband/wife/cohabitant**

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 0 Not mentioned     | 61    | 67.8  | 80    | 73.4  | 69.7         |
| 1 Mentioned         | 29    | 32.2  | 29    | 26.6  | 30.3         |
| Total               | 90    | 100.0 | 109   | 100.0 | 100.0        |
| -6 No answer        | 27    |       | 34    |       |              |
| -5 No help received | 1 109 |       | 1 154 |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L176 Daughter**

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cf. C278

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 0 Not mentioned     | 52    | 57.8  | 63    | 57.8  | 58.0         |
| 1 Mentioned         | 38    | 42.2  | 46    | 42.2  | 42.0         |
| Total               | 90    | 100.0 | 109   | 100.0 | 100.0        |
| -6 No answer        | 27    |       | 34    |       |              |
| -5 No help received | 1 109 |       | 1 154 |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L177 Son**

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cf. C279

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 0 Not mentioned     | 73    | 81.1  | 86    | 78.9  | 80.8         |
| 1 Mentioned         | 17    | 18.9  | 23    | 21.1  | 19.2         |
| Total               | 90    | 100.0 | 109   | 100.0 | 100.0        |
| -6 No answer        | 27    |       | 34    |       |              |
| -5 No help received | 1 109 |       | 1 154 |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L178 Other female relative**

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cf. C280

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 0 Not mentioned     | 83    | 92.2  | 99    | 90.8  | 91.2         |
| 1 Mentioned         | 7     | 7.8   | 10    | 9.2   | 8.8          |
| Total               | 90    | 100.0 | 109   | 100.0 | 100.0        |
| -6 No answer        | 27    |       | 34    |       |              |
| -5 No help received | 1 109 |       | 1 154 |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L179 Other male relative**

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cf. C281

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 0 Not mentioned     | 88    | 97.8  | 105   | 96.3  | 97.7         |
| 1 Mentioned         | 2     | 2.2   | 4     | 3.7   | 2.3          |
| Total               | 90    | 100.0 | 109   | 100.0 | 100.0        |
| -6 No answer        | 27    |       | 34    |       |              |
| -5 No help received | 1 109 |       | 1 154 |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L180 Other person**cf. C282

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|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 0 Not mentioned     | 77    | 85.6  | 95    | 87.2  | 86.0         |
| 1 Mentioned         | 13    | 14.4  | 14    | 12.8  | 14.0         |
| Total               | 90    | 100.0 | 109   | 100.0 | 100.0        |
| -6 No answer        | 27    |       | 34    |       |              |
| -5 No help received | 1 109 |       | 1 154 |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L181 Helping spouse with personal care**C295, S196,  
Z447

*To those cohabiting in ordinary housing or service flat: Do you help your wife/husband/cohabitant with personal care such as bathing/showering, dressing, getting into/out of bed and/or supervision?*

---

|                             | LNU   |       | All   |       | All weighted |
|-----------------------------|-------|-------|-------|-------|--------------|
|                             | N     | %     | N     | %     | %            |
| 1 Yes                       | 61    | 9.0   | 61    | 8.9   | 8.8          |
| 2 No                        | 616   | 91.0  | 628   | 91.1  | 91.2         |
| Total                       | 677   | 100.0 | 689   | 100.0 | 100.0        |
| -6 No answer                | 1     |       | 1     |       |              |
| -5 Live alone               | 458   |       | 485   |       |              |
| -3 Living in an institution | 90    |       | 122   |       |              |
| Sum                         | 1 226 |       | 1 297 |       |              |

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**L182 Helping older relative with personal care, household tasks or supervision**

*To those cohabiting in ordinary housing or service flat: Do you help an older relative (not living with you) with personal care, household tasks or supervision, on a regular basis?*

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|                                       | LNU   |       | All   |       | All weighted |
|---------------------------------------|-------|-------|-------|-------|--------------|
|                                       | N     | %     | N     | %     | %            |
| 1 Yes, daily or several times a week  | 16    | 1.4   | 16    | 1.4   | 1.4          |
| 2 Yes, once a week                    | 14    | 1.2   | 15    | 1.3   | 1.2          |
| 3 Yes, a few or several times a month | 25    | 2.2   | 26    | 2.2   | 2.2          |
| 4 Yes, less often                     | 21    | 1.9   | 21    | 1.8   | 1.9          |
| 5 No, never                           | 1 051 | 93.3  | 1 087 | 93.3  | 93.2         |
| Total                                 | 1 127 | 100.0 | 1 165 | 100.0 | 100.0        |
| -6 No answer                          | 9     |       | 10    |       |              |
| -3 Living in an institution           | 90    |       | 122   |       |              |
| Sum                                   | 1 226 |       | 1 297 |       |              |

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**L183****Help if you are ill**

C324, X775, Y614, U699

Sometimes you need help and support from someone.  
Do you have a relative or close friend who is willing to help if you are ill?

---

|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 158 | 96.4  | 1 216 | 96.1  | 96.3         |
| 2 No         | 43    | 3.6   | 49    | 3.9   | 3.7          |
| Total        | 1 201 | 100.0 | 1 265 | 100.0 | 100.0        |
| -6 No answer | 25    |       | 32    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L184****Someone to keep you company**

C325, X776, Y615, U700

Sometimes you need help and support from someone.  
Do you have a relative or close friend who is willing to help if you want company?

---

|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 127 | 94.8  | 1 182 | 94.3  | 94.7         |
| 2 No         | 62    | 5.2   | 71    | 5.7   | 5.3          |
| Total        | 1 189 | 100.0 | 1 253 | 100.0 | 100.0        |
| -6 No answer | 37    |       | 44    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

---

**L185****Someone to talk to**C326, S46, Z150, Q26dic,  
X777, Y616, U701

Sometimes you need help and support from someone.  
Do you have a relative or close friend who can help you if you need someone to talk to about your personal problems?

---

|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 118 | 94.0  | 1 178 | 94.1  | 94.1         |
| 2 No         | 71    | 6.0   | 74    | 5.9   | 5.9          |
| Total        | 1 189 | 100.0 | 1 252 | 100.0 | 100.0        |
| -6 No answer | 37    |       | 45    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L186****Borrow money**

C327, X778

Sometimes you need help and support from someone.  
Do you have a relative or close friend who is willing to  
help if you need to borrow 14 000 SEK?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 982   | 87.9  | 1 036 | 88.0  | 87.8         |
| 2 No         | 135   | 12.1  | 141   | 12.0  | 12.2         |
| Total        | 1 117 | 100.0 | 1 177 | 100.0 | 100.0        |
| -6 No answer | 109   |       | 120   |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L187****Help to choose, change or complain about  
eldercare**

C328

Sometimes you need help and support from someone. Do you  
have a relative or close friend who can help you if you need to  
choose, change or complain about eldercare?

---

|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 850   | 85.1  | 904   | 85.2  | 84.8         |
| 2 No         | 149   | 14.9  | 157   | 14.8  | 15.2         |
| Total        | 999   | 100.0 | 1 061 | 100.0 | 100.0        |
| -6 No answer | 227   |       | 236   |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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## Economic resources

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|             |  |  |
|-------------|--|--|
| <b>L188</b> | <b>Owner of house/apartment</b>                    | C296, Z448, Q113, X47,<br>Y123, cf. U73, cf. V62,<br>cf. W95 |
|             | Do you own the house/apartment or are you renting? |  |

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|                                    | LNU   |       | All   |       | All weighted |
|------------------------------------|-------|-------|-------|-------|--------------|
|                                    | N     | %     | N     | %     | %            |
| 1 Owns the house                   | 535   | 47.9  | 542   | 46.9  | 47.7         |
| 2 Owns the apartment or equivalent | 260   | 23.3  | 272   | 23.5  | 23.3         |
| 3 Rents housing                    | 322   | 28.8  | 342   | 29.6  | 29.1         |
| Total                              | 1 117 | 100.0 | 1 156 | 100.0 | 100.0        |
| -6 No answer                       | 19    |       | 19    |       |              |
| -3 Living in an institution        | 90    |       | 122   |       |              |
| Sum                                | 1 226 |       | 1 297 |       |              |

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|             |  |   |
|-------------|--|---|
| <b>L189</b> | <b>Ability to raise money</b>  | C297, S198, Z449,<br>Q116, X748, Y574,<br>U576, cf. V602, cf.<br>W375 |
|             | If a situation suddenly arose where you had to raise 15.000 SEK in a week, would you be able to manage it? |   |

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 096 | 92.0  | 1 153 | 92.1  | 92.1         |
| 2 No         | 95    | 8.0   | 99    | 7.9   | 7.9          |
| Total        | 1 191 | 100.0 | 1 252 | 100.0 | 100.0        |
| -6 No answer | 35    |       | 45    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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|             |   |  |
|-------------|---|--|
| <b>L190</b> | <b>Ways of raising money</b>                                | C298, S199-S203,<br>Z450-Z454, cf. Q117a-e,<br>X749, Y575, U577,<br>cf. V602, cf. W375 |
|             | If answering yes on ability to raise money:<br>In what way? |  |

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|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Withdrawal from own bank account or similar | 1 027 | 94.7  | 1 082 | 94.8  | 94.7         |
| 2 Loan from a family member                   | 21    | 1.9   | 22    | 1.9   | 2.0          |
| 3 Loan from other relatives or friends        | 9     | 0.8   | 9     | 0.8   | 0.8          |
| 4 Bank loan or equivalent                     | 15    | 1.4   | 16    | 1.4   | 1.4          |
| 5 Other way                                   | 12    | 1.1   | 12    | 1.1   | 1.1          |
| Total   | 1 084 | 100.0 | 1 141 | 100.0 | 100.0        |
| -6 No answer                                  | 47    |       | 57    |       |              |
| -5 Not able to raise money                    | 95    |       | 99    |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

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**L191 Cash margin**

C305

Based on answering yes on questions L190 and answering "Withdrawal from own bank account or similar" on question L191.

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 1 027 | 87.1  | 1 082 | 87.3  | 87.2         |
| 2 No         | 1 164 | 12.9  | 158   | 12.7  | 12.8         |
| Total        | 1 202 | 100.0 | 1 240 | 100.0 | 100.0        |
| -6 No answer | 24    |       | 57    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**L192 Financial difficulties**C299, Z456, Q118,  
X754, Y584

Have you at any time over the last 12 months had difficulties managing your current expenses for food, rent, bills, etc.?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 38    | 3.2   | 39    | 3.1   | 3.2          |
| 2 No         | 1 164 | 96.8  | 1 230 | 96.9  | 96.8         |
| Total        | 1 202 | 100.0 | 1 269 | 100.0 | 100.0        |
| -6 No answer | 24    |       | 28    |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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**If answering yes on financial difficulties.**

How did you manage these difficulties? By...  
Several answers possible

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**L193 Borrowing money from relatives or friends**C300, Z457,  
Q119a

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 16    | 43.2  | 16    | 42.1  | 43.0         |
| 2 No                       | 21    | 56.8  | 22    | 57.9  | 57.0         |
| Total                      | 37    | 100.0 | 38    | 100.0 | 100.0        |
| -6 No answer               | 25    |       | 29    |       |              |
| -5 No financial difficulty | 1 164 |       | 1 230 |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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**L194 Requesting social allowance, public assistance**

Z458, Q119b

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 2     | 5.4   | 2     | 5.3   | 5.4          |
| 2 No                       | 35    | 94.6  | 36    | 94.7  | 94.6         |
| Total                      | 37    | 100.0 | 38    | 100.0 | 100.0        |
| -6 No answer               | 25    |       | 29    |       |              |
| -5 No financial difficulty | 1 164 |       | 1 230 |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L195 Cutting down on food**

C301, Z459, Q119c

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 8     | 21.6  | 8     | 21.1  | 21.5         |
| 2 No                       | 29    | 78.4  | 30    | 78.9  | 78.5         |
| Total                      | 37    | 100.0 | 38    | 100.0 | 100.0        |
| -6 No answer               | 25    |       | 29    |       |              |
| -5 No financial difficulty | 1 164 |       | 1 230 |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

**L196 Not paying the rent on time**

C302, Z460, Q119d

|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 2     | 5.4   | 2     | 5.3   | 3.2          |
| 2 No                       | 35    | 94.6  | 36    | 94.7  | 96.8         |
| Total                      | 37    | 100.0 | 38    | 100.0 | 100.0        |
| -6 No answer               | 25    |       | 29    |       |              |
| -5 No financial difficulty | 1 164 |       | 1 230 |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |



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**L197 Not paying other bills on time**C303, Z461, Q119e

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|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 5     | 13.5  | 5     | 13.2  | 13.4         |
| 2 No                       | 32    | 86.5  | 36    | 86.8  | 86.6         |
| Total                      | 37    | 100.0 | 38    | 100.0 | 100.0        |
| -6 No answer               | 25    |       | 29    |       |              |
| -5 No financial difficulty | 1 164 |       | 1 230 |       |              |
| Sum                        | 1 226 |       | 1 29  |       |              |

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**L198 Other way**C304, Z462

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|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes                      | 14    | 38.9  | 15    | 40.5  | 39.3         |
| 2 No                       | 22    | 61.1  | 22    | 59.5  | 60.7         |
| Total                      | 36    | 100.0 | 37    | 100.0 | 100.0        |
| -6 No answer               | 26    |       | 30    |       |              |
| -5 No financial difficulty | 1 164 |       | 1 230 |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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## Local community

The following questions concern your local community, that is, an area within a 20-minutes walking distance from your home. You may answer that you strongly agree, agree, disagree or strongly disagree.

### L199 Trust

Most people in this area can be trusted

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 1 Strongly agree    | 668   | 59.6  | 694   | 59.2  | 59.2         |
| 2 Agree             | 380   | 33.9  | 403   | 34.4  | 34.3         |
| 3 Disagree          | 42    | 3.7   | 44    | 3.8   | 3.6          |
| 4 Strongly disagree | 31    | 2.8   | 32    | 2.7   | 2.8          |
| Total               | 1 121 | 100.0 | 1 173 | 100.0 | 100.0        |
| -6 No answer        | 105   |       | 124   |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

### L200 Unsafety

People would be afraid to walk alone in this area after dark.

|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 1 Strongly agree    | 112   | 10.6  | 118   | 10.6  | 10.6         |
| 2 Agree             | 380   | 20.7  | 230   | 20.8  | 20.8         |
| 3 Disagree          | 42    | 16.2  | 183   | 16.5  | 16.0         |
| 4 Strongly disagree | 31    | 52.5  | 577   | 52.1  | 52.5         |
| Total               | 1 121 | 100.0 | 1 108 | 100.0 | 100.0        |
| -6 No answer        | 105   |       | 189   |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L201 Cohesion**

I feel really part of this area

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|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 1 Strongly agree    | 974   | 84.3  | 1 010 | 83.5  | 84.1         |
| 2 Agree             | 155   | 13.4  | 170   | 14.0  | 13.6         |
| 3 Disagree          | 10    | 0.9   | 11    | 0.9   | 0.9          |
| 4 Strongly disagree | 16    | 1.4   | 19    | 1.6   | 1.5          |
| Total               | 1 155 | 100.0 | 1 210 | 100.0 | 100.0        |
| -6 No answer        | 71    |       | 87    |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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**L202 Vandalism**

Vandalism and graffiti is a big problem in this area.

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|                     | LNU   |       | All   |       | All weighted |
|---------------------|-------|-------|-------|-------|--------------|
|                     | N     | %     | N     | %     | %            |
| 1 Strongly agree    | 34    | 3.0   | 35    | 2.9   | 2.9          |
| 2 Agree             | 70    | 6.1   | 73    | 6.1   | 6.2          |
| 3 Disagree          | 147   | 12.9  | 151   | 12.7  | 12.6         |
| 4 Strongly disagree | 888   | 78.0  | 930   | 78.2  | 78.3         |
| Total               | 1 139 | 100.0 | 1 189 | 100.0 | 100.0        |
| -6 No answer        | 87    |       | 108   |       |              |
| Sum                 | 1 226 |       | 1 297 |       |              |

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# Activities, leisure time and political participation

## Activities

### Which of the following leisure time activities do you usually do?

|             |  |  |
|-------------|--|--|
| <b>L203</b> | <b>Cultural activities</b><br>(going to the movies, theatre, concerts, museums, exhibitions) | C331, S215, Z478, Q120c, cf. X788-X789, cf. Y599-Y600, cf. U624-U625, cf. V649-V650, cf. W475-W476 |
|-------------|--|--|

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 501   | 41.2  | 559   | 43.4  | 41.0         |
| 2 Yes, sometimes | 520   | 42.8  | 532   | 41.0  | 43.1         |
| 3 Yes, often     | 195   | 16.0  | 196   | 15.2  | 16.0         |
| Total            | 1 216 | 100.0 | 1 287 | 100.0 | 100.0        |
| -6 No answer     | 10    |       | 10    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

|             |                                  |   |
|-------------|----------------------------------|---|
| <b>L204</b> | <b>Eating out at restaurants</b> | C332, S216, Z479, Q120d, X790, Y601, U626, V651, W477 |
|-------------|----------------------------------|---|

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 386   | 31.7  | 441   | 34.3  | 32.0         |
| 2 Yes, sometimes | 681   | 56.0  | 695   | 54.0  | 55.8         |
| 3 Yes, often     | 149   | 12.3  | 151   | 11.7  | 12.2         |
| Total            | 1 216 | 100.0 | 1 287 | 100.0 | 100.0        |
| -6 No answer     | 10    |       | 10    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

|             |  |                   |
|-------------|--|-------------------|
| <b>L205</b> | <b>Helping family members</b><br>(with babysitting or other small favours) | C338, Z484, Q120i |
|-------------|--|-------------------|

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 657   | 54.3  | 720   | 56.3  | 54.3         |
| 2 Yes, sometimes | 365   | 30.2  | 370   | 29.0  | 30.1         |
| 3 Yes, often     | 187   | 15.5  | 188   | 14.7  | 15.5         |
| Total            | 1 209 | 100.0 | 1 287 | 100.0 | 100.0        |
| -6 No answer     | 17    |       | 19    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L206 Travelling/Go on trips**cf. Z494, cf. S229,  
cf.X784-X785, cf.  
Y590-Y594, cf. U611-  
U618, cf. V636-V643,  
cf. W463-W469

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|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 536   | 44.3  | 596   | 46.5  | 44.3         |
| 2 Yes, sometimes | 548   | 45.3  | 558   | 43.5  | 45.3         |
| 3 Yes, often     | 127   | 10.5  | 128   | 10.0  | 10.5         |
| Total            | 1 211 | 100.0 | 1 282 | 100.0 | 100.0        |
| -6 No answer     | 15    |       | 15    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L207 Visiting relatives**C339, S211, Z485,  
X792, Y604, U632,  
V657, W483

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|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 258   | 21.3  | 297   | 23.1  | 21.4         |
| 2 Yes, sometimes | 722   | 59.5  | 751   | 58.5  | 59.3         |
| 3 Yes, often     | 234   | 19.3  | 236   | 18.4  | 19.3         |
| Total            | 1 214 | 100.0 | 1 284 | 100.0 | 100.0        |
| -6 No answer     | 12    |       | 13    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L208 Having relatives over to visit**C340, S222, Z486,  
X793, Y605, U633,  
V658, W485

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|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 169   | 13.9  | 184   | 14.3  | 14.1         |
| 2 Yes, sometimes | 774   | 63.5  | 804   | 62.4  | 63.3         |
| 3 Yes, often     | 276   | 22.6  | 301   | 23.4  | 22.6         |
| Total            | 1 219 | 100.0 | 1 289 | 100.0 | 100.0        |
| -6 No answer     | 7     |       | 8     |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L208 Socialising with relatives outside the home**

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|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 406   | 33.6  | 455   | 35.6  | 33.8         |
| 2 Yes, sometimes | 665   | 55.0  | 682   | 53.4  | 54.9         |
| 3 Yes, often     | 138   | 11.4  | 141   | 11.0  | 11.3         |
| Total            | 1 209 | 100.0 | 1 278 | 100.0 | 100.0        |
| -6 No answer     | 17    |       | 19    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L210 Visiting friends**

C341, S223, Z487,  
Q120j, X794, Y606,  
U634, V659, W484

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 238   | 19.6  | 281   | 21.9  | 19.8         |
| 2 Yes, sometimes | 636   | 52.4  | 657   | 51.2  | 52.2         |
| 3 Yes, often     | 340   | 28.0  | 344   | 26.8  | 28.0         |
| Total            | 1 214 | 100.0 | 1 282 | 100.0 | 100.0        |
| -6 No answer     | 12    |       | 15    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L211 Having friends over to visit**

C342, S224, Z488,  
Q120k, X795, Y607,  
U635, V660, W486

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 155   | 12.8  | 179   | 14.0  | 13.0         |
| 2 Yes, sometimes | 742   | 61.3  | 783   | 61.1  | 61.1         |
| 3 Yes, often     | 314   | 25.9  | 319   | 24.9  | 25.9         |
| Total            | 1 211 | 100.0 | 1 281 | 100.0 | 100.0        |
| -6 No answer     | 15    |       | 16    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L212      Socialising with friend outside the home**

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|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 281   | 23.2  | 334   | 26.1  | 23.6         |
| 2 Yes, sometimes | 638   | 52.7  | 650   | 50.8  | 52.3         |
| 3 Yes, often     | 292   | 24.1  | 296   | 23.1  | 24.0         |
| Total            | 1 211 | 100.0 | 1 280 | 100.0 | 100.0        |
| -6 No answer     | 15    |       | 17    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

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**L213      Exercising, sports or outdoor activities**

Do you do any exercising, outdoor activities, or sports, such as going for long walks? If yes, how often?

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|                            | LNU   |       | All   |       | All weighted |
|----------------------------|-------|-------|-------|-------|--------------|
|                            | N     | %     | N     | %     | %            |
| 1 Yes, several times/week  | 609   | 50.1  | 618   | 48.1  | 50.0         |
| 2 Yes, approx. 1 time/week | 129   | 10.6  | 132   | 10.3  | 10.6         |
| 3 Yes, 1-3 times/week      | 33    | 2.7   | 33    | 2.6   | 2.6          |
| 4 Yes, but less often      | 34    | 2.8   | 34    | 2.6   | 2.7          |
| 5 No                       | 411   | 33.8  | 469   | 36.5  | 34.1         |
| Total                      | 1 216 | 100.0 | 1 286 | 100.0 | 100.0        |
| -6 No answer               | 10    |       | 11    |       |              |
| Sum                        | 1 226 |       | 1 297 |       |              |

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## Internet use

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### L214 Internet users

Do you use the internet?

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|              | LNU   |       | All   |       | All weighted |
|--------------|-------|-------|-------|-------|--------------|
|              | N     | %     | N     | %     | %            |
| 1 Yes        | 564   | 46.3  | 565   | 43.8  | 46.1         |
| 2 No         | 654   | 53.7  | 724   | 56.2  | 53.9         |
| Total        | 1 218 | 100.0 | 1 289 | 100.0 | 100.0        |
| -6 No answer | 8     |       | 8     |       |              |
| Sum          | 1 226 |       | 1 297 |       |              |

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### L215 Seek information

|                          | LNU   |       | All   |       | All weighted |
|--------------------------|-------|-------|-------|-------|--------------|
|                          | N     | %     | N     | %     | %            |
| 0 Mentioned              | 65    | 11.5  | 66    | 11.7  | 11.4         |
| 1 Not mentioned          | 499   | 88.5  | 499   | 88.3  | 88.6         |
| Total                    | 564   | 100.0 | 565   | 100.0 | 100.0        |
| -6 No answer             | 8     |       | 8     |       |              |
| -5 Does not use internet | 654   |       | 724   |       |              |
| Sum                      | 1 226 |       | 1 297 |       |              |

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### L216 Order goods or services

|                          | LNU   |       | All   |       | All weighted |
|--------------------------|-------|-------|-------|-------|--------------|
|                          | N     | %     | N     | %     | %            |
| 0 Mentioned              | 356   | 63.1  | 357   | 63.2  | 63.0         |
| 1 Not mentioned          | 208   | 36.9  | 208   | 36.8  | 37.0         |
| Total                    | 564   | 100.0 | 565   | 100.0 | 100.0        |
| -6 No answer             | 8     |       | 8     |       |              |
| -5 Does not use internet | 654   |       | 724   |       |              |
| Sum                      | 1 226 |       | 1 297 |       |              |

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### L217 Banking services

|                          | LNU   |       | All   |       | All weighted |
|--------------------------|-------|-------|-------|-------|--------------|
|                          | N     | %     | N     | %     | %            |
| 0 Mentioned              | 179   | 31.7  | 180   | 31.9  | 31.8         |
| 1 Not mentioned          | 385   | 68.3  | 385   | 68.1  | 68.2         |
| Total                    | 564   | 100.0 | 565   | 100.0 | 100.0        |
| -6 No answer             | 8     |       | 8     |       |              |
| -5 Does not use internet | 654   |       | 724   |       |              |
| Sum                      | 1 226 |       | 1 297 |       |              |

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**L218 Keep in touch**

(Keep in touch with relatives and friends, e.g. through e-mail, Skype, Facebook)

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|                          | LNU   |       | All   |       | All weighted |
|--------------------------|-------|-------|-------|-------|--------------|
|                          | N     | %     | N     | %     | %            |
| 0 Mentioned              | 165   | 29.3  | 166   | 29.4  | 29.1         |
| 1 Not mentioned          | 399   | 70.7  | 399   | 70.6  | 70.9         |
| Total                    | 564   | 100.0 | 565   | 100.0 | 100.0        |
| -6 No answer             | 8     |       | 8     |       |              |
| -5 Does not use internet | 654   |       | 724   |       |              |
| Sum                      | 1 226 |       | 1 297 |       |              |

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**L219 Entertainment**

(Amusements such as games or watching movies)

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|                          | LNU   |       | All   |       | All weighted |
|--------------------------|-------|-------|-------|-------|--------------|
|                          | N     | %     | N     | %     | %            |
| 0 Mentioned              | 386   | 68.4  | 387   | 68.5  | 68.3         |
| 1 Not mentioned          | 178   | 31.6  | 178   | 31.5  | 31.7         |
| Total                    | 564   | 100.0 | 565   | 100.0 | 100.0        |
| -6 No answer             | 8     |       | 8     |       |              |
| -5 Does not use internet | 654   |       | 724   |       |              |
| Sum                      | 1 226 |       | 1 297 |       |              |

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## Political participation

### L220 Voting

Did you (or will you) vote in the 2014 elections?

C356, Z503, Q125, cf. X809,  
cf. Y627, cf. U659, cf. V673,  
cf. W523

|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 Yes         | 1 074 | 87.9  | 1 120 | 86.7  | 87.7         |
| 2 No          | 141   | 11.5  | 164   | 12.7  | 11.7         |
| 3 Do not know | 7     | 0.6   | 8     | 0.6   | 0.6          |
| Total         | 1 222 | 100.0 | 1 292 | 100.0 | 100.0        |
| -6 No answer  | 4     |       | 5     |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

### L221 Writing a letter of appeal

Would you be able to write a letter yourself to appeal a decision made by a public authority?

C357, Z504, cf. Polind,  
cf. X819, cf. Y638, cf. U678,  
cf. V689, cf. W506

|               | LNU   |       | All   |       | All weighted |
|---------------|-------|-------|-------|-------|--------------|
|               | N     | %     | N     | %     | %            |
| 1 Yes         | 685   | 56.3  | 699   | 54.4  | 56.0         |
| 2 No          | 495   | 40.7  | 550   | 42.8  | 41.0         |
| 3 Do not know | 36    | 3.0   | 37    | 2.9   | 3.0          |
| Total         | 1 216 | 100.0 | 1 286 | 100.0 | 100.0        |
| -6 No answer  | 10    |       | 11    |       |              |
| Sum           | 1 226 |       | 1 297 |       |              |

### L222 Help with writing a letter of appeal

Do you know anyone who could help you write such a letter?

C358, Z505, cf. Polind,  
cf. X819, cf. Y638, cf. U678,  
cf. V689, cf. W506

|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Yes                                     | 455   | 87.0  | 503   | 86.7  | 86.9         |
| 2 No                                      | 56    | 10.7  | 64    | 11.0  | 10.9         |
| 3 Do not know                             | 12    | 2.3   | 13    | 2.2   | 2.3          |
| Total                                     | 523   | 100.0 | 580   | 100.0 | 100.0        |
| -6 No answer                              | 18    |       | 18    |       |              |
| -5 Do not need help with writing a letter | 685   |       | 699   |       |              |
| Sum                                       | 1 226 |       | 1 297 |       |              |

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**L223****Where to turn for help**C359, Z506, cf. Polind,  
cf. X820, cf. Y639Do you know where to turn to get help with writing  
a letter of appeal?

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|   | LNU   |       | All   |       | All weighted |
|---|-------|-------|-------|-------|--------------|
|   | N     | %     | N     | %     | %            |
| 1 Yes   | 284   | 56.3  | 313   | 55.8  | 56.4         |
| 2 No  | 220   | 43.7  | 248   | 44.2  | 43.6         |
| Total   | 504   | 100.0 | 561   | 100.0 | 100.0        |
| -6 No answer  | 37    |       | 37    |       |              |
| -5 Do not need help or know someone who<br>could help | 685   |       | 699   |       |              |
| Sum   | 1 226 |       | 1 297 |       |              |

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## Subjective evaluations

### L224 Meaningfulness

C364, S239, Z519, X829,  
Y650

Do you usually feel that your daily life is a source of personal satisfaction?

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 96    | 8.2   | 109   | 8.8   | 8.3          |
| 2 Yes, sometimes | 248   | 21.3  | 266   | 21.6  | 21.3         |
| 3 Yes, often     | 821   | 70.5  | 858   | 69.6  | 70.4         |
| Total            | 1 165 | 100.0 | 1 233 | 100.0 | 100.0        |
| -6 No answer     | 61    |       | 64    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

### L225 In control of one's life

C367, S421, Z521, X831,  
Y652

Do you usually feel that you are in control of your own life?

|                  | LNU   |       | All   |       | All weighted |
|------------------|-------|-------|-------|-------|--------------|
|                  | N     | %     | N     | %     | %            |
| 1 No             | 104   | 8.8   | 122   | 9.7   | 8.9          |
| 2 Yes, sometimes | 135   | 11.4  | 153   | 12.2  | 11.6         |
| 3 Yes, often     | 948   | 79.9  | 979   | 78.1  | 79.5         |
| Total            | 1 187 | 100.0 | 1 254 | 100.0 | 100.0        |
| -6 No answer     | 39    |       | 43    |       |              |
| Sum              | 1 226 |       | 1 297 |       |              |

### L226 Loneliness

C362, S237, Z514, cf. Q131

Are you ever bothered by feelings of loneliness?

|                 | LNU   |       | All   |       | All weighted |
|-----------------|-------|-------|-------|-------|--------------|
|                 | N     | %     | N     | %     | %            |
| 1 Nearly always | 19    | 1.6   | 29    | 2.3   | 1.8          |
| 2 Often         | 101   | 8.5   | 113   | 8.9   | 8.4          |
| 3 Seldom        | 282   | 23.6  | 301   | 23.8  | 23.6         |
| 4 Almost never  | 793   | 66.4  | 823   | 65.0  | 66.2         |
| Total           | 1 195 | 100.0 | 1 266 | 100.0 | 100.0        |
| -6 No answer    | 31    |       | 31    |       |              |
| Sum             | 1 226 |       | 1 297 |       |              |

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**L227****Estimation of conditions**C360, cf. S235, cf. Z512,  
cf. Q129, cf. X832, cf. Y647,  
cf. U702

I have asked you a number of questions about your living conditions. Now I would like to ask you a few questions regarding how you see life and yourself as a person.

I want to ask you how satisfied you are on a scale from zero to ten. Zero means that you feel completely dissatisfied. Ten means that you feel completely satisfied. Five is in the middle of the scale and means that you are neither satisfied nor dissatisfied.

So, I would like to ask you: Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole (today)?

---

|                                      | LNU   |       | All   |       | All weighted |
|--------------------------------------|-------|-------|-------|-------|--------------|
|                                      | N     | %     | N     | %     | %            |
| 0 Completely dissatisfied            | 2     | 0.2   | 4     | 0.3   | 0.2          |
| 1                                    | 7     | 0.6   | 8     | 0.6   | 0.6          |
| 2                                    | 8     | 0.7   | 8     | 0.6   | 0.7          |
| 3                                    | 7     | 0.6   | 11    | 0.9   | 0.7          |
| 4                                    | 14    | 1.2   | 17    | 1.4   | 1.2          |
| 5 Neither satisfied nor dissatisfied | 152   | 12.8  | 168   | 13.4  | 13.          |
| 6                                    | 50    | 4.2   | 53    | 4.2   | 4.2          |
| 7                                    | 151   | 12.7  | 161   | 12.9  | 12.8         |
| 8                                    | 320   | 27.0  | 329   | 26.3  | 27.1         |
| 9                                    | 152   | 12.8  | 157   | 12.6  | 12.5         |
| 10 Completely satisfied              | 322   | 27.2  | 334   | 26.7  | 27.1         |
| Total                                | 1 185 | 100.0 | 1 250 | 100.0 | 100.0        |
| -6 No answer                         | 41    |       | 47    |       |              |
| Sum                                  | 1 226 |       | 1 297 |       |              |

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## **Appendix. The questionnaire in Swedish.**

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The following appendix presents the questions that have been used as the basis for variables in the SWEOLD 2014 database as well as the code book.

The design of the code book largely follows the design used in the original questionnaire.

In the SWEOLD 2014 field work the interviews were carried out by telephone call to the participant's home or the institutions where they live and were based on a structured questionnaire. The interviewers used telephone-assisted personal interviewing (CATI). Thus, no paper questionnaires were used by the interviewer.

UNDERSÖKNINGEN OM ÄLDRES  
LEVNADSVILLKOR 2014

SWEOLD

|  |      |
|--|------|
| <b>INNEHÅLL</b>                              | Sida |
| BAKGRUNDSFRÅGOR                              | 3    |
| SYSSELSÄTTNING                               | 3    |
| FAMILJ                                       | 4    |
| BARN   | 6    |
| HÄLSA  | 8    |
| SJUKDOMAR OCH BESVÄR                         | 11   |
| VÅRDUTNYTTJANDE                              | 12   |
| HÄLSOBETEENDEN                               | 14   |
| ATT KLARA SIN VARDAG                         | 15   |
| EKONOMISKA RESURSER                          | 20   |
| LOKALSAMHÄLLET OCH SOCIALT STÖD              | 21   |
| AKTIVITETER, FRITID OCH POLITISKT DELTAGANDE | 22   |
| BEDÖMNINGAR                                  | 24   |
| AVSLUTANDE FRÅGOR                            | 25   |



## BAKGRUNDSFRÅGOR

---

- 1  Man
- 2  Kvinna

Födelseår 19xx

---

## SYSSELSÄTTNING

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**1. Vad har Du haft för huvudsakligt yrke eller sysselsättning under Din yrkesverksamma tid? Vad var det för befattning?**

.....

**1.1 Var Du egen företagare eller jordbrukare?**

- 1  Egen företagare
- 2  Jordbrukare
- 3  Ingen av dessa → gå till fråga 2

Om egen företagare eller jordbrukare.

**1.1.1 Hur många anställda hade Du?**

- 1  Utan anställda
- 2  1-9 anställda
- 3  10-19 anställda
- 4  20 eller fler anställda

Om jordbrukare.

**1.1.2 Hur stort jordbruk?**

- 1  Småbruk = Mindre än 10 ha åker och inte mer än 100 ha skog
- 2  Vanligt jordbruk = Minst 10 ha åker eller mer än 100 ha skog
- 3  Storjordbruk = Minst 100 ha åker eller mer än 400 ha skog

## FAMILJ

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### 2. Anteckna hur Du normalt bor

- 1  bor i vanligt hus (villa, rad- eller kedjehus, lägenhet)
  - 2  bor i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)
  - 3  bor i servicehus/särskilt boende (med biståndsbeslut, t ex: servicelägenhet, ålderdomshem, sjukhem, gruppboende, vård- och omsorgsboende)
- 

### 3. Bor Du ensam?

- 1  Ja → gå till fråga 4
- 2  Nej

Om nej.

#### 3.1 Hur många andra personer bor Du med?

Samtliga personer som faktiskt bor i bostaden skall tas med. Du ska inte räkna med Dig själv.

Antal personer

#### 3.1.1 Vem eller vilka andra personer bor Du tillsammans med?

Flera svar kan anges.

- 1  Maka/make/sammanboende
  - 2  Barn/svärdotter/svärson
  - 3  Syskon
  - 4  Annan
- 

### 4. Vilket är Ditt nuvarande civilstånd? Är Du...

- 1  Ogift → gå till fråga 7
- 2  Gift/sammanboende → gå till fråga 6
- 3  Frånskild/tidigare sammanboende
- 4  Änka/änkling

## 5. Vilket år blev Du änka/änkling/frånskild?

Om änka/änkling/frånskild flera gånger, ange för det senaste datumet.

|  |  |
|--|--|
|  |  |
|--|--|

Årtal

---

## 6. Vad har/hade Din make/maka/sammanboende för huvudsakligt yrke eller sysselsättning under sin yrkesverksamma tid? Vad var det för befattning?

.....

### 6.1 Var han/hon egen företagare eller jordbrukare.

- 1  Egen företagare
- 2  Jordbrukare
- 3  Ingen av dessa → gå till fråga 7

Om egen företagare eller jordbrukare.

#### 6.1.1 Hur många anställda hade han/hon?

- 1  Utan anställda
- 2  1-9 anställda
- 3  10-19 anställda
- 4  20 eller fler anställda

Om jordbrukare.

#### 6.1.2 Hur stort jordbruk?

- 1  Småbruk = Mindre än 10 ha åker och inte mer än 100 ha skog
- 2  Vanligt jordbruk = Minst 10 ha åker eller mer än 100 ha skog
- 3  Storjordbruk = Minst 100 ha åker eller mer än 400 ha skog

## BARN

---

### 7. Har Du eller har Du haft några barn?

Här ska Du även räkna med adoptiv- och styvbarn samt avlidna barn.

Även fosterbarn tas med om Du jämför dem med egna barn.

- 1  Ja
- 2  Nej → gå till fråga 8

Om ja.

#### 7.1 Hur många barn som lever nu är det sammanlagt?

Antal barn

#### 7.2 Hur ofta brukar Du träffa och vara tillsammans med detta eller dessa barn? Är det...

- 1  Dagligen
- 2  Flera gånger i veckan
- 3  Någon gång i veckan
- 4  Någon gång i månaden
- 5  Någon gång i kvartalet
- 6  Mer sällan eller aldrig

#### 7.3 Hur ofta brukar Du ha kontakt per telefon, e-post, SMS, chatta eller annan liknande kontakt med detta/dessa barn?

- 1  Dagligen
- 2  Flera gånger i veckan
- 3  Någon gång i veckan
- 4  Någon gång i månaden
- 5  Någon gång i kvartalet
- 6  Mer sällan eller aldrig

## **8. Har Du barnbarn och/eller barnbarns barn?**

- 1  Ja
- 2  Nej → gå till fråga 9

### **8.1 Hur ofta brukar Du träffa och vara tillsammans med detta eller dessa barnbarn? Är det...**

- 1  Dagligen
- 2  Flera gånger i veckan
- 3  Någon gång i veckan
- 4  Någon gång i månaden
- 5  Någon gång i kvartalet
- 6  Mer sällan eller aldrig

### **8.2 Hur ofta brukar Du ha kontakt per telefon, e-post, SMS, chatta eller annan liknande kontakt med detta/dessa barnbarn?**

- 1  Dagligen
- 2  Flera gånger i veckan
- 3  Någon gång i veckan
- 4  Någon gång i månaden
- 5  Någon gång i kvartalet
- 6  Mer sällan eller aldrig

## HÄLSA

---

### **9. Hur bedömer Du Ditt allmänna hälsotillstånd? Är det gott, dåligt eller något däremellan?**

Frågan avser att ge ett sammanfattande mått på hur Du bedömer Ditt hälsotillstånd. Det är en övergripande bedömning, inga detaljer.

- 1  Gott
  - 2  Dåligt
  - 3  Något däremellan
- 

### **10. Kan Du stå utan stöd?**

- 1  Ja
  - 2  Nej, men kan sitta
  - 3  Nej, är sängbunden eller motsvarande → gå till fråga 19
- 

### **11. Kan Du resa Dig från en (köks)stol utan att använda armarna till hjälp?**

- 1  Ja
  - 2  Nej
- 

### **12. Har Du problem med balansen inomhus?**

- 1  Nej
  - 2  Ja, lätta besvär
  - 3  Ja, svåra besvär
- 

### **13. Behöver Du hjälp av någon annan person när Du tar Dig fram inomhus?**

Oavsett om Du använder Dig av hjälpmedel eller inte.

- 1  Ja, alltid
- 2  Ja, ibland
- 3  Nej, klarar mig själv

#### 14. Kan Du ta Dig fram utomhus?

- 1  Ja, helt själv
- 2  Ja, med hjälpmedel eller annan person
- 3  Nej

Om ja, med hjälpmedel eller annan person.

##### 14.1 Vilken typ av hjälpmedel?

Flera svar kan anges.

- 1  Käpp(ar), bock(ar), krycka/kryckor
  - 2  Rollator
  - 3  Rullstol
  - 4  Annan person
- 

Nedan följer några frågor om Din rörlighet. Frågorna avser mer stadigvarande förhållanden och inte tillfälliga besvär.

- |   | Ja                         | Nej  |
|---|----------------------------|--|
| <b>15. Kan Du promenera 100 meter någorlunda raskt utan besvär?</b> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> → om nej gå till fråga 18 |
| <b>16. Kan Du promenera 500 meter någorlunda raskt utan besvär?</b> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/>                           |
| <b>17. Kan Du springa 100 meter utan större besvär?</b>             | 1 <input type="checkbox"/> | 2 <input type="checkbox"/>                           |
| <b>18. Kan Du gå uppför och nedför trappor utan besvär?</b>         | 1 <input type="checkbox"/> | 2 <input type="checkbox"/>                           |
- 

#### 19. Har Du ramlat någon gång under de senaste 12 månaderna?

- 1  Ja, en gång
- 2  Ja, mer än en gång
- 3  Nej

Om ja.

##### 19.1 Blev Du inlagd på sjukhus till följd av något av fallen?

- 1  Ja, en gång
- 2  Ja, mer än en gång
- 3  Nej

**20. Kan Du utan svårighet höra vad som sägs i ett samtal mellan flera personer med eller utan hörapparat?**

- 1  Ja, utan hörapparat
  - 2  Ja, med hörapparat
  - 3  Nej
- 

**21. Kan Du utan svårigheter läsa en dagstidning?**

- 1  Ja, utan glasögon
  - 2  Ja, med glasögon
  - 3  Nej, har vissa svårigheter
  - 4  Nej, inte alls
- 

**22. Hur lång är Du? .....** (cm)

---

**23. Hur mycket väger Du? .....** (kg)

---

Nedan följer några frågor hur Du har känt dig under den senaste veckan.

- |  | Ja                         | Nej                        |
|--|----------------------------|----------------------------|
| <b>24. Är Du i grund och botten nöjd med Ditt liv?</b> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| <b>25. Tycker Du att Ditt liv känns tomt?</b>          | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| <b>26. Är Du rädd att något skall hända Dig?</b>       | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| <b>27. Känner Du Dig oftast glad och nöjd?</b>         | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |



## SJUKDOMAR OCH BESVÄR

---

**28. Har Du under de senaste 12 månaderna haft någon av följande sjukdomar eller besvär? Om ja, anteckna om besvären var är lätta eller svåra.**

|   | Nej                        | Ja,<br>lätta               | Ja,<br>svåra               |
|---|----------------------------|----------------------------|----------------------------|
| a) Smärtor eller värk i bröstet               | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| b) Hjärtsvaghet                               | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| c) Arytmi/hjärtrytmrubbningar                 | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| d) Högt blodtryck                             | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| e) Värk/smärta i skuldror eller axlar         | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| f) Ryggsmärta, ryggvärk, höftsmärtor, ischias | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| g) Värk/smärta i händer eller armbågar        | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| h) Värk/smärta i ben eller knän               | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| i) Allmän trötthet                            | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| j) Sömnbesvär                                 | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| k) Nervösa besvär (ängslan, oro, ångest)      | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| l) Depression, djup nedstämdhet               | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| m) Psykisk sjukdom                            | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| n) Yrsel                                      | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| o) Avmagring                                  | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| p) Sockersjuka, diabetes                      | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| q) Urinvägsinfektion                          | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| r) Prostatabesvär                             | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| s) Propp i hjärtat, hjärtinfarkt              | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| t) Hjärnblödning, stroke                      | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| u) Elakartad tumör, cancer, kräfta            | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |

- |  | Ja                         | Nej                        |
|--|----------------------------|----------------------------|
| <b>29. Har Du någonsin haft cancer?</b>                        | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| <b>30. Har Du någonsin haft hjärnblödning, stroke?</b>         | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| <b>31. Har Du någonsin haft propp i hjärtat, hjärtinfarkt?</b> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
- 

**32. Många äldre har problem med att kontrollera urinen. Har Du besvär med urinläckage?**

- 1  Ja, oftast/alltid  
2  Ja, ibland  
3  Nej, aldrig
- 

## VÅRDUTNYTTJANDE

---

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

**33. Har Du någon gång under de senaste 12 månaderna varit tillfälligt inlagd vid någon form av korttidsboende, till exempel växelvård, rehabilitering eller avlösning?**

- 1  Ja, en gång  
2  Ja, 2-3 gånger  
3  Ja, 4 eller fler gånger  
4  Nej

**34. Har Du någon gång under de senaste 12 månaderna sökt läkare för egna sjukdomar eller besvär?** Exempelvis vårdcentral, (när)akuten.

- 1  Ja, en gång  
2  Ja, 2-3 gånger  
3  Ja, 4 eller fler gånger  
4  Nej

**35. Har Du någon gång under de senaste 12 månaderna talat med, besökt eller besökts av sjuksköterska, distriktssköterka, eller dylikt?**

Besöket ska ha avsett egna besvär.

- 1  Ja, en gång
  - 2  Ja, 2-3 gånger
  - 3  Ja, 4 eller fler gånger
  - 4  Nej
- 

**36. Har Du besökt tandläkare under de senaste 12 månaderna?**

Besöket ska ha avsett egna besvär.

- 1  Ja
  - 2  Nej
- 

**37. Har Du under de senaste 12 månaderna avstått från att besöka tandläkare trots att Du haft behov av detta?**

- 1  Ja
- 2  Nej → gå till fråga 38

Om ja.

**37.1 Varför avstod Du från att söka tandläkare?**

- 1  Svårigheter att betala patientavgiften
- 2  Svårigheter att ta sig till tandläkaren
- 3  Kan inte sitta/sätta sig i behandlingsstolen
- 4  Tandläkarskräck/brist på förtroende för tandläkare
- 5  För trött, orkar inte
- 6  Annan orsak, nämligen .....

**38. Vilken av följande beskrivningar stämmer bäst på Dina tänder?**

- 1  Inga tänder eller bara tandrester
- 2  Helprotes (lösгом) eller delprotes
- 3  Egna tänder i dåligt skick: många saknas etc.
- 4  Egna tänder: många lagningar eller fasta bryggor eller implantat
- 5  Egna tänder i gott skick: inga eller få lagningar

**39. Kan Du tugga hårda saker som hårt bröd eller äpplen?**

- 1  Ja, utan svårighet
  - 2  Ja, men måste vara försiktig
  - 3  Nej, inte alls
- 

## HÄLSOBETEENDEN

---

**40. Röker Du?**

- 1  Ja, men mindre än 10 cigaretter per dag
  - 2  Ja, 10 cigaretter eller fler per dag
  - 3  Har slutat
  - 4  Nej, har aldrig rökt
- 

**41. Hur ofta brukar Du dricka vin, starköl eller sprit?**

- 1  Nästan varje dag (minst 5 dagar/vecka)
- 2  Några gånger per vecka (3-4 gånger/vecka)
- 3  Någon gång per vecka (1-2 gånger/vecka)
- 4  2-3 gånger per månad
- 5  En gång per månad
- 6  Mer sällan än en gång per månad
- 7  Aldrig → gå till fråga 43

### **41.1 Hur många glas dricker Du en typisk dag då Du dricker alkohol?**

Med ett glas menas en starköl, ett glas vin, 4 cl sprit eller motsvarande.

..... Antal glas

### **42. Hur ofta dricker Du 5 glas eller fler vid samma tillfälle?**

- 1  Nästan varje dag (minst 5 dagar/vecka)
  - 2  Några gånger per vecka (3-4 gånger/vecka)
  - 3  Någon gång per vecka (1-2 gånger/vecka)
  - 4  2-3 gånger per månad
  - 5  En gång per månad
  - 6  Mer sällan än en gång per månad
  - 7  Aldrig
- 

## **ATT KLARA SIN VARDAG**

---

Nedan följer ett antal frågor om vardagliga hushållssysslor och personlig omvårdnad.

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

### **43. Brukar Du köpa mat själv?**

- 1  Ja, helt själv → gå till fråga 44
- 2  Ja, med hjälp
- 3  Nej, inte alls

### **43.1 Skulle Du kunna klara matinköp själv?**

- 1  Ja
- 2  Nej

---

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

#### **44. Brukar Du laga mat själv?**

- 1  Ja, helt själv → gå till fråga 45
- 2  Ja, med hjälp
- 3  Nej, inte alls

##### **44.1 Skulle Du kunna klara av matlagningen själv?**

- 1  Ja
  - 2  Nej
- 

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

#### **45. Brukar Du sköta städningen själv?**

- 1  Ja, helt själv → gå till fråga 46
- 2  Ja, med hjälp
- 3  Nej, inte alls

Om nej eller svar ja, med hjälp.

##### **45.1 Vem brukar hjälpa Dig med städningen?**

Flera svar kan anges.

- 1  Maka/make/sammanboende
- 2  Dotter
- 3  Son
- 4  Annan kvinnlig släkting
- 5  Annan manlig släkting
- 6  Annan person
- 7  Hemtjänsten
- 8  Privat köpt hjälp (Även "plustjänster" från hemtjänst)
- 9  Frivillig organisation (Röda korset, Kyrkan etc.)

##### **45.2 Skulle Du kunna sköta städningen själv?**

- 1  Ja
- 2  Nej

”Helt själv” i följande frågor innebär att Du kan utföra nedanstående utan hjälp och tillsyn av annan person. Hjälpmedel får användas.

|  | Ja, helt själv             | Ja, med hjälp              | Nej                        |
|--|----------------------------|----------------------------|----------------------------|
| <b>46. Kan Du äta själv?</b>                     | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| <b>47. Kan Du gå på toaletten själv?</b>         | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| <b>48. Kan du bada/duscha själv?</b>             | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| <b>49. Kan Du tvätta håret/huvudet själv?</b>    | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| <b>50. Kan Du klä av och på Dig själv?</b>       | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| <b>51. Kan Du stiga upp och lägga Dig själv?</b> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |

---

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

**52. Har Du eller någon annan i Ditt hushåll under de senaste 12 månaderna fått någon hjälp med hushållssysslor eller personlig omvårdnad från hemtjänsten?**

Färdtjänst eller larm ska inte räknas in. Flera svar kan anges.

- 1  Ja, jag själv
- 2  Ja, maka/make/sammanboende
- 3  Ja, någon annan i hushållet
- 4  Nej → gå till fråga 54

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

**53. Hur ofta får Du/Ni hjälp från hemtjänsten?**

- 1  Dagligen
- 2  Flera gånger i veckan
- 3  En gång i veckan
- 4  Någon eller några gånger i månaden
- 5  Mer sällan

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

**54. Har Du under de senaste 12 månaderna köpt någon hjälp med hushållssysslor, såsom städning, tvätt och/eller hemkörning av varor?**

Med köpt hjälp avses hjälp som man betalar för ur egen ficka och som inte avser t.ex. hemtjänstinsatser som administreras genom kommunen.

- 1  Ja, dagligen eller flera gånger i veckan
  - 2  Ja, en gång i veckan
  - 3  Ja, någon eller några gånger i månaden
  - 4  Ja, mer sällan
  - 5  Nej, aldrig
- 

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

**55. Brukar Du få hjälp med hushållssysslor från anhöriga eller vänner?**

- 1  Ja, dagligen eller flera gånger i veckan
- 2  Ja, en gång i veckan
- 3  Ja, någon eller några gånger i månaden
- 4  Ja, mer sällan
- 5  Nej, aldrig → gå till fråga 56

Om ja.

**55.1 Vem eller vilka är det som brukar hjälpa Dig?**

Flera svar kan anges

- 1  Maka/make/samboende
- 2  Dotter
- 3  Son
- 4  Annan kvinnlig släkting
- 5  Annan manlig släkting
- 6  Annan person



**56. Brukar Du få hjälp med personlig omvårdnad från anhöriga eller vänner?**

- 1  Ja, dagligen eller flera gånger i veckan
- 2  Ja, en gång i veckan
- 3  Ja, någon eller några gånger i månaden
- 4  Ja, mer sällan
- 5  Nej, aldrig → gå till fråga 57

Om ja.

**56.1 Vem eller vilka är det som brukar hjälpa Dig?**

Flera svar kan anges

- 1  Maka/make/samboende
  - 2  Dotter
  - 3  Son
  - 4  Annan kvinnlig släkting
  - 5  Annan manlig släkting
  - 6  Annan person
- 

**57. Hjälper Du regelbundet Din maka/make/sammanboende med personlig omvårdnad såsom bad, påklädning, sänggående eller tillsyn?**

- 1  Ja
  - 2  Nej
  - 3  Ej gift/sammanboende
- 

**58. Hjälper Du regelbundet någon äldre anhörig (som inte bor med Dig) med personlig omvårdnad, hushållssysslor eller tillsyn?**

- 1  Ja, dagligen eller flera gånger i veckan
- 2  Ja, en gång i veckan
- 3  Ja, någon eller några gånger i månaden
- 4  Ja, mer sällan
- 5  Nej, aldrig

## EKONOMISKA RESURSER

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Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

### **59. Äger Du huset, eller innehar Du lägenheten med bostadsrätt eller hyr Du bostaden?**

- 1  Äger huset (en- eller tvåfamiljshus)
  - 2  Bostadsrätt, andelslägenhet eller dylikt
  - 3  Hyr bostaden
- 

### **60. Om Du plötsligt hamnade i en situation där Du på en vecka måste skaffa fram 15 000 kr, skulle Du kunna klara det?**

- 1  Ja
- 2  Nej → gå till fråga 61

Om ja.

#### **60.1 På vilket sätt?**

Med ”Uttag från eget bankkonto eller liknande” menas även t.ex. försäljning av aktier, fondandelar eller motsvarande.

- 1  Uttag från eget bankkonto eller liknande
  - 2  Lån från annan familjemedlem
  - 3  Lån från andra släktingar eller vänner
  - 4  Lån i bank eller liknande
  - 5  Annat sätt .....
- 

### **61. Har det under de senaste 12 månaderna hänt att Du haft svårigheter att klara de löpande utgifterna för mat, hyra, räkningar m.m.?**

- 1  Ja
- 2  Nej → gå till fråga 62

Om ja.

### 61.1 Hur har Du klarat dessa svårigheter? Genom att...

| Ja                         | Nej                        |   |
|----------------------------|----------------------------|---|
| 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | Låna från släkt eller vänner              |
| 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | Begära socialhjälp/socialbidrag           |
| 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | Dra in på maten                           |
| 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | Låta bli att betala hyran i tid           |
| 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | Låta bli att betala andra räkningar i tid |
| 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | Något annat sätt? .....                   |

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## LOKALSAMHÄLLET OCH SOCIALT STÖD

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**62. Nedan följer några påståenden som rör Ditt närområde, det vill säga inom 20 minuters gångavstånd från din bostad. Svartalternativen är att det stämmer helt, ganska bra, ganska dåligt eller inte alls.**

|   | Stämmer helt               | Stämmer ganska bra         | Stämmer ganska dåligt      | Stämmer inte alls          |
|---|----------------------------|----------------------------|----------------------------|----------------------------|
| a) De flesta personer i området går att lita på                       | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> | 4 <input type="checkbox"/> |
| b) Många personer i området känner sig rädda för att gå ut på kvällen | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> | 4 <input type="checkbox"/> |
| c) Jag känner mig hemma i detta område                                | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> | 4 <input type="checkbox"/> |
| d) Vandalism och klotter är ett stort problem i området               | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> | 4 <input type="checkbox"/> |

**63. Ibland behöver man hjälp och stöd av någon. Har Du någon anhörig eller nära vän som ställer upp.....**

Med anhörig menas också den närmaste familjen som exempelvis maka/make.

|  | Ja                         | Nej                        |
|--|----------------------------|----------------------------|
| a) om Du blir sjuk?  | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| b) om Du vill ha sällskap?   | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| c) om Du behöver prata med någon om personliga bekymmer?               | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| d) om Du behöver ett lån på 15 000 kr?                                 | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| e) om Du behöver välja, byta eller framföra klagomål på äldreomsorgen? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |

---

## AKTIVITETER, FRITID OCH POLITISKT DELTAGANDE

---

**64. Brukar Du göra något av följande? Om ja, ange någon gång eller ofta.**

|   | Nej                        | Ja,<br>någon<br>gång       | Ja,<br>ofta                |
|---|----------------------------|----------------------------|----------------------------|
| a) Gå på bio, teater, konserter, museer, utställningar                      | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| b) Gå på restaurang   | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| c) Åka på resor   | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| d) Hjälpa andra familjemedlemmar med att passa barn eller andra småtjänster | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| e) Besöka släktingar  | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| f) Ha släktingar på besök   | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| g) Umgås med släktingar utanför hemmet                                      | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| h) Besöka vänner och bekanta  | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| i) Ha vänner och bekanta på besök   | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| j) Umgås med vänner och bekanta utanför hemmet                              | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |

**65. Utövar Du någon motions-, friluftsf- eller idrottsaktivitet, t ex långpromenader? Om ja, hur ofta?**

- 1  Ja, flera gånger/vecka
  - 2  Ja, ca en gång/vecka
  - 3  Ja, 1-3 gånger/månad
  - 4  Ja, men mer sällan
  - 5  Nej
- 

**66. Använder Du internet?**

- 1  Ja
- 2  Nej → gå till fråga 67

Om ja.

**66.1 Till vad?**

Flera svar kan anges

- 1  Söka information
  - 2  Beställa varor eller tjänster
  - 3  Banktjänster eller dylikt
  - 4  Hålla kontakt med anhöriga och vänner via t ex mejl, skype, facebook
  - 5  Nöjen som t ex spel, se på film
- 

**67. Röstade Du i valet 2014?**

Gäller riksdags-, landsting- och/eller kommunalvalen i Sverige hösten 2014.

- 1  Ja
  - 2  Nej
- 

**68. Skulle Du kunna åta Dig att själv författa en skrivelse och överklaga ett beslut av en myndighet?** Här gäller det om Du på egen hand skulle kunna författa en skrivelse och lämna in till en myndighet.

- 1  Ja → gå till fråga 71
- 2  Nej

**69. Känner Du någon person som Du vet att Du skulle kunna få hjälp av i ett sådant fall?**

- 1  Ja  
2  Nej
- 

**70. Vet Du vart man kan vända sig för att få hjälp i sådana situationer?**

- 1  Ja  
2  Nej
- 

## BEDÖMNINGAR

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Nedan följer några frågor som handlar om hur Du ser på Dig själv och Ditt liv.

- |  | Nej                        | Ja,<br>ibland              | Ja,<br>oftast              |
|--|----------------------------|----------------------------|----------------------------|
| <b>71. Brukar Du känna att Ditt dagliga liv är en källa till personlig tillfredsställelse?</b> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| <b>72. Brukar Du känna att Du själv kan styra Ditt liv?</b>                                    | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
- 

**73. Händer det att Du besväras av ensamhet?**

- 1  Nästan alltid  
2  Ofta  
3  Sällan  
4  Nästan aldrig

**74. På det hela taget, hur nöjd är Du med Ditt liv (idag) på en skala från noll till tio?**

Noll betyder att Du känner Dig mycket missnöjd. Tio betyder att Du känner Dig mycket nöjd. Fem är i mitten av skalan och betyder att Du varken känner Dig nöjd eller missnöjd.

- 0  0 Mycket missnöjd
  - 1  1
  - 2  2
  - 3  3
  - 4  4
  - 5  5 Varken nöjd eller missnöjd
  - 6  6
  - 7  7
  - 8  8
  - 9  9
  - 10  10 Mycket nöjd
- 

## AVSLUTANDE FRÅGOR

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**Vem har besvarat frågorna i enkäten?**

- 1  Jag själv → Tack för Din medverkan
- 2  Maka/make/sammanboende
- 3  Dotter
- 3  Son
- 4  Annan person, relation? .....

Om annan person har hjälpt till att svara på frågeformuläret

**I vilken omfattning hjälpte Du till med att besvara frågorna?**

- 1  Svarade helt på egen hand
- 2  Vid flertalet frågor
- 3  Vid några frågor
- 4  Som stöd i form av uppläsning, förtydligande av frågorna, höll i pennan

**Har Du något ytterligare som Du vill framföra eller fråga om, är Du välkommen att skriva det här. Du kan också kontakta oss per telefon, brev eller e-post. Samtliga kontaktuppgifter hittar Du i det bifogade brevet.**

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**TACK FÖR DIN MEDVERKAN!**

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