

## **Interview guide**

Experiences of stress-related exhaustion

### **Overall question:**

-How do you experience being affected by stress-related exhaustion?

-Of falling ill?

-Describe the experience of the consequences of the illness for daily life.

Concerning work,

In contact with health care,

Family, significant others,

And concerning yourself

“what do you think is of importance for people and health care professionals to know about this condition and is there any question you think we have missed adding in this interview.”

### **Questions supporting narration**

What do you mean by that?

How did that make you feel?

What do you think about that?

How did that effect you?