

The Pep-study 2018

SND-ID: 2021-310-1. **Version:** 1. **DOI:** <https://doi.org/10.48723/6dab-fw44>

Is part of collection at SND: [The Pep-study](#)

Associated documentation

Kodbok Pep-rapporten 2018.pdf (1.32 MB)

Citation

Löf, M. (2024) The Pep-study 2018 (Version 1) [Data set]. Karolinska Institutet. Available at: <https://doi.org/10.48723/6dab-fw44>

Creator/Principal investigator(s)

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Research principal

[Karolinska Institutet](#) - Department of Biosciences and Nutrition

Description

The Pep-study is a nation wide survey with the purpose of investigating children and young adults health in regard to food and physical activity. The Pep-study was conducted for the first time in 2018 where 29 000 children and young adults between the ages 4-17 were invited to participate in the study. The study is financially supported by Generation Pep and the Swedish Hjärt-Lungfonden.

Sample size: 29000

Cause of non response -Respondent unable to participate: 185

Cause of non response - No contact/refusal: 1615

The dataset contains three files:

pep18.csv (ca 6.6 MB)

pep18.dta (ca 5.3 MB)

pep18.sav (ca 29.5 MB)

The survey results and documentation are in Swedish.

Data contains personal data

Yes

Sensitive personal data

Yes

Type of personal data

Free text answers that may contain indirect identifiers. Parts of the dataset contains information about health.

Language

[Swedish](#)

Unit of analysis

[Individual/Patient](#)

Population

Children and young adults between 4-17 years old with a permanent adress in Sweden

Study design

Cross-sectional study

Sampling procedure

[Probability: Simple random](#)

The survey was sent to a probability sample of children in Sweden who were invited to answer the survey via the web.

The sample frame included all Swedish and foreign citizens who are between 4-17 years old. The total sample in the 2018 survey included 29,000 children

Time period(s) investigated

2018-09-06 – 2018-11-06

Variables

196

Number of individuals/objects

12657

Response rate/participation rate

43%

Data format / data structure

[Numeric](#)

[Text](#)

Data collection 1

- Mode of collection: Self-administered questionnaire
- Time period(s) for data collection: 2018-09-06 – 2018-11-06
- Data collector: The SOM-institutet
- Source of the data: Research data

Geographic spread

Geographic location: [Sweden](#)

Responsible department/unit

Department of Biosciences and Nutrition

Contributor(s)

Sophie Cassel - University of Gothenburg, The SOM-institute
Anders Carlander - University of Gothenburg, The SOM-institute
Generation Pep
University of Gothenburg, The SOM-institute

Funding

- Funding agency: Generation Pep

Ethics Review

Stockholm - Ref. 2018/375-31/5

Research area

[Health sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Public health, global health, social medicine and epidemiology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Sport and fitness sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Other health sciences](#) (Standard för svensk indelning av forskningsämnen 2011)

[Psychology](#) (Standard för svensk indelning av forskningsämnen 2011)

[Social sciences interdisciplinary](#) (Standard för svensk indelning av forskningsämnen 2011)

Keywords

[Physical activities](#), [Health](#), [Youth](#), [Motivation](#), [Questionnaire survey](#), [Child health](#), [Adolescent health](#), [Diet and exercise](#), [Lifestyle and health](#), [Dietary habits](#)

Publications

Cassel, Sophie & Anders Carlander (2019). Pep-rapporten 2018. SOM-rapport nr 2019:01. Göteborg: SOM-institutet vid Göteborgs universitet.

Generation Pep (2019). Pep-rapporten 2019.

Rosell, M., Carlander, A., Cassel, S., Henriksson, P., J-son Höök, M., Löf, M., Hook, M. J.-S., Henriksson, P., Carlander, A., Rosell, M., Hook, M., Lof, M., & Cassel, S. (2021). Generation Pep Study: A population-based survey on diet and physical activity in 12,000 Swedish children and adolescents. In Acta Paediatrica. <https://doi.org/10.1111/apa.15850>

URN: [urn:nbn:se:liu:diva-175263](https://nbn:se:liu:diva-175263)

DOI: <https://doi.org/10.1111/apa.15850>

SwePub: [oai:gup.ub.gu.se/302943](https://oai.gup.ub.gu.se/302943)

Accessibility level

Access to data through SND

Access to data is restricted

Use of data

[Things to consider when using data shared through SND](#)

Versions

Version 1. 2024-03-27

Homepage

[Pep-rapporten](#)

[Pep-rapporten](#)

Contact for questions about the data

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Is part of collection at SND

[The Pep-study](#)

Download metadata

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[DDI 2.5](#)

[DDI 3.3](#)

[DCAT-AP-SE 2.0](#)

[JSON-LD](#)

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