# Ageing in Women and Men: A Longitudinal Study of Gender Differences in Health Behaviour and Health among Elderly (GENDER) - Q1: Pilot study, servey, 1994

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# Associated documentation

Gender\_Q1\_sv.pdf (2.64 MB) GENDFORMipt2.DOC.pdf (248.65 KB) GENDFORMipt3.DOC.pdf (229.34 KB)

# Citation

Gold, C. H., Malmberg, B., McClearn, G. E., Pedersen, N. L., & Berg, S. (2002). Gender and health: A study of older unlike-sex twins. Journals of Gerontology: Series B: Psychological Sciences and Social Sciences, 57B, S168-S176.

# Creator/Principal investigator(s)

Deborah Finkel - Jönköping University, College of Health and Welfare

# **Research principal**

Jönköping University - College of Health and Welfare

#### Description

The Longitudinal Study of Gender Differences in Health Behaviour and Health among Elderly (GENDER) is a study of unlike-sex twin pairs born between 1906 and 1925 (Gold et al., 2002). A survey concerning health and health behaviors was mailed in 1994 with responses from 1210 twins from 605 pairs where both responded. Mean age at baseline assessment was 74.43 years (SD 4.28) and all were Caucasians.

The main interest of the study was gender differences in health and health behaviors in old age.
Questions about subjective health, use of healthcare, and behaviors and attitudes related to health, perceived ADL capacity, personality and social networks, formal and informal care etc. are available.
Measures of grip-strength, vital capacity, blood pressure, a number of exercises related to muscle

strength and balance, and cognitive functions are available.

Blood values and genotyping are also available.

Study Reference:

Gold, C. H., Malmberg, B., McClearn, G. E., Pedersen, N. L., & Berg, S. (2002). Gender and health: A study of older unlike-sex twins. Journals of Gerontology: Series B: Psychological Sciences and Social Sciences, 57B, S168-S176.

A postal survey was sent in 1995

Questions about subjective health, medicine consumption and behaviors and attitudes related to health, perceived ADL capacity, personality and social networks, formal and informal care etc. are

available.

Data contains personal data

Yes

Sensitive personal data Yes

**Type of personal data** Pseudonymised health data

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Code key exists

Yes

Language

English Swedish

# Unit of analysis

Individual/Patient

#### Population

Opposite-sex twins born between 1906 and 1925 and living in Sweden in 1994

Time Method Longitudinal: Panel

# Study design

Observational study Cohort study Cohort study: Prospective

# Description of study design

A baseline in-person evaluation of 498 twins from 249 pairs between 70 and 80 years of age was undertaken between 1995 and 1997. Two additional in-person waves followed at four-year intervals. Finally, a second survey was mailed in 2007 to all living twins who participated in the first mailed survey.

#### Sampling procedure

#### <u>Other</u>

Opposite-sex twin pairs born between 1906 and 1925 were identified in the Swedish Twin Registry and invited to participate in the study.

# Time period(s) investigated

1995 - 1995

# Biobank is connected to the study

The study has collected samples/material which are stored in a scientific collection or biobank Scientific collection or biobank name: GENDER Type(s) of sample: Blood tests

#### Variables

418

#### Number of individuals/objects

1210

# Data format / data structure

Numeric

<u>Text</u>

# Data collection 1

- Mode of collection: Self-administered questionnaire
- Description of the mode of collection: Questions about subjective health, medicine consumption and behaviors and attitudes related to health, perceived ADL capacity, personality and social networks, formal and informal care etc. are available.
- Time period(s) for data collection: 1995 1995
- Sample: A postal survey was sent in 1995 to unlike sex twin pairs aged 70-80 identified from the Swedish Twin Registry
- Number of responses: 1210
- Source of the data: Population group

# Geographic spread

Geographic location: <u>Sweden</u>

Geographic description: All counties in Sweden

# **Responsible department/unit**

College of Health and Welfare

# Funding 1

• Funding agency: FAS (currently FORTE)

# Funding 2

• Funding agency: Axel and Margaret Ax:son Johnson foundation

# Funding 3

• Funding agency: FNR through SFR

# Funding 4

• Funding agency: The MacArthur Foundation

# Funding 5

• Funding agency: King Gustav V's memorial fund

# **Ethics Review**

Swedish Ethical Review Authority - Ref. 2021-02095

#### **Research area**

Other (CESSDA Topic Classification) Elderly (CESSDA Topic Classification) Public health, global health, social medicine and epidemiology (Standard för svensk indelning av forskningsämnen 2011) Psychology (Standard för svensk indelning av forskningsämnen 2011) Gender studies (Standard för svensk indelning av forskningsämnen 2011) Demography (population, vital statistics, and censuses) (CESSDA Topic Classification) Health (CESSDA Topic Classification) General health and well-being (CESSDA Topic Classification) Health care services and policies (CESSDA Topic Classification) Gender and gender roles (CESSDA Topic Classification) Psychology (CESSDA Topic Classification)

#### Keywords

Ageing, Health, Sex, Well-being (health), Near- national e-infrastructure for aging research, Twins, Lifestyle, Functioning

#### **Publications**

Gold, C. H., Malmberg, B., McClearn, G. E., Pedersen, N. L., & Berg, S. (2002). Gender and health: A study of older unlike-sex twins. Journals of Gerontology: Series B: Psychological Sciences and Social Sciences, 57B, S168-S176. **DOI:** <u>https://doi.org/10.1093/geronb/57.3.s168</u>

If you have published anything based on these data, <u>please notify us</u> with a reference to your publication(s). If you are responsible for the catalogue entry, you can update the metadata/data description in DORIS.

#### Accessibility level

Access to data through an external actor Access to data is restricted

Homepage <u>The study homepage</u> <u>NEAR platform - GENDER</u> <u>Apply for NEAR data</u>

#### Contact for questions about the data

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#### Related research data in SND's catalogue

Ageing in Women and Men: A Longitudinal Study of Gender Differences in Health Behaviour and Health among Elderly (GENDER) - IPT1:Baseline evaluation, interview, cognitive and physical functioning, 1995-1997

Ageing in Women and Men: A Longitudinal Study of Gender Differences in Health Behaviour and Health among Elderly (GENDER) - IPT2: interview, cognitive and physical functioning, 1999-2001

Ageing in Women and Men: A Longitudinal Study of Gender Differences in Health Behaviour and Health among Elderly (GENDER) - IPT3: interview, cognitive and physical functioning, 2003-2005

Ageing in Women and Men: A Longitudinal Study of Gender Differences in Health Behaviour and Health among Elderly (GENDER) - Q2: survey 2007

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