

# The Pep-study 2019

**SND-ID:** 2021-311-1. **Version:** 1. **DOI:** <https://doi.org/10.48723/c925-ny13>

**Is part of collection at SND:** [The Pep-study](#)

## Associated documentation

Kodbok Pep-rapporten 2019.pdf (1.13 MB)

## Citation

Löf, M. (2024) The Pep-study 2019 (Version 1) [Data set]. Karolinska Institutet. Available at: <https://doi.org/10.48723/c925-ny13>

## Creator/Principal investigator(s)

[Marie Löf](#) - Karolinska institutet, Department of Biosciences and Nutrition

## Research principal

[Karolinska Institutet](#) - Department of Biosciences and Nutrition

## Description

The Pep-study is a nation wide survey with the purpose of investigating children and young adults health in regard to food and physical activity. The Pep-study was conducted in 2019 where 29 000 children and young adults between the ages 4-17 were invited to participate in the study. The study is financially supported by Generation Pep and the Swedish Heart Lung Foundation.

Sample size: 29000

Cause of non response -Respondent unable to participate: 169

The dataset contains three files:

pep19.csv (ca 4.6 MB)

pep19.dta (ca 0.5 MB)

pep19.sav (ca 9.2 MB)

The survey results and documentation are in Swedish.

## Data contains personal data

Yes

## Sensitive personal data

Yes

## Type of personal data

Free text answers that may contain indirect identifiers. Parts of the dataset contains information about health.

## Language

[Swedish](#)

**Unit of analysis**

[Individual/Patient](#)

**Population**

Children and young adults between 4-17 years old with a permanent adress in Sweden

**Study design**

Cross-sectional study

**Sampling procedure**

[Probability: Simple random](#)

The survey was sent to a probability sample of children in Sweden who were invited to answer the survey via the web.

The sample frame included all Swedish and foreign citizens who are between 4-17 years old. The total sample included 29,000 children.

**Time period(s) investigated**

2019-09-06 – 2019-11-19

**Variables**

196

**Number of individuals/objects**

9035

**Response rate/participation rate**

31.3%

**Data format / data structure**

[Numeric](#)

**Data collection 1**

- Mode of collection: Self-administered questionnaire
- Time period(s) for data collection: 2018-09-06 – 2018-11-06
- Data collector: The SOM-institutet
- Source of the data: Research data

**Geographic spread**

Geographic location: [Sweden](#)

**Responsible department/unit**

Department of Biosciences and Nutrition

**Contributor(s)**

Anders Carlander - University of Gothenburg, The SOM-institute

Sophie Cassel - University of Gothenburg, The SOM-institute  
Generation Pep  
University of Gothenburg, The SOM-institute

## Funding

- Funding agency: Generation Pep

## Ethics Review

Stockholm - Ref. 2018/375-31/5

## Research area

[Health sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Public health, global health, social medicine and epidemiology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Sport and fitness sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Other health sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Psychology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Social sciences interdisciplinary](#) (Standard för svensk indelning av forskningsämnen 2011)

## Keywords

[Physical activities](#), [Health](#), [Youth](#), [Motivation](#), [Questionnaire survey](#), [Child health](#), [Adolescent health](#), [Diet and exercise](#), [Lifestyle and health](#), [Dietary habits](#)

## Publications

Cassel, Sophie & Anders Carlander (2020). Pep-rapporten 2019. SOM-rapport nr 2020:02. Göteborg: SOM-institutet vid Göteborgs universitet.

Generation Pep (2020). Pep-rapporten 2020.

If you have published anything based on these data, [please notify us](#) with a reference to your publication(s). If you are responsible for the catalogue entry, you can update the metadata/data description in DORIS.

## Accessibility level

Access to data through SND

Access to data is restricted

## Use of data

[Things to consider when using data shared through SND](#)

## Versions

Version 1. 2024-03-27

## Homepage

[Pep-rapporten](#)

[Pep-rapporten](#)

## **Contact for questions about the data**

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## **Is part of collection at SND**

[The Pep-study](#)

## **Download metadata**

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[DDI 2.5](#)

[DDI 3.3](#)

[DCAT-AP-SE 2.0](#)

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