

The Pep-study 2021

SND-ID: 2024-89. **Version:** 1. **DOI:** <https://doi.org/10.48723/btv0-6093>

Associated documentation

Kodbok_pep-rapporten_2021.pdf (1.03 MB)

Citation

Löf, M. (2024) The Pep-study 2021 (Version 1) [Data set]. Karolinska Institutet. Available at: <https://doi.org/10.48723/btv0-6093>

Creator/Principal investigator(s)

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Research principal

[Karolinska Institutet](#) - Department of Biosciences and Nutrition

Description

The Pep-study is a nation wide survey with the purpose of investigating children and young adults health in regard to food and physical activity. The Pep-study was conducted for the first time in 2018 where 29 000 children and young adults between the ages 4-17 were invited to participate in the study. The study is financially supported by Generation Pep and Hjärt-Lungfonden..

Sample size: 29000

Cause of non response -Respondent unable to participate: 171

The dataset contains three files:

pep21.csv (ca 4.5 MB)

pep21.dta (ca 21 MB)

pep21.sav (ca 5 MB)

The survey results and documentation are in Swedish.

Data contains personal data

Yes

Sensitive personal data

Yes

Type of personal data

Free text answers that may contain indirect identifiers. Parts of the dataset contains information about health.

Language

[Swedish](#)

Unit of analysis

[Individual/Patient](#)

Population

Children and young adults between 4-17 years old with a permanent adress in Sweden

Time Method

[Cross-section](#)

Study design

Cross-sectional study

Sampling procedure

[Probability: Simple random](#)

The survey was sent to a probability sample of children in Sweden who were invited to answer the survey via the web.

The sample frame included all Swedish and foreign citizens who are between 4-17 years old. The total sample in the 2021 survey included 29,000 children

Time period(s) investigated

2021-09-15 – 2022-01-18

Variables

251

Number of individuals/objects

7045

Response rate/participation rate

29%

Data format / data structure

[Numeric](#)

Data collection 1

- Mode of collection: Self-administered questionnaire
- Time period(s) for data collection: 2021-09-15 – 2022-01-18
- Data collector: The SOM institute
- Instrument: Revised Child Anxiety and Depression Scale (RCADS-25-P & RCADS-25-C)
- Sample size: 29000
- Number of responses: 7045
- Non response size: 171
- Cause of non response - No contact/refusal: 171
- Source of the data: Research data

Geographic spread

Geographic location: [Sweden](#)

Responsible department/unit

Department of Biosciences and Nutrition

Contributor(s)

Anders Carlander - University of Gothenburg, The SOM institute

Sophie Cassel - University of Gothenburg, The SOM institute

University of Gothenburg, The SOM institute

Generation Pep

Funding

- Funding agency: Generation Pep

Ethics Review

Swedish Ethical Review Authority - Ref. 2021-03931

Stockholm - Ref. 2018/375-31/5

Research area

[Health sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Public health, global health, social medicine and epidemiology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Sport and fitness sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Other health sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Psychology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Applied psychology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Social sciences interdisciplinary](#) (Standard för svensk indelning av forskningsämnen 2011)

Keywords

[Health](#), [Physical activities](#), [Mental health](#), [Surveys and questionnaires](#), [Depression](#), [Anxiety](#), [Youth sports](#), [Child health](#), [Diet and exercise](#), [Lifestyle and health](#), [Dietary habits](#), [Exercise \(physical activity\)](#), [Rcads](#)

Publications

Cassel, Sophie & Anders Carlander (2021). Pep-rapporten 2021. SOM-rapport nr 2022:07. Göteborg: SOM-institutet vid Göteborgs universitet.

Generation Pep (2022). Pep-rapporten 2022.

Rosell, M., Carlander, A., Cassel, S., Henriksson, P., J-son Höök, M., & Löf, M. (n.d.). Generation Pep Study: A population-based survey on diet and physical activity in 12,000 Swedish children and adolescents. In Acta Paediatrica (Vol. 110, Issue 9, pp. 2597–2606). <https://doi.org/10.1111/apa.15850>

URN: [urn:nbn:se:liu:diva-175263](https://nbn-resolving.org/urn:nbn:se:liu:diva-175263)

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SwePub: [oai:gup.ub.gu.se/302943](https://oai.gup.ub.gu.se/302943)

Carlander, A., Cassel, S., J-Son Höök, M., Lundgren, O., & Löf, M. (2024). Validation and normative data on the Revised Child Anxiety and Depression Scale RCADS-25 in a Swedish national probability

sample of children and adolescents aged 4-17 years. International Journal of Methods in Psychiatric Research, e2007. <https://doi.org/10.1002/mpr.2007>

DOI: <https://doi.org/10.1002/mpr.2007>

If you have published anything based on these data, [please notify us](#) with a reference to your publication(s). If you are responsible for the catalogue entry, you can update the metadata/data description in DORIS.

Accessibility level

Access to data through SND

Access to data is restricted

Use of data

[Things to consider when using data shared through SND](#)

Versions

Version 1. 2024-03-28

Homepage

[Pep-rapporten](#)

[Pep-rapporten](#)

Contact for questions about the data

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Related research data in SND's catalogue

[The Pep-study 2018](#)

[The Pep-study 2019](#)

[The Pep-study 2020](#)

Download metadata

[DataCite](#)

[DDI 2.5](#)

[DDI 3.3](#)

[DCAT-AP-SE 2.0](#)

[JSON-LD](#)

[PDF](#)

[Citation \(CLS\)](#)

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